

# Northern Metropolitan Zone Championships

Saturday 29 to Sunday 30 January 2022

Barton Park, North Parramatta.

**ENTRIES NOW OPEN via Results HQ!**

Registration closes 20 December 2022

We would love as many U7 – U17 athletes as possible to compete at the Zone Championships at Barton Park, North Parramatta on Saturday 29 and Sunday 30 January 2022. The carnival has a warm and friendly atmosphere with plenty of space and a park for smaller children to play. It is a fun and social weekend, so please nominate and help Cherrybrook field a big team!

The Zone Championships is the first step on the way to the LANSW State Championships. **Athletes MUST compete at Zone to qualify through to the Regional Championships** on 12 and 13 February 2022 **and then qualify through to the State Championships.**

Athletes in the U7 age group receive medals if they come 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> but do not progress any further.

Athletes who place in the top six in any event automatically qualify to the Regional Championships which will be held on 12 and 13 February 2022 at the Sydney Academy of Sport, Narrabeen. Athletes who are deemed to be the next best four from either of the two Zones in our Region will be notified following the Zone Championships, if they will be progressing to Region.

**PLEASE NOTE: It is a condition of participation that parents are available to undertake a duty during the carnival. A parent roster will be available once the duties have been allocated to Cherrybrook LAC.**

## **RULES FOR ZONE:**

### **U7 to U11 athletes**

**Cherrybrook is allowed to enter 6 athletes per age group per event for Zone.** Everyone needs to nominate for the events they would like to compete in, and we choose a team based largely on performance, but with a view to allowing as many athletes as possible to compete at Zone.

**U7-U11 athletes can nominate and compete in up to 4 individual events.** Because of the limits, athletes are **NOT GUARANTEED** their nominations.

### **U12 to U17 athletes**

U12 to U17 athlete can nominate for up to 6 individual events.

If you have any questions or wish to discuss your child's nominations please see Ang on a Friday evening or email [ajjay1@hotmail.com](mailto:ajjay1@hotmail.com)

**PLEASE NOTE: Athletes will be entered only if they complete the nomination process via ResultsHQ which is now open. Nominations will close 20 December 2022.** At this time nominations will close and only our Championship Officers will be able to amend nominations.

**This nomination process is known not to work on mobile devices, so please use a desktop or laptop.**

**A copy of your nomination form will need to be emailed to:**

Ang Maclaine at [ayjay1@hotmail.com](mailto:ayjay1@hotmail.com) once you have nominated, with preferences against each of your events.

## ZONE PROGRAM:

The program for Zone can be found by clicking on this link: [2021/22 North Met Zone Program](#)

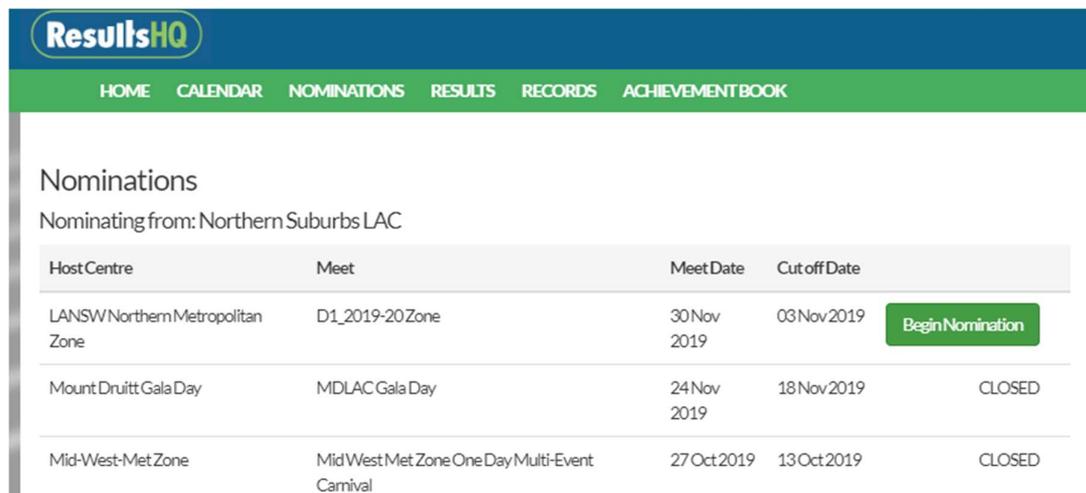
## NOMINATION INSTRUCTIONS

These instructions describe how to nominate for the 2021/22 Zone Carnival through ResultsHQ. This process does not apply to Multi Class athletes. Multi Class athletes will need to nominate for the Multi Class Zone events through our Para Athlete Coordinator Amanda Kely.

1. Go to [www.resultshq.com.au](http://www.resultshq.com.au) and log into your family portal for ResultsHQ. Your login address will be the email address you used to register your athlete. If you do not already know your password, then use the "Trouble Logging In?" link to reset your password.

[Note: if you have not used RHQ this season, there may be an additional step to log in]

2. Once you have logged in select the "NOMINATIONS" menu item at the top of the screen. You will see screen like this. Click on the green "Begin Nomination" button to the right of the LANSW Northern Metropolitan Zone.



Host Centre	Meet	Meet Date	Cut off Date	
LANSW Northern Metropolitan Zone	D1_2019-20 Zone	30 Nov 2019	03 Nov 2019	<a href="#">Begin Nomination</a>
Mount Druitt Gala Day	MDLAC Gala Day	24 Nov 2019	18 Nov 2019	CLOSED
Mid-West-Met Zone	Mid West Met Zone One Day Multi-Event Carnival	27 Oct 2019	13 Oct 2019	CLOSED

3. Select the events your athlete is interested in participating in using the check boxes on the right. A maximum of 6 events can be selected. If more than six options are chosen you will not be allowed to progress. If you have more than one athlete, they will be listed one after the other on this page (scroll down). Once you have made your selections, click on the green "Next" button.

**Note: The event dates in the "Time" column are correct in RHQ but DO NOT rely on the RHQ event times.**

## Events

Note: You can withdraw your nomination from any of the events you submitted in previous transactions that have not yet been marked as Accepted (fully finalised) by the Host Centre by deselecting the relevant checkbox and resubmitting this transaction at the payment screen. If you have already paid for the event, you must select another event so as not to reduce the payment total. Any request for refund, however, must be approved and handled by the Centre.

Andrew Butler 10 M Max. Events: 6 **Max events selected.**

#	Event	Age	Gender	Type	Info	Time	Fee	
25	400m	10	M	Heat		30 Nov 2:20 PM	\$0.00	<input checked="" type="checkbox"/>
51	60m Hurdles	10	M	Heat		30 Nov 8:19 AM	\$0.00	<input checked="" type="checkbox"/>
61	100m	10	M	Heat		30 Nov 12:26 PM	\$0.00	<input checked="" type="checkbox"/>
81	High Jump	10	M	Heat		30 Nov 10:30 AM	\$0.00	<input checked="" type="checkbox"/>
124	Shot Put	10	M	Heat		30 Nov 1:00 PM	\$0.00	<input checked="" type="checkbox"/>
7	1100m Walk	10	M	Heat		01 Dec 9:20 AM	\$0.00	<input checked="" type="checkbox"/>
23	800m	10	M	Heat		01 Dec 10:56 AM	\$0.00	<input type="checkbox"/>

Hosted By: LANSW Northern Metropolitan Zone | Nominating From: Northern Suburbs LAC

## Summary

### Events

Andrew Butler 10 M

Edit

#	Event	Type	Info	Time	Pre Selection
25	400m	Heat		30 Nov 2:20 PM	
51	60m Hurdles	Heat		30 Nov 8:19 AM	
61	100m	Heat		30 Nov 12:26 PM	
81	High Jump	Heat		30 Nov 10:30 AM	
124	Shot Put	Heat		30 Nov 1:00 PM	
7	1100m Walk	Heat		01 Dec 9:20 AM	

Matthew Butler 17 M

#	Event	Type	Info	Time	Pre Selection
88	Javelin	Heat		30 Nov 3:30 PM	
126	Shot Put	Heat		30 Nov 8:30 AM	
95	Discus	Heat		01 Dec 10:00 AM	

- You will be taken to a payment screen. There is no payment for you to make so select "Cash/Eft/Voucher" from the Payment Method field to finalise your selections.

## Nomination - D1\_2019-20 Zone 30 Nov 2019

Hosted By: LANSW Northern Metropolitan Zone | Nominating From: Northern Suburbs LAC

Previous

Events

Summary

Payment

## Payment

Item Price

Payment not required. Please select Cash/EFT/Voucher to continue.

Payment Method ▾

Cash/EFT/Voucher

- You will be shown a "receipt" listing your nominations. You can close this window.
- If you want to change your nominations before the close off on 20 December 2022, you can return to the Nominations screen and select the Edit button.

## Nominations

Nominating from: Northern Suburbs LAC

Host Centre	Meet	Meet Date	Cut off Date	
LANSW Northern Metropolitan Zone	D1_2019-20 Zone	30 Nov 2019	03 Nov 2019	<a href="#">Edit</a> <a href="#">Review Transactions ▾</a>



## TROUBLE SHOOTING

PROBLEM	ACTIONS
I can't log into Results HQ	Check you are using the email address you used to register your athletes. Use the "Trouble Logging In?" link to reset your password.
I can't see a "Begin Nomination" button	You may not be the primary user for your family. Go to the home screen in RHQ, click on the down arrow in the top right corner next to your surname, select the "Family Profile" option which will tell you who has access and who is the primary/secondary account.
The "Begin Nomination" button won't work for me	Chances are you are using a mobile device. Try again using a desktop or laptop computer.
I can't move past my nomination selections	Check that you have only nominated for 6 or less events per athlete.
I can't see all of my children when I log in	This is a technical issue. You will need to contact your Results Officer for this to be resolved "behind the scenes".

Please print the nomination summary you are emailed and number your preferences in order (where 1 is most preferred). U7 – U 11 write an extra 1 or 2 preferences on the list. Then scan and email this form to: **Ang Maclaine at [ayjay1@hotmail.com](mailto:ayjay1@hotmail.com)**

After nominations have closed, the Championships team and Age Managers will review the nominations to ensure that the athlete and event limits are met.

**Cherrybrook Athletics Committee**