



Cherrybrook Masters 10 year Age Group Bests



Female 30-39				
60m		Kirsty Curnow	8.65	2009
100m		Kirsty Curnow	13.87	2009
200m		Kirsty Curnow	28.26	2009
400m		Kirsty Curnow	1:08.08	2009
800m				
1500m				
5000m				
100m Hurdles	0.840m, 10, 8.5m			
400m Hurdles	0.762m, 10, 35m			
2000m Steeplechase	0.762m			
Long Jump				
Triple Jump				
High Jump				
Shot Put	4kg			
Discus	1kg			
Javelin	600g			
Hammer	4kg			
Weight	9.080kg			
Outside Pentathlon				
Throws Pentathlon				
Heavy Weight Pent				

Male 30-39				
60m		Caerl Murray	7.91	2015
100m		Caerl Murray	12.66	2013
200m		Matt Joyce	26.32	2021
400m		Matt Joyce	54.00	2022
800m		Matt Joyce	1:59:87	2022
1500m		Matt Joyce	4:13:02	2022
5000m		Matt Joyce	9:25.24	2022
110m Hurdles	0.991m, 10, 9.14m			
400m Hurdles	0.914m, 10, 35m			
3000m Steeplechase	0.914m			
Long Jump				
Triple Jump				
High Jump				
Shot Put	7.26kg	Matt Joyce	4.23	2020
Discus	2kg			
Javelin	800g	Matt Joyce	25.67	2022
Hammer	7.26kg			
Weight	15.88kg			
Outside Pentathlon				
Throws Pentathlon				
Heavy Weight Pent				

Female 40-49				
60m		Jenny Bishop	8.49	2017
100m		Jenny Bishop	13.50	2014
200m		Jenny Bishop	28.99	2017
400m				
800m		Elizabeth Jones	2:55.62	2012
1500m		Elizabeth Jones	6:06.21	2013
5000m				
80m Hurdles	0.762m, 8, 8.0m	Jenny Bishop	12.82	2019
400m Hurdles	0.762m, 10, 35m			
2000m Steeplechase	0.762m			
Long Jump		Jenny Bishop	4.65	2017
Triple Jump		Jenny Bishop	9.45	2016
High Jump		Elizabeth Jones & Jenny Bishop	1.40	2011 2019
Shot Put	4kg	Jenny Bishop	9.85	2015
Discus	1kg	Jenny Bishop	31.36	2017
Javelin	600g	Glynis Marks	31.55	2009
Hammer	4kg	Jenny Bishop	28.32	2020
Weight	9.080kg	Jenny Bishop	8.04	2017
Outside Pentathlon				
Throws Pentathlon	(2023 table)	Jenny Koot	1657pts	2023
Heavy Weight Pent				

Male 40-49				
60m		Caerl Murray	8.03	2016
100m		Caerl Murray	12.72	2015
200m		Evan Walsh	25.45	2012
400m		Martin Bradshaw	1:02.69	2015
800m				
1500m				
5000m				
110m Hurdles	0.991m, 10, 9.14m			
400m Hurdles	0.914m, 10, 35m	Ivan Maclaime	1:14.64	2023
3000m Steeplechase	0.914m			
Long Jump		Steven Dalton	5.40	2012
Triple Jump		Martin Bradshaw	8.44	2015
High Jump				
Shot Put	7.26kg	Dylan Connell	10.12	2022
Discus	2kg	Steven Dalton	26.46	2012
Javelin	800g	Raaf Tawbe	31.26	2022
Hammer	7.26kg	Dylan Connell	21.77	2023
Weight	15.88kg	Dylan Connell	9.00	2022
Outside Pentathlon				
Throws Pentathlon				
Heavy Weight Pent		Dylan Connell	2318pts	2022

Female 50-59				
60m		Sally Stagles	8.83	2018
100m		Sally Stagles	14.34	2018
200m		Sally Stagles	30.63	2013
400m				
800m		Sally Stagles	3:22.62	2018
1500m				
5000m				
80m Hurdles	0.762m, 8, 7.0m	Sally Stagles	12.86	2011
300m Hurdles	0.762m, 7, 35m	Sally Stagles	51.81	2015
2000m Steeplechase	0.762m			
Long Jump		Sally Stagles	4.13	2017
Triple Jump		Jenny Bishop	8.14	2022
High Jump		Sally Stagles	1.36	2014
Shot Put	3kg	Sally Stagles	10.22	2013
Discus	1kg	Jill Taylor	28.00	2014
Javelin	500g	Jill Taylor & Jenny Bishop	20.17	2014 2022
Hammer	3kg	Jill Taylor	39.40	2013
Weight	7.260kg	Jill Taylor	12.00	2013
Outside Pentathlon				
Throws Pentathlon		Jill Taylor	3345pts	2013
Heavy Weight Pent		Jill Taylor	3708pts	2012

Male 50-59				
60m		Chandra Rajapaksha Mudiyansele	8.67	2021
100m		Vikas Sharma	13.25	2021
200m		Chandra Rajapaksha Mudiyansele	27.86	2021
400m		Vikas Sharma	1:02.19	2023
800m		Vikas Sharma	2:29.78	2022
1500m		Michael Armstrong	5:39.59	2022
5000m		Robert Clark	23:06.44	2015
100m Hurdles	0.914m, 10, 8.5m			
400m Hurdles	0.84m, 10, 35m	Chandra Rajapaksha Mudiyansele	1:17.01	2022
2000m Steeplechase	0.914m	Chandra Rajapaksha Mudiyansele	10:17.33	2022
Long Jump		Chandra Rajapaksha Mudiyansele	4.64	2021
Triple Jump		Chandra Rajapaksha Mudiyansele	9.96	2021
High Jump		Chandra Rajapaksha Mudiyansele	1.35	2022
Shot Put	6kg	Robert Clark	10.25	2017
Discus	1.5kg	Robert Clark	34.03	2020
Javelin	700g	Robert Clark	32.35	2015
Hammer	6kg	Robert Clark	39.63	2018
Weight	11.34kg	Robert Clark	15.67	2019
Outside Pentathlon		Robert Clark	2073pts	2020
Throws Pentathlon		Robert Clark	2993pts	2021
Heavy Weight Pent		Robert Clark	3913pts	2018

Female 60-69				
60m		Jill Taylor	10.47	2020
100m		Jill Taylor	17.20	2020
200m				
400m				
800m		Jill Taylor	5:42.89	2019
1500m				
5000m				
80m Hurdles	0.686m, 8, 7.0m			
300m Hurdles	0.686m, 7, 35m			
2000m Steeplechase	0.762m			
Long Jump		Jill Taylor	3.24	2020
Triple Jump		Jill Taylor	7.36	2016
High Jump		Jill Taylor	1.05	2020
Shot Put	3kg	Jill Taylor	9.50	2019
Discus	1kg	Jill Taylor	27.10	2019
Javelin	400g	Jill Taylor	18.74	2016
Hammer	3kg	Jill Taylor	37.08	2020
Weight	5.45kg	Jill Taylor	15.14	2020
Outside Pentathlon		Jill Taylor	1942pts	2019
Throws Pentathlon		Jill Taylor	3825pts	2021
Heavy Weight Pent		Jill Taylor	4640pts	2021

Male 60-69				
60m				
100m				
200m				
400m				
800m				
1500m				
5000m				
100m Hurdles	0.840m, 10, 8.0m			
300m Hurdles	0.762m, 7, 35m			
2000m Steeplechase	0.762m			
Long Jump				
Triple Jump				
High Jump				
Shot Put	5kg	Robert Clark	10.32	2021
Discus	1kg	Robert Clark	37.50	2021
Javelin	600g	Robert Clark	28.60	2022
Hammer	5kg	Robert Clark	39.92	2022
Weight	9.08kg	Robert Clark	17.94	2022
Outside Pentathlon				
Throws Pentathlon		Robert Clark	3241pts	2022
Heavy Weight Pent		Robert Clark	4221pts	2022