

Cherrybrook Athletics Weekly

EDITION 22



Dear Cherrybrook Athletics Families,

Welcome to Edition 22 of the Cherrybrook Athletics newsletter.

Please take a moment to carefully review [Page 2](#) of the newsletter, as it contains important end-of-season information, key dates, and essential details. Staying informed will help ensure a smooth and successful wrap-up to the season.

Cherrybrook Masters Shine at NSW Championships 🏆 – Our athletes delivered outstanding performances at the NSW Championships, with detailed results available on [Page 3](#) of this newsletter.

End of season Club presentations

Mark your calendars for our annual Club presentation events at the Greenway Oval Clubhouse:

Junior Presentation

- Date and time: Sunday 29 March from 3 - 6pm
- Age Groups: 6s to 15s+
- Participation: Friday Night competition, State Relays, as well as Zone, Regionals or State Championships

Senior Presentation

- Date and Time: Sunday 14 June from 5 - 8pm
- Age Groups: 10s to Masters
- Participation: Treloar Shield, Senior State Relays, State Permit Meets or National Championships

Some athletes may be recognised at both presentations, depending on which competitions they participated in. If you're unsure, please ask, we're happy to clarify.

Here's how this Friday night (last point scoring night) will run

This Friday, 27 February, we will be running [Program 1](#) and featuring the following early events, all at 5.15pm.

- High Jump U11 and U12
- Triple Jump U13
- Javelin U14+

Please note if you wish to compete in an early event, please arrive to start promptly at 5.15pm.

Parents/carers with athlete surnames A-G are on Program 1 [duties](#) this week.



2025-26 Cherrybrook Committee contact details [here](#)

2025-26 Season Calendar including Championship events [here](#)

Link to previous newsletters [here](#)
Uniform shop information [here](#)

Links to Programs -
[Program 1](#)
[Program 2](#)
[Program 3](#)

Friday night parent duty roster [here](#)

Colored patch awards

YELLOW - Isaac Looho 8B, Jose Daniel Maldonado 7B, Jose F Maldonado 12B, Karen Meng 12G, Will Pan 7B, Mateo Vega Rodriguez 7B, Harper Schubach 10G

GREEN - Isaac Looho 8B, Jose Daniel Maldonado 7B, Karen Meng 12G, Will Pan 7B, Mateo Vega Rodriguez 7B, Harper Schubach 10G

RED - Mateo Vega Rodriguez 7B

GOLD - Joshua Ciesla 9B

Important End of Season information

Point Scoring and Coloured Patches

THIS FRIDAY is our final point-scoring night for major awards. Competition nights will still continue until Friday 20 March - this means that athletes can still obtain results for coloured patches and break records! Don't forget that coloured patch eligibility includes performances achieved up to and including State Championships.

- Please give all completed coloured patch forms to your age manager by Friday 20 March
- If you want to use State Championship results, the completed form must be emailed to cate.e.grace@gmail.com by 6pm Monday 23 March at the latest.
- Any forms received after this time will not be available for collection until next season.

We encourage athletes to continue attending and finish the season on Friday 20 March. This is especially important if your athlete is a contender for a 100% Attendance Award.

Club Coloured Patch Program

Coloured patch awards are all about encouraging athletes to be true all-rounders. Open to 7-15s athletes, coloured patches reward participation, improvement and effort across multiple track and field events, not just one "pet" event.

Achievements can be earned at Friday night club competition as well as LANSW / ANSW sanctioned events, provided results are verifiable online. Athletes are rewarded with five levels of coloured patches, making this a fantastic tool for goal setting and motivation.

It's important to know that

- each result can only be used once
- standards are gender and age-specific for athletes aged 7-15.
- results can be recorded out of order however, patches must still be awarded in sequence. (This means that even if a red-level standard is achieved, the yellow and green patches must be completed and earned first.)

Download the Coloured Patch recording sheets and standards [here](#).

Club Fun Night

Our final night for this season is Friday 27 March. Our annual Club Fun Night is a highlight of the calendar and a great chance for athletes, families and volunteers to come together and celebrate the year's successes in a relaxed and fun atmosphere.

Thank you once again for being such an important part of the Cherrybrook Athletics community. We encourage all athletes to continue attending and enjoying the remaining weeks of the season, and we look forward to finishing the year on a high together.

Thank you to our 2025-2026 sponsors:



CHERRYBROOK MASTERS SHINE AT NSW CHAMPIONSHIPS 🏆

Cherrybrook Athletics was proudly represented at the NSW Masters Championships in Campbelltown, with our athletes delivering outstanding performances across track, jumps and throws. Competing against the state's best, our Masters squad showcased depth, versatility and true championship spirit.

🏆 Cherrybrook Team Medal Tally

🏆 18 | 🥈 13 | 🥉 5 = 36 Medals Total

★ Outstanding Performers

Jenny Bishop (55–59) 🏆 🏆 🏆 🏆 🏆 🏆 🏆 🏆 🏆 🥈 🥈 🥉

7 Gold - 80m Hurdles, Hammer Throw, High Jump, Javelin, Long Jump, Shot Put, Triple Jump

2 Silver - 60m, Discus

1 Bronze - 100m

Jill Taylor (70–74) 🏆 🏆 🏆 🏆 🏆

5 Gold - Discus, Hammer, Javelin, Shot Put, Weight Throw

David Beattie (45–49) 🏆 🏆 🥈 🥈 🥉

Gold - High Jump, Javelin

Silver - 110m Hurdles, Long Jump

Bronze - Triple Jump

Jacob Kruger (35–39) 🏆 🏆 🥈 🥈

Gold - Javelin, Long Jump

Silver - 1500m, Shot Put

Jenny Koot (45–49) 🏆 🥈 🥈

Gold - Weight Throw

Silver - Discus, Hammer

Jane Wegener (40–44) 🏆

Gold - 5000m

🥈 Podium Contributors

Raaf Tawbe (45–49) 🥈 🥈 🥉

Silver - Javelin, Weight Throw

Bronze - Hammer

Samir Malkoun (40–44) 🥈 🥉

Silver - Hammer

Bronze - Weight Throw

Chandra Rajapaksha Mudiyanse (55–59) 🥈

Silver - Triple Jump

Bob Kent (50–54) 🥈

Silver - Triple Jump

Dylan Connell (45–49) 🥉

Bronze - Weight Throw

🌟 Strong Championship Performances

Michael Armstrong (55–59)

4th in 800m

Evan Walsh (55–59)

7th in 400m and 800m

From dominant multi-event displays to determined finals performances, every Cherrybrook Masters athlete contributed to a fantastic championship result. The team's commitment, sportsmanship and passion for athletics continue to inspire athletes across all levels of the club.

Congratulations to our entire Masters squad on an exceptional championships!