



Cherrybrook Little Athletics



cherrybrookathletics@gmail.com

It's almost the end of the season! This week is our LAST POINT-SCORING COMPETITION NIGHT for the season, with the following week our final FUN NIGHT of special novelty events on March 24.

This week, **Friday March 17**, we will be running **Program 4** which can be viewed on our website [here](#) and includes the following optional early events, all starting at **5.15pm**:

- **U10** – high jump
- **U11-U12** – triple jump
- **U13-U17** – javelin

**PARENTS/CARERS
MUST BE PRESENT
AT THE OVAL AT ALL
TIMES WHILE THEIR
ATHLETE/S ARE
COMPETING**

Tiny Tots: 4.45pm to 5.30pm

U6-U17: Warm-up 5.45pm, first events 6pm

It is a condition of competing each Friday that ALL athletes have one parent/guardian per family present on the Oval at all times. Parents/guardians are required to let Age Managers know where they can be contacted (ie, if not with that Age Group, then which duty or other Age Group they are assisting with).

St John Ambulance cannot treat children in some instances without a parent present.



While it's almost the end of the season, all athletes should still be in uniform each week, please – we will be taking more photos for the Red Book this week and next. Red Book orders will open closer to Presentation Day.

COLOUR PATCHES

As this is the last week of competition, Coloured Patch sheets must be submitted to your Age Manager this Friday night – unless you are waiting on State results this weekend, in which case please submit forms via email to cate.e.grace@gmail.com by **Monday March 20**. PLEASE NOTE: A Gold Patch can be obtained by meeting a qualifying time or distance in any TWO EVENTS once Blue has been obtained.

Congratulations to the following athletes who have achieved Coloured Patches in recent weeks:

YELLOW: Matilda Doherty 7G, Brendan Jones 8B, Alex Kwok 8B, Olivia Lalor 10G, Matthew Lettice 8B, Sarah Lettice 10G, Toby Sinclair 8B, Layla Tawbe 14G, Ryan Tian 8B

GREEN: Hudson Cooney 7B, Matilda Doherty 7G, Brendan Jones 8B, Matthew Lettice 8B, Toby Sinclair 8B, Layla Tawbe 14B, Ryan Tian 8B

RED: Matilda Doherty 7G, Brendan Jones 8B, Matthew Lettice 8B, Ryan Tian 8B

BLUE: Brendan Jones 8B, Charlotte Patchett 7G

A RECORD NUMBER OF RECORDS!

Our athletes broke an amazing FOUR club competition records last week, including TWO records to **Madison Tabrett!**

Madi U11G jumped 1.38m in high jump, breaking the 17-year-old record of 1.37m set by Philippa Williams in 2006. Madi also broke Ruby Semaganda's 2020 record of 15.27 in the 80m hurdles with an impressive 14.52.

Ryan Maher broke the U11B 80m hurdles record with a time of 14.56, beating Joel Moresi's 2020 record of 14.62.



And in the early events, **Ruby Penn** U13G clocked an amazing time of 8:58.14 in the 1500m walk, smashing Valentina Kuruc's record set in 2020 of 9:26.81.

Good luck to all our athletes competing in the LANSW State Track and Field Championships at Sydney Olympic Park this weekend!

2023 PRESENTATION DAY:

Our season finishes next week with a Fun Night of novelty events, which means our committee members are busy collating all the season's results and ordering trophies and certificates ahead of our Presentation Day which will be held on Sunday, **May 21** at **Pennant Hills High School**. Times to be confirmed closer to the event.



This is also our Club's Annual General Meeting, at which we need to vote in our **COMMITTEE FOR NEXT SEASON!** Little Athletics is all about providing fun, fitness and friendships for our children – but the thing about children is they grow up! Which means we have several committee members leaving us at the end of the season and, as a 100% volunteer-run organisation, we will need more

parents/carers to step up to help fill some roles next season including: Uniform Manager, Canteen Manager, Equipment Manager.

If you are interested in helping more and becoming involved in the running of the Club – or perhaps you have an area of expertise which could be useful to the Club – please email us at cherrybrookathletics@gmail.com or speak to a committee member on a Friday.

MOTIV8SPORTS HOLIDAY 'CAMPS'

Our sponsor Motiv8 Sports is running school holiday "camps" – from 8.30am to 3.30pm each day over two days (April 11-12 at Asquith & April 20-21 at Turramurra) – for children from Kindergarten to Year 6. Sportsmanship, resilience, friendships, and teamwork are the focus as age-appropriate groups of 18-22 participants learn and engage in a range of non-contact sports including Vortex Gridiron, Ultimate league, 4-ball, Super soccer, Flagball, Street hockey, Ruckus AFL, SS Racers, Ballers, and Sector 8.



PHOTOS FROM DIVI

Our sponsor Divi Home Loans paid for a professional photographer Sam Chivers Photography to attend last week's Competition Night and take photos of many of our athletes in action. Divi is now giving parents/carers the opportunity to download photographs of their athletes, which are available FREE if you provide an email address to receive some information from Divi about home loan financing/refinancing.

If any Cherrybrook Little Athletics family opts to finance or refinance through Divi Home Loans, Divi will:

- Help you save on your home loan with rates currently available from as low as from 4.81%
- Refund your family's sports fees for the 2022/23 season
- Pay cash to Cherrybrook Little Athletics every year for the lifetime of your loan
- Review your home loan and look for further savings every 12 months

For more information, please contact Sam on 0411 019 963 or samr@divihomeloans.com.au

PLEASE NOTE: PHOTOS ARE FOR THE PERSONAL USE OF CHERRYBROOK LITTLE ATHLETICS FAMILIES ONLY AND ARE NOT TO BE SHARED ON SOCIAL MEDIA, especially if they include athletes other than your own!.

The photo galleries can be viewed via the following links:

U6 Boys - <https://divihomeloans.pixieset.com/u6boys-cherrybrooklittleathletics/>

U6 Girls - <https://divihomeloans.pixieset.com/u6girls-cherrybrooklittleathletics/>

U7 Girls - <https://divihomeloans.pixieset.com/u7girls-cherrybrooklittleathletics/>

U8 Boys - <https://divihomeloans.pixieset.com/u8boys-cherrybrooklittleathletics/>

U8 Girls - <https://divihomeloans.pixieset.com/u8girls-cherrybrooklittleathletics/>

U9 Boys - <https://divihomeloans.pixieset.com/u9boys-cherrybrooklittleathletics/>

U10 Boys - <https://divihomeloans.pixieset.com/u10boys-cherrybrooklittleathletics/>

U10 Girls - <https://divihomeloans.pixieset.com/u10girls-cherrybrooklittleathletics/>

U11 Boys - <https://divihomeloans.pixieset.com/u11boys-cherrybrooklittleathletics/>

U11 Girls - <https://divihomeloans.pixieset.com/u11girls-cherrybrooklittleathletics/>

U12 Boys - <https://divihomeloans.pixieset.com/u12boys-cherrybrooklittleathletics/>

U12 Girls - <https://divihomeloans.pixieset.com/u12girls-cherrybrooklittleathletics/>

U13 Boys - <https://divihomeloans.pixieset.com/13boys-cherrybrooklittleathletics/>

U13 Girls - <https://divihomeloans.pixieset.com/u13girls-cherrybrooklittleathletics/>

U14 Boys - <https://divihomeloans.pixieset.com/u14boys-cherrybrooklittleathletics/>

coles

Bakers
Delight
Cherrybrook



Cherrybrook Village



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INTERNATIONAL