WET WEATHER PROGRAM 2026/2027

Warm up starts 5:45pm. Program starts at 6:00pm

6	7	8	9	10	11	12	13	14+
					Discus Cage 2/3 **5:15pm**	**Shot Put 1** **5:15pm**	**Shot Put 1** **5:15pm**	**Shot Put 2** **5:15pm**
300m Pack start	**70m** Straight track	**Long Jump** Pit 2	**Shot Put 2kg** Girls - Circle 3 Boys - Circle 4	**Long Jump** Pit 1	**100m** Hurdles track (after 14-17's)	**Discus 750g** Girls cage 2 Boys cage 3	**200m**	**100m** Hurdles track
Discus Cricket Nets	**500m** Pack start				**Long Jump** Pit 1		**100m** Straight track	**200m**
	Shot Put 1kg Girls - Circle 3 Boys - Circle 4	**700m** Pack start	**Long Jump** Pit 2	**Shot Put 2kg** Girls - Circle 1 Boys - Circle 2		**100m** Hurdles track	**Discus 750g** Girls cage 2 Boys cage 3	**Long Jump** Pit 1
Long Jump Pit 2		**70m** Straight track			**800m**	**Long Jump** Pit 1		
	Long Jump Pit 2	**Shot Put 1.5kg** Girls - Circle 3 Boys - Circle 4	**70m** Straight track	**400m**	**Shot Put 2kg** Girls - Circle 1 Boys - Circle 2		**Long Jump** Pit 1	**800m**
70m Straight track			**400m**	**100m** Hurdles track		**800m**		**Discus 1kg** (17B 1.5kg) Cages 2 & 3
Note for <u>all age groups (6 - 17+)</u> long jump - Two Jumps only. A 3rd jump allowed only if first two jumps were fouls.							**800m**	