

# Cherrybrook Athletics Weekly

## EDITION 25



Dear Cherrybrook Athletics Families,

Welcome to Edition 25 of the Cherrybrook Athletics newsletter.

BIG Congratulations to all the **Cherrybrook athletes** who competed at the NSW Junior Championships last week. A special congratulations to the athletes who have qualified for Nationals — what an amazing achievement! A complete list of our medallists can be found on [Page 3](#) of this newsletter.

All the very best to all Cherrybrook Athletes who are competing this weekend at NSW Open and Little Athletics Championships.

So what's happening this Friday night 20 March -

- **Tiny tots presentation** - Arrive by 4:45pm for a short tots session then to Greenway Oval Clubhouse. We will provide pizzas at the conclusion of the presentation. Tots families are invited to stay!
- **All athletes** - we will be running [Program 3](#) with the following early events at 5.15pm:
  - Triple Jump U11 and U12
  - Javelin U13
  - High Jump U14+
- Parents/carers with athlete surnames O - Z are on Program 3 [duties](#) this week.
- Athletes can still work towards earning their coloured patches, break club records and attain 100% attendance awards.

### Club Fun Night is next Friday 27 March

Our annual Club Fun Night is a highlight of the calendar and a great chance for athletes, families and volunteers to come together and celebrate the year's successes in a relaxed and fun atmosphere. Stay tuned for more details next week!

### Cherrybrook Athletics Club Presentation Day - You're invited!

This presentation day is for our junior athletes (6s to 15s+) who participate in Friday night competition, State Relays, as well as Zone, Regionals or State Championships.

#### Key details

- Date: **Sunday 29 March**
- Venue: **Greenway Oval Clubhouse**
- **Doors open at 3pm.** The official presentation kicks off at 3:30pm starting with our major award winners. Then we'll work through the age groups from 6 years and up.
- Every athlete gets a Club participation medal and (drumroll please)... a cool treat!

### Save the date - Seniors Presentation Day

- Sunday 14 June from 5 - 8pm
- Age Groups: 10s to Masters
- Venue: Greenway Oval Clubhouse
- Participation: Treloar Shield, Senior State Relays, State Permit Meets or National Championships

*Keep an eye on your inbox for your invitation! Some athletes may be recognised at both presentations, depending on which competitions they participated in. If you're unsure, please ask, we're happy to clarify.*



2025-26 Cherrybrook Committee contact details [here](#)

2025-26 Season Calendar including Championship events [here](#)

Link to previous newsletters [here](#)  
Uniform shop information [here](#)

Links to Programs -

[Program 1](#)

[Program 2](#)

[Program 3](#)

Friday night parent duty roster [here](#)

#### **Coloured Patches awards**

**YELLOW** - Lara Alam 8G, Lily Donadel 8G, Imogen Gilchrist 9G, Abigail Howitt 12G, Rose Pittaway-Burnell 8G, Alexander Reid 12B, Natalie Reid 10G, Anton Rogozhin 12B, Seachie Su 8G, Lucas Wang 9B, Abigail Wigham 14G, Emily Wigham 11G

**GREEN** - Lara Alam 8G, Lily Donadel 8G, Imogen Gilchrist 9G, Rose Pittaway-Burnell 8G, Anton Rogozhin 12B, Seachie Su 8G, Lucas Wang 9B, Abigail Wigham 14G, Emily Wigham 11G

**RED** - Lara Alam 8G, Lily Donadel 8G, Imogen Gilchrist 9G, Rose Pittaway-Burnell 8G, Anton Rogozhin 12B, Lucas Wang 9B, Abigail Wigham 14G, Emily Wigham 11G

**BLUE** - Imogen Gilchrist 9G, Anton Rogozhin 12B, Abigail Wigham 14G, Emily Wigham 11G

**GOLD** - Imogen Gilchrist 9G, Anton Rogozhin 12B, Noah Schubach 9B, Abigail Wigham 14G, Emily Wigham 11G

## Club Coloured Patch Program - FINAL DAYS TO SUBMIT!

Coloured patch awards are all about encouraging athletes to be true all-rounders. Open to athletes in the 7-15s age groups, coloured patches reward participation, improvement and effort across multiple track and field events, not just one “pet” event.

Achievements can be earned at Friday night club competition as well as LANSW / ANSW sanctioned events, provided results are verifiable online. Athletes are rewarded with five levels of coloured patches, making this a fantastic tool for goal setting and motivation.

It's important to know that:

- each result can only be used once
- standards are gender and age-specific
- results can be recorded out of order however, patches must still be awarded in sequence. This means that even if a red-level standard is achieved, the yellow and green patches must be completed and earned first.

Submitting your coloured patch forms:

- Please give your completed forms to your age manager by Friday 20 March
- If you want to use State Championship results, the completed form must be emailed to [cate.e.grace@gmail.com](mailto:cate.e.grace@gmail.com) by 6pm Monday 23 March at the latest.
- Any forms received after this time means that patches will not be available for collection until next season.

Download the coloured patch recording sheets and standards [here](#).

## Did you know that the Club offers athlete funding?

The Cherrybrook Athletics Club Athlete Funding program is for athletes aged 12–18 that supports and recognises athletes who represent Cherrybrook at higher levels of competition. We encourage all eligible athletes and their families to review the updated Athlete Funding details available on our website [here](#). Please feel free to share this information with anyone who may benefit, and if you have any questions, please contact Sandra Moore at [sandra.l.moore@bigpond.com](mailto:sandra.l.moore@bigpond.com) who will be happy to assist.

## Partner with us: Join our sponsor family for the 2026/27 season!

As our season draws to a close, we're already looking ahead to making next season even bigger and better. One way we do this is by strengthening connections with our local business community - especially within our own Cherrybrook Athletics family.

Many of our parents are business owners, managers, or connected to local companies. Sponsoring Cherrybrook Athletics Club is a great way to support grassroots sport while gaining visibility within our community of local families. Sponsorship opportunities help us invest in equipment, facilities and keeping registration fees affordable, while giving businesses exposure through club events, apparel and social media.

If you're interested in learning more about our 2026/27 sponsorship opportunities, please reach out to Stuart Gilchrist at [stuartgilchrist@outlook.com](mailto:stuartgilchrist@outlook.com) or 0480 759 248 for a quick chat.

**Thank you to our 2025-2026 sponsors:**



## What an incredible weekend at the **NSW Junior State Championships!**

A huge congratulations to everyone who achieved a PB or brought home a medal — your hard work and commitment are truly paying off. Moments like these are the reward for all the training sessions, and the determination you show every day.

To those who competed but may not have hit a PB or reached the podium this time — well done as well. Whether it was your first State Championships or you've been here many times before, stepping onto that stage takes courage, preparation, and heart. Every competition is part of the journey, and every athlete who showed up and gave their best should be incredibly proud.

To all the athletes: you are all champions. Your dedication, determination, and sportsmanship make our club something really special.

Well done everyone, and enjoy celebrating the effort and progress you've made. The future is bright!



### ☀️ MULTI-MEDALISTS

- Aliyah (16G): The Middle Distance Double! 🥇🥇 Gold in the 1500m AND 800m.
- Ash (14G): 🥇 Gold in 3000m Walk & 🥈 Silver in 1500m Walk.
- Finn (13B): 🥇 Gold in Pole Vault & 🥈 Silver in High Jump.
- Sam (17B): 🥈 Silver in Shot Put & 🥈 Silver in Discus.
- Immy (13G): 🥈 Silver in Hammer Throw & 🥈 Silver in Pole Vault.
- Seb (16B): 🥉 Bronze in 400m Hurdles & 🥉 Bronze in 110m Hurdles.
- Nisini (16G): 🥉 Bronze in High Jump & 🥉 Bronze in Discus.



### 🏆 PODIUM FINISHES

- Aryan (15B): 🥈 Silver – Javelin
- Olivia (20G): 🥈 Silver – High Jump
- Sarah-Anne (20G): 🥈 Silver – 100m Hurdles
- Xavier (20B): 🥉 Bronze – Pole Vault
- Andrew (15B): 🥉 Bronze – 100m Hurdles
- Oliver (14B): 🥉 Bronze – 3000m
- Blake (16B): 🥉 Bronze – Javelin
- Ed (17B): 🥉 Bronze – Discus
- Ruby (16G): 🥉 Bronze – 1500m Walk
- Ivy (15G): 🥉 Bronze – Triple Jump
- Madison (14G): 🥈 Silver – High Jump
- Hannah (17G): 🥉 Bronze – 800m

**Thank you to our 2025-2026 sponsors:**

