

Cherrybrook Athletics Weekly

EDITION 23



Dear Cherrybrook Athletics Families,

Welcome to Edition 23 of the Cherrybrook Athletics newsletter.

Last week, the weather won and unfortunately our final scoring night was washed out. However, despite the challenging conditions, five of our athletes competed with determination and resilience at the NSW Combined Event Championships in Maitland.

Well done to the following athletes representing our Club - **Bonnie Malkoun** U9G (placing 26th) **Arin Dixit** U11B (placing 18th) and **Schalk Meyer** U12B (placing 11th).

A special congratulations to **Sam Price** 17B for winning Gold and **Imogen Connell** 13G for winning Silver.

From this week through to our final night of the season on Friday 20 March, all remaining competition nights will be Non-Scoring Nights. This means that results achieved on these evenings will not contribute towards end-of-season major award point tallies. However, our athletes can still work towards earning their coloured patches, break club records and attain 100% attendance awards.

We encourage all athletes to keep attending, competing strongly and finishing the season with energy and enthusiasm as we celebrate the final weeks of Cherrybrook Athletics for this season.

This Friday 6 March we will be running [Program 1](#) and featuring the following early events at 5.15pm:

- High Jump U11 and U12
- Triple Jump U13
- Javelin U14+

Please note if you wish to compete in an early event, please arrive to start promptly at 5.15pm.

Parents/carers with athlete surnames A-G are on Program 1 [duties](#) this week.



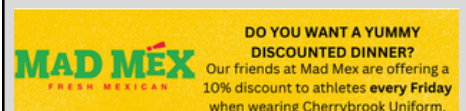
2025-26 Cherrybrook Committee contact details [here](#)

2025-26 Season Calendar including Championship events [here](#)

Link to previous newsletters [here](#)
Uniform shop information [here](#)

Links to Programs -
[Program 1](#)
[Program 2](#)
[Program 3](#)

Friday night parent duty roster [here](#)



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EST 2010

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• Not transferable
• Bookings with Betty, Jason or Jordan
• Must present voucher at time of appointment

Club Coloured Patch Program, Fun Night and End of season presentation

Club Coloured Patch Program

Coloured patch awards are all about encouraging athletes to be true all-rounders. Open to athletes in the 7-15s age groups, coloured patches reward participation, improvement and effort across multiple track and field events, not just one “pet” event.

Achievements can be earned at Friday night club competition as well as LANSW / ANSW sanctioned events, provided results are verifiable online. Athletes are rewarded with five levels of coloured patches, making this a fantastic tool for goal setting and motivation.

It's important to know that:

- each result can only be used once
- standards are gender and age-specific
- results can be recorded out of order however, patches must still be awarded in sequence. This means that even if a red-level standard is achieved, the yellow and green patches must be completed and earned first.

Submitting your coloured patch forms:

- Please give your completed forms to your age manager by Friday 20 March
- If you want to use State Championship results, the completed form must be emailed to cate.e.grace@gmail.com by 6pm Monday 23 March at the latest.
- Any forms received after this time means that patches will not be available for collection until next season.

Download the coloured patch recording sheets and standards [here](#).

Club Fun Night

Our final night for this season is **Friday 27 March**. Our annual Club Fun Night is a highlight of the calendar and a great chance for athletes, families and volunteers to come together and celebrate the year's successes in a relaxed and fun atmosphere.

Thank you once again for being such an important part of the Cherrybrook Athletics community. We look forward to finishing the year on a high together.

Save the date - End of season Club presentations

Mark your calendars for our annual Club presentation events at the Greenway Oval Clubhouse:

Junior Presentation

- **Sunday 29 March from 3 - 6pm**
- Age Groups: 6s to 15s+
- Participation: Friday Night competition, State Relays, as well as Zone, Regionals or State Championships

Senior Presentation

- **Sunday 14 June from 5 - 8pm**
- Age Groups: 10s to Masters
- Participation: Treloar Shield, Senior State Relays, State Permit Meets or National Championships

Keep an eye on your inbox for your invitation! Some athletes may be recognised at both presentations, depending on which competitions they participated in. If you're unsure, please ask, we're happy to clarify.

Thank you to our 2025-2026 sponsors:

