MASTERS RECORDS

Masters Records can be set within 10-year Age Groups (30-39, 40-49, etc) for a range of events (typically those recognised at an Australian Masters Championship. Best Ever Masters Records (ie 30+) can be set across an expanded range of events (typically those for which Masters athletes can compete frequently).

MASTERS MALE BEST EVER (30+)

EVENT	RECORD	RECORD HOLDER	SEASON
60m	7.91s	Caerl Murray	2014-2015
100m	12.66s	Caerl Murray	2012-2013
200m	**25.28s**	**Japie Kruger**	**2025-2026**
400m	54.00s	Matt Joyce	2020-2021
800m	1.59.87	Matt Joyce	2021-2022
1500m	4.13.02	Matt Joyce	2021-2022
3000m	9.25.24	Matt Joyce	2021-2022
5000m	16.26.39	Caleb Wegener	2024-2025
110m hurdles (99cm)	**20.84s**	**David Beattie**	**2025-2026**
5 x 200m hurdles	30.90s	Ray Wareham	2001-2002
400m hurdles	1.10.22	Matt Joyce	2024-2025
2000m steeplechase	10.17.33	Chandra Rajapaksha Mudiyanselage	2022-2023
3000m steeplechase (91.4)	11.30.09	Matt Joyce	2024-2025
3000m walk	**22.24.39**	**Andrew Jordan**	**2025-2026**
High jump	**1.53m**	**David Beattie**	**2025-2026**
Long jump	**5.46m**	**Japie Kruger**	**2025-2026**
Triple jump	**10.32m**	**David Beattie**	**2025-2026**
5kg shot put	10.48m	Robert Clark	2024-2025
6kg shot put	10.25m	Robert Clark	2016-2017
7.26kg shot put	11.03m	Japie Kruger	2024-2025
1kg discus	37.50m	Robert Clark	2021-2022
1.5kg discus	34.03m	Robert Clark	2018-2019
2kg discus	29.95m	Japie Kruger	2024-2025
500g javelin	22.59m	Don McArthur	2012-2013
600g javelin	28.60m	Robert Clark	2021-2022
700g javelin	32.55m	Robert Clark	2014-2015
800g javelin	47.67m	Japie Kruger	2024-2025
5kg hammer throw	39.92m	Robert Clark	2022-2023
6kg hammer throw	39.63m	Robert Clark	2017-2018
7.26kg hammer throw	30.21m	Robert Clark	2024-2025
5.45kg (12Ibs) weight	21.11m	Robert Clark	2021-2022
7.26kg (16Ibs) weight	19.87m	Robert Clark	2017-2018
9.08kg (20lbs) weight	17.94m	Robert Clark	2021-2022
11.34kg (25Ibs) weight	15.67m	Robert Clark	2018-2019
15.88kg (35Ibs) weight	11.77m	Robert Clark	2021-2022
20kg (45lbs) weight	9.01m	Robert Clark	2019-2020
25.40kg (56Ibs) weight	7.12m	Raaf Tawbe	2024-2025
45.36kg (100lb) weight	3.35m	Dylan Connell	2023-2024
Heavy weight pentathlon	4085pts rescore	Robert Clark	2021-2022
Throws pentathlon	3046pts rescore	Robert Clark	2021-2022
Outdoor pentathlon	**2461pts**	**Japie Kruger**	**2025-2026**

MASTERS FEMALE BEST EVER (30+)

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.49s	Jen Bishop	2017-2018
100m	13.50s	Jen Bishop	2014-2015
200m	28.26s	Kirsty Curnow	2008-2009
400m	1.08.08	Kirsty Curnow	2008-2009
800m	**2.40.05**	**Jane Wegener**	**2025-2026**
1500m	**5.57.37**	**Shannon Whitely**	**2025-2026**
3000m	**11.35.74**	**Jane Wegener**	**2025-2026**
5000m	**19.33.90**	**Jane Wegener**	**2025-2026**
10000m	**41.00.08**	**Jane Wegener**	**2025-2026**
60m hurdles (indoor)	9.66s	Sally Stagles	2013-2014
80m hurdles	12.82s	Jen Bishop	2018-2019
80m hurdles (8.5m)	14.47s	Elizabeth Jones	2010-2011
200m hurdles	34.01s	Jen Bishop	2015-2016
300m hurdles	51.81s	Sally Stagles	2015-2016
400m hurdles	1.21.94	Elizabeth Jones	2010-2011
2000m steeplechase (76cm)	12.04.70	Margaret Walker	2009-2010
High jump	1.40m	Elizabeth Jones Jen Bishop	2010-2011 2018-2019
Long jump	4.65m	Jen Bishop	2016-2017
Triple jump	9.45m	Jen Bishop	2015-2016
3kg shot put	10.22m	Sally Stagles	2012-2013
4kg shot put	9.85m	Jen Bishop	2015-2016
1kg discus	31.36m	Jen Bishop	2017-2018
500g javelin	29.37m	Jen Bishop	2024-2025
600g javelin	31.55m	Glynis Marks	2009-2010
3kg hammer throw	39.40m	Jill Taylor	2013-2014
4kg hammer throw	28.87m	Jill Taylor	2020-2021
3kg weight throw	17.68m	Jill Taylor	2020-2021
4kg weight throw	15.79m	Jill Taylor	2019-2020
5.45kg (12Ibs) weight	15.14m	Jill Taylor	2020-2021
7.26kg (16Ibs) weight	13.41m	Jill Taylor	2015-2016
9.08kg (20lbs) weight	9.78m	Jill Taylor	2017-2018
11.34kg (25Ibs) weight	7.71m	Jill Taylor	2010-2011
15.88kg (35lbs) weight	**5.29m**	**Jenny Koot**	**2025-2026**
25.40kg (56lbs) weight	**3.36m**	**Jenny Koot**	**2025-2026**
45.36kg (100lb) weight	1.68m	Jill Taylor	2024-2025
Heavy weight pentathlon	**4012pts**	**Jill Taylor**	**2025-2026**
Outdoor pentathlon	3083pts	Sally Stagles	2017-2018
Throws pentathlon	3288pts rescore	Jill Taylor	2021-2022

MASTERS MALE 30-39

EVENT	RECORD	RECORD HOLDER	SEASON
60m	7.91s	Caerl Murray	2014-2015
100m	12.66s	Caerl Murray	2012-2013
200m	**25.28s**	**Japie Kruger**	**2025-2026**
400m	54.00s	Matt Joyce	2020-2021
800m	1.59.87	Matt Joyce	2021-2022
1500m	4.13.02	Matt Joyce	2021-2022
5000m	18.18.23	Matt Joyce	2023-2024
110m hurdles (91.4)			
400m hurdles	1.10.22	Matt Joyce	2024-2025
3000m steeplechase (91.4)	11.30.09	Matt Joyce	2024-2025
3000m walk			
High jump			
Long jump	**5.46m**	**Japie Kruger**	**2025-2026**
Triple jump			
7.26kg shot put	11.03m	Japie Kruger	2024-2025
2kg discus	29.95m	Japie Kruger	2024-2025
800g javelin	47.67m	Japie Kruger	2024-2025
7.26kg hammer throw	20.24m	Japie Kruger	2024-2025
15.88kg (35Ibs) weight			
Heavy weight pentathlon			
Throws pentathlon			
Outdoor pentathlon	**2461pts**	**Japie Kruger**	**2025-2026**

MASTERS FEMALE 30-39

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.65s	Kirsty Curnow	2008-2009
100m	13.87s	Kirsty Curnow	2008-2009
200m	28.26s	Kirsty Curnow	2008-2009
400m	1.08.08	Kirsty Curnow	2008-2009
800m			
1500m			
5000m			
100m hurdles (84)			
400m hurdles (76.2)			
2000m steeplechase (76.2)			
1500m walk			
High jump			
Long jump			
Triple jump			
4kg shot put			
1kg discus			
600g javelin			
4kg hammer throw			
9.08kg (20Ibs) weight			
Heavy weight pentathlon			
Throws pentathlon			
Outdoor pentathlon			

MASTERS MALE 40-49

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.03s	Caerl Murray	2015-2016
100m	**12.70s**	**David Beattie**	**2025-2026**
200m	25.45s	Evan Walsh	2011-2012
400m	**1.00.05**	**Johl Storey**	**2025-2026**
800m	**2.24.77**	**Johl Storey**	**2025-2026**
1500m	4.19.39	Caleb Wegener	2024-2025
5000m	16.26.39	Caleb Wegener	2024-2025
110m hurdles (99)	**20.84s**	**David Beattie**	**2025-2026**
400m hurdles	**1.11.81**	**David Beattie**	**2025-2026**
3000m steeplechase (91.4)			
3000m walk	**22.24.39**	**Andrew Jordan**	**2025-2026**
High jump	**1.53m**	**David Beattie**	**2025-2026**
Long jump	5.40m	Steven Dalton	2011-2012
Triple jump	**10.32m**	**David Beattie**	**2025-2026**
7.26kg shot put	10.18m	Dylan Connell	2023-2024
2kg discus	27.92m	Dylan Connell	2023-2024
800g javelin	**36.75m**	**David Beattie**	**2025-2026**
7.26kg hammer throw	**27.87m**	**Dylan Connell**	**2025-2026**
15.88kg (35Ibs) weight	9.76m	Dylan Connell	2023-2024
Heavy weight pentathlon	2705pts	Raaf Tawbe	2024-2025
Throws pentathlon	2150pts	Dylan Connell	2023-2024
Outdoor pentathlon	**2055pts**	**David Beattie**	**2025-2026**

MASTERS FEMALE 40-49

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.49s	Jen Bishop	2016-2017
100m	13.50s	Jen Bishop	2016-2017
200m	28.99s	Jen Bishop	2016-2017
400m	**1.38.07**	**Patricia Robinson**	**2025-2026**
800m	**2.40.05**	**Jane Wegener**	**2025-2026**
1500m	6.06.21	Elizabeth Jones	2012-2013
5000m	**19.33.90**	**Jane Wegener**	**2025-2026**
10,000m	**41.00.08**	**Jane Wegener**	**2025-2026**
100m hurdles (84)	12.82s	Jen Bishop	2016-2017
400m hurdles (76.2)			
2000m steeplechase (76.2)			
2000m race walk			
High jump	1.40m	Elizabeth Jones Jen Bishop	2011-2012 2018-2019
Long jump	4.65m	Jen Bishop	2016-2017
Triple jump	9.45m	Jen Bishop	2016-2017
4kg shot put	9.85m	Jen Bishop	2014-2015
1kg discus	31.36m	Jen Bishop	2016-2017
600g javelin	31.55m	Glynis Marks	2008-2009
4kg hammer throw	28.32m	Jen Bishop	2016-2017
9.08kg (20lbs) weight	**8.83m**	**Jenny Koot**	**2025-2026**
Heavy weight pentathlon	**2107pts**	**Jenny Koot**	**2025-2026**
Throws pentathlon	**2271pts**	**Jenny Koot**	**2025-2026**
Outdoor pentathlon			

MASTERS MALE 50-59

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.52s	Chandra Rajapaksha Mudiyanselage	2024-2025
100m	13.17s	Vikas Sharma	2023-2024
200m	27.07s	Vikas Sharma	2023-2024
400m	1.02.19	Vikas Sharma	2023-2024
800m	2.29.78	Vikas Sharma	2022-2023
1500m	5.39.59	Michael Armstrong	2022-2023
5000m	22.26.79	Michael Armstrong	2024-2025
100m hurdles (91.4)			
400m hurdles (84)	1.15.90	Chandra Rajapaksha Mudiyanselage	2024-2025
3000m steeplechase (91.4)			
3000m walk			
High jump	1.45m	Chandra Rajapaksha Mudiyanselage	2022-2023
Long jump	4.64m	Chandra Rajapaksha Mudiyanselage	2021-2022
Triple jump	**10.01m**	**Chandra Rajapaksha Mudiyanselage**	**2025-2026**
6kg shot put	10.25m	Robert Clark	2016-2017
1.5kg discus	34.03m	Robert Clark	2019-2020
700g javelin	32.35m	Robert Clark	2014-2015
6kg hammer throw	39.63m	Robert Clark	2017-2018
11.34kg (25Ibs) weight	15.67m	Robert Clark	2018-2019
Heavy weight pentathlon	3733pts	Robert Clark	2016-2017
Throws pentathlon	2865pts	Robert Clark	2020-2021
Outdoor pentathlon	2385pts	Chandra Rajapaksha Mudiyanselage	2024-2025

MASTERS FEMALE 50-59

EVENT	RECORD	RECORD HOLDER	SEASON
60m	8.83s	Sally Stagles	2017-2018
100m	14.34s	Sally Stagles	2017-2018
200m	30.63s	Sally Stagles	2012-2013
400m	**1.29.03**	**Shannon Whiteley**	**2025-2026**
800m	**3.00.15**	**Shannon Whiteley**	**2025-2026**
1500m	**5.57.37**	**Shannon Whiteley**	**2025-2026**
5000m			
80m hurdles (76.2)	12.86s	Sally Stagles	2010-2011
300m hurdles (76.2)	51.81s	Sally Stagles	2014-2015
2000m steeplechase (76.2)			
2000m race walk			
High jump	1.36m	Sally Stagles	2013-2014
Long jump	4.21m	Jen Bishop	2024-2025
Triple jump	8.55m	Jen Bishop	2023-2024
3kg shot put	10.22m	Sally Stagles	2012-2013
1kg discus	28.37m	Jen Bishop	2024-2025
500g javelin	29.37m	Jen Bishop	2024-2025
3kg hammer throw	39.40m	Jill Taylor	2012-2013
7.26kg (16Ibs) weight	12.00m	Jill Taylor	2012-2013
Heavy weight pentathlon	3054pts	Jill Taylor	2012-2013
Throws pentathlon	2790pts	Jill Taylor	2012-2013
Outdoor pentathlon			

MASTERS MALE 60-69

EVENT	RECORD	RECORD HOLDER	SEASON
60m			
100m	20.02s	Robert Clark	2023-2024
200m	40.25s	Robert Clark	2024-2025
400m			
800m	3.42.89	Robert Clark	2024-2025
1500m	7.44.48	Robert Clark	2024-2025
5000m			
100m hurdles (91.4)			
400m hurdles (84)			
3000m steeplechase (91.4)			
2000m walk			
High jump			
Long jump	**3.08m**	**Robert Clark**	**2025-2026**
Triple jump			
5kg shot put	10.48m	Robert Clark	2024-2025
1kg discus	37.50m	Robert Clark	2020-2021
600g javelin	28.60m	Robert Clark	2021-2022
5kg hammer throw	39.92m	Robert Clark	2021-2022
9.08kg (20Ibs) weight	17.94m	Robert Clark	2021-2022
Heavy weight pentathlon	4085pts	Robert Clark	2021-2022
Throws pentathlon	3046pts	Robert Clark	2021-2022
Outdoor pentathlon	1281pts	Robert Clark	2024-2025

MASTERS FEMALE 60-69

EVENT	RECORD	RECORD HOLDER	SEASON
60m	10.47s	Jill Taylor	2019-2020
100m	17.20s	Jill Taylor	2019-2020
200m			
400m			
800m	5.42.89	Jill Taylor	2018-2019
1500m			
5000m			
80m hurdles (76.2)			
300m hurdles (76.2)			
2000m steeplechase (76.2)			
2000m walk			
High jump	1.05m	Jill Taylor	2019-2020
Long jump	3.24m	Jill Taylor	2015-2016
Triple jump	7.36m	Jill Taylor	2019-2020
3kg shot put	9.50m	Jill Taylor	2019-2020
1kg discus	27.10m	Jill Taylor	2019-2020
500g javelin	18.74m	Jill Taylor	2015-2016
3kg hammer throw	37.08m	Jill Taylor	2019-2020
7.26kg (16Ibs) weight	15.14m	Jill Taylor	2019-2020
Heavy weight pentathlon	3920pts	Jill Taylor	2019-2020
Throws pentathlon	3288pts	Jill Taylor	2020-2021
Outdoor pentathlon	1746pts	Jill Taylor	2019-2020

MASTERS FEMALE 70-79

EVENT	RECORD	RECORD HOLDER	SEASON
60m			
100m	**22.31s**	Jill Taylor	**2025-2026**
200m			
400m			
800m	**6.01.70**	Jill Taylor	**2025-2026**
1500m			
5000m			
80m hurdles (68.6)			
300m hurdles (68.62)			
2000m steeplechase (76.2)			
2000m walk			
High jump	**0.92m**	Jill Taylor	**2025-2026**
Long jump	**2.55m**	Jill Taylor	**2025-2026**
Triple jump			
3kg shot put	**8.08m**	Jill Taylor	**2025-2026**
1kg discus	**20.73m**	Jill Taylor	**2025-2026**
500g javelin	**14.79m**	Jill Taylor	**2025-2026**
3kg hammer throw	**28.86m**	Jill Taylor	**2025-2026**
5.45kg (12lbs) weight	**13.00m**	Jill Taylor	**2025-2026**
Heavy weight pentathlon	**4012pts**	Jill Taylor	**2025-2026**
Throws pentathlon	**3261pts**	Jill Taylor	**2025-2026**
Outdoor pentathlon	**1619pts**	Jill Taylor	**2025-2026**