



Cherrybrook Little Athletics

Week 3 – Friday, 3 December 2021 – Program 3

After last week's cancellation due to rain, we hope everyone has their fingers crossed for this week!

This Friday, 2 December 2021, we will be running [PROGRAM 3](#) – which includes the following optional early events:

- **5.15pm:** Javelin for U11-U12
- **5.15pm:** Triple Jump for U13-U17
- **5.30pm:** 800m for U9

General warm-up is at **5.45pm**, with all other events due to start at **6pm**.

There is also an optional [U13-U17 3000m](#) at the end of the night.

Check our Facebook page or website cherrybrookathletics.org.au for updates regarding weather. Please note that decisions regarding weather are usually only made late in the afternoon based on conditions at the time. Always assume Little Athletics is on until advised otherwise!

RED BOOK PHOTOS:

We will be taking our official Age Group photos for the end-of-season Red Book this Friday and next (if needed). A schedule will be provided to Age Managers by Friday, but we aim to get through as many group photos as the light and logistics will allow us this week – so all athletes are asked to please wear their full Cherrybrook Little Athletics uniforms, and their brightest smiles! Any age groups we are unable to get to this week will be photographed the following Friday. If any Age Managers know of significant numbers of absences in their groups this week or next, please let Gail know ASAP via cherrybrookathletics@gmail.com so we can schedule photographs accordingly.

IMPORTANT REMINDERS:

- Our final Competition Night this year is scheduled to be Friday, 17 December, and our first night back after the Christmas/New Year break will be Friday, 7 January 2022.
- Any families who leave early are asked to please LET YOUR AGE MANAGER KNOW to avoid any panic over missing athletes!
- Please be extremely careful moving about the oval – particularly crossing the track – to avoid injury, especially to athletes. Please remind younger children of the need to listen to their Age Managers and to stay in their groups.

COLOUR PATCHES – DOWNLOAD AND PRINT YOUR SHEET:

Our Colour Patch awards are to encourage U7-U15 athletes to strive to improve their personal best performances across both track and field events throughout the season. In ascending order, Yellow, Green, Red, Blue, and Gold patches can be earned by achieving certain standards in a combination of events.

Colour Patch [standards and recording sheets are available on our website](#) – search for the sheet for YOUR CHILD'S AGE AND GENDER. Please note: all the sheets are on the one link, you need to choose and print the relevant sheet for your child/children. Then check times/distances on [ResultsHQ](#) to fill the sheet in.

Once a Colour Patch has been achieved, you can place the sheet in a marked tray near the canteen, or hand to your Age Managers to be submitted. Yellow, Green, Red and Blue patches will be awarded by Age Managers during the season – anyone achieving a Gold Patch will be awarded this at Presentation Day.

COVID-19:

While QR check-in is no longer required on the oval, anyone aged 16+ MUST BE FULLY VACCINATED (or have an approved medical exemption) to attend. It is the individual's responsibility to ensure they comply with the Public Health Orders. We require all athletes younger than 16 to be accompanied by a parent/carer who meets the vaccination requirement and can undertake a duty – ie one parent/carer per family please.

Please use QR code and observe social distancing when purchasing from the canteen.

Only Committee members and designated canteen volunteers are to enter the Club House or canteen.

Thanks to our sponsors:



Divi Home Loans is offering Cherrybrook Little Athletics families a free Home Loan Health Check with a Divi mortgage broker who may be able to save you thousands of dollars. If you finance or refinance through Divi, they will refund your family's sports fees for the 2021/22 season, plus pay Cherrybrook Little Athletics cash every year for the lifetime of your loan. Call Sam on 0411 019 963 or go to divihomeloans.com.au.