

# Celebrating 30 years



## Cherrybrook Athletics

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### CHERRYBROOK SENIORS NEWSLETTER No.12

#### OUR AWESOME AUSTRALIAN ALL SCHOOLS ATHLETES ...

Good luck to our athletes competing at the Australian All Schools national track and field championships in Perth from December 8-10. Please note the following times are local Perth times (Sydney is three hours ahead) so please plan any live stream viewing accordingly:

- **Teddy Hampton** U16 pole vault – Friday December 8 at 4pm
- **Xavier Hennessey** U17 pole vault – Saturday December 9 at 10am
- **Idris Burkhardt** U17 2000m steeplechase – Saturday December 9 at 9.35am
- **Sam Price** U15 high jump – Saturday December 9 at 2pm; & discus Sunday December 10 at 12pm
- **Caitlin Brennan** U17 400m hurdles – Saturday December 9 at 11.20am
- **Sarah Koot** U17 100m hurdles – Sunday December 10 at 11am
- **Lani Khiroya** U16 triple jump – Sunday December 10 at 12pm
- **Nisini Rajapaksha Mudiyansele** U14 pole vault – Sunday December 10 at 11.30am
- **Viktorija Calusic** U18 high jump – Sunday December 10 at 1.30pm

Life stream and details at: [www.athletics.com.au/events/142166/](http://www.athletics.com.au/events/142166/)

#### YOU'RE AMAZING!

Thank you to all our athletes who competed in the last round of the Treloar Shield series, and special thanks to those Dual athletes who doubled up and represented the club at both LANSW Zone in the morning and Treloar in the afternoon including **Brendan Armstrong, Blake Billingsley, Justin Billingsley, Wade Billingsley, Idris Burkhardt, Laila Burkhardt, Ryan Redhead** and **Layla Tawbe**.

Another thank you to Cherrybrook official **Elizabeth Jones** for her expertise at Treloar 6.

#### OUR TERRIFIC TRIO IN TASSIE

Congratulations to **Andrew Kim, Finn Leivesley** and **Madison Tabrett** who competed in the School Sports Australia (PSSA) national championships in Launceston, Tasmania. Finn won GOLD in high jump; Andrew won GOLD in 4x100m relay and came 4<sup>th</sup> in the Multi Event; and Madi came 4<sup>th</sup> in high jump, helped the Northern Territory girls make up an 800m medley relay team which won BRONZE and was also awarded a prestigious Sportsmanship award. Well done to all our young Dual athletes!

#### RESULTS AND ACHIEVEMENTS

View all Cherrybrook results from Treloar #6 at: [athleticsnsw.anet.live/meets/29037](http://athleticsnsw.anet.live/meets/29037)

With just 20 athletes competing on Saturday, and most of our younger athletes unavailable due to Zone, we did struggle for points in some divisions but are delighted to announce we have made it to the Treloar Final in U12, U15, U18 and Open. Unfortunately, our Masters did not qualify this season.

## Treloar #6 point scores:

- U12 – 0 points, 10<sup>th</sup>
- U15 – 252 points, 3<sup>rd</sup>
- U18 – 197 points, 5<sup>th</sup>
- Open – 337 points, 6<sup>th</sup>
- Age 35-49 – 0 points, 19<sup>th</sup>
- Age 50+ – 97 points, 9<sup>th</sup>

## Overall places after 6 rounds of competition:

- U12 – 2<sup>nd</sup>
- U15 – 2<sup>nd</sup>
- U18 – 1<sup>st</sup>
- Open – 4<sup>th</sup>
- 35 -49 – 9<sup>th</sup>
- 50+ - 16<sup>th</sup>

Congratulations to all athletes who scored important points for the club, especially those athletes who scored more than 50 points individually: **Jill Taylor** 106.5, **Robbie Cullen** 98, **Anna Kely** 85.5, **Ryan Redhead** 83, **Blake Billingsley** 80, and **Justin Billingsley** 52.

## PERSONAL BESTS

This week we are aware of senior competition PBs by **Brendan Armstrong** 2000m steeplechase (6:39.66); **Robbie Cullen** 100m (11.48) and long jump (6.51m); **Anna Kely** hammer (25.98m); and **Ryan Redhead** hammer (19.30m).

## RECORDS

Congratulations to **Brendan Armstrong** for achieving an U16M 2000m steeplechase Club Best of 6:39.66 (previous 6:50.97). Athletes who believe they have broken a record should notify our Records & Rankings Officer Rob Clark on [robclark307@gmail.com](mailto:robclark307@gmail.com). Records broken during the season will be acknowledged as 'pending records' (Club Bests) until season end when the person holding the current club best result will be awarded the Club Record. All club records are on our website at: [www.cherrybrookathletics.org.au/index.php/seniors-results-records/](http://www.cherrybrookathletics.org.au/index.php/seniors-results-records/)



## CHALLENGE ACCEPTED

Thank you to **Zoe Connell** who scored more than 50 individual points at Treloar 5 while also accepting and achieving the Cherrybrook Challenge (and our apologies for missing this last week 😊). **Blake Billingsley**, **Justin Billingsley**, **Robbie Cullen**, **Anna Kely**, **Ryan Redhead** and **Jill Taylor** all took up the Cherrybrook Challenge this week by competing in any four events at a Treloar Shield.

## UPCOMING COMPETITION

### TRELOAR SHIELD FINAL

Saturday December 16, Sydney Olympic Park Athletics Centre

Details: [cdn.revolutionise.com.au/cups/nswathletics/files/sof2tigdslhlpk8e.pdf](http://cdn.revolutionise.com.au/cups/nswathletics/files/sof2tigdslhlpk8e.pdf)

Nominations closed on Tuesday, December 5 and team selections will be made and announced via email by early next week. Please contact Matt Joyce immediately if you wish to submit a late nomination.

## NATIONAL QUALIFICATIONS

Congratulation to our athletes who achieved national qualifiers this week: **Brendan Armstrong** U16 2000m steeplechase; **Idris Burkhardt** U18 2000m steeplechase; **Anna Kely** U23 shot put.

Athletes who aspire to represent NSW at the Australian Athletics Championships in South Australia from April 11-19, 2024 can qualify by either:

1. Placing first second or third at the NSW All Schools or NSW Championships (13yrs +) or medal at the Youth championships for 12 year olds.
2. Achieving an entry standard, which can be viewed at <https://cdn.revolutionise.com.au/cups/aa/files/pw2gmrhwotvptu3z.pdf>

## UNIFORM

All athletes who compete at ANSW events are required to wear the Cherrybrook uniform top (crop top or singlet) and plain black tights or shorts: [www.cherrybrookathletics.org.au/index.php/uniform/](http://www.cherrybrookathletics.org.au/index.php/uniform/)

**The Uniform Shop is open at Greenway Oval #2 by appointment, please contact Julie on 0421 002 991.**

The new style senior crop top is now available for \$35, either through Nicky or at the Uniform Shop from next year. If you have already ordered one, you can collect it from Nicky at the Treloar final.

## OFFICIALS

Sick of sitting on the sidelines while your athlete has all the fun? Why not become an official? Athletics NSW is always in need of new officials – the training is fun and rewarding, it's a fabulous contribution to our sport and officials now get paid by Athletics NSW ... and you could even end up officiating at the 2032 Olympic Games in Queensland. The dream starts now at: [www.nswathletics.org.au/officials/](http://www.nswathletics.org.au/officials/)

## VOLUNTEERS – WE NEED YOUR HELP!

Our senior competitions cannot take place without enough volunteers to help with the smooth running of events – anything from admin to assisting officials on the track and field. We encourage all families to please get involved as a volunteer once or twice a season. You can register via the Events Calendar.

## FRIDAY NIGHT CLUB COMP

All Senior athletes are welcome to compete at Cherrybrook Competition Nights on Fridays at Greenway Oval from 5.45pm – but please contact Nicky Jenneke first on 0448407716.

## UPCOMING CHAMPIONSHIPS

- December 16-17 – ACT Combined Events Championship, Woden Athletics Centre
- January 27-28 – NSW Combined Event Championship, SOPAC
- January 26-28 – ACT U20 + Open Championships, AIS Canberra
- February 16-18 – ACT Junior and Master Championships, AIS Canberra
- February 17-18 – U7-U12 Sydney North Clubs Regional Champs, SOPAC
- March 2-3 – NSW Masters Championships, SOPAC
- March 7-10 – NSW Junior Championships, SOPAC
- March 14-17 – NSW Open Championships, SOPAC
- April 11-19 – Australian National Championships, Adelaide

gsa planning



Bakers  
Delight  
Cherrybrook

