



Cherrybrook Little Athletics

Thursday 25th February 2021

This Friday, February 26th is our MULTI NIGHT CLUB CHAMPIONSHIP. The program will be based on Program 1 with some small changes. You can view the program on the Club's [website](#) and Facebook.

- Javelin for U11 + U12 starts at 5.15pm, however will not count towards the Multi Night point score
- Entry to the Oval will be from 5.15pm at both entry points

PARENT DUTIES

- **All U6 parents are asked to arrive as early as possible to assist with oval set-up**
- Parents on Program 1 canteen and BBQ duty are asked to please confirm their availability with Sandra Moore
- Parents rostered on other Program 1 duties are asked to please ensure they are available to attend their duty as scheduled. Anyone usually rostered on Program 1 who is not available is kindly asked to organise a swap with another parent, or please contact Amanda Kely on 0490 735 242 ASAP

And a general reminder:

- **All attendees must register via QR code on arrival**
- **All Athletes must be checked in with their Age Manager**
- **For safety, we ask that any parents not actively assisting please spectate from behind the fence or on the hill**

CLUB MULTI NIGHT

Tomorrow's Multi Night is run the same as a regular Friday night and will be based on Program 1 with slight modifications for some age groups. Each event contested by an athlete achieves performance-based points which are added together for a final Multi Event Point Score. The top three athletes in each age group will be announced in the newsletter and awarded certificates later in the season. All competing athletes will also receive attendance, participation and PB points. We wish all athletes the very best of luck!

CONGRATULATIONS! Littles State Championships

Well done to the following U9-U12 Athletes who have been selected to compete at the Littles State Championships:

Edward Darby - U12B Shot Put, **Charithu De Mel** – U10B 400m, **Owen Dixon** – U12B 800M + 1500m, **Emily Horsley** – U9B Shot Put, **Gabriella Omage** – U10G 70m + 100m, **Maxwell Penn** – U10B 700m Walk, **Xavier Thomas** – U9B 700m Walk.

Also congratulations to the following athletes who have now gained State selection in additional events, as well as their automatic qualifiers (announced last week):

Nisini Rajapaksha – U11G Shot Put, **Ruby Semaganda** – U12G Triple Jump, **Harry Wigham** – U11B 200m, **Claudia Wilson** – U11G 1500m

Cherrybrook now has 17 U9-U12 Athletes competing at State on March 2-21 across 27 individual events.

See the full list at: [answ.com.au/wp-content/uploads/sites/3/2021/02/Entry-List-Littles-State-2021.pdf](https://www.answ.com.au/wp-content/uploads/sites/3/2021/02/Entry-List-Littles-State-2021.pdf)

Anyone with enquiries about the Littles State Championship should contact Angela Maclaine at

ajjay1@hotmail.com

YOUTH STATE SELECTIONS

A total of 40 of our U13-U17 Athletes have nominated for the Youth State Championships and we wish them all the best toward gaining selection. All nominees should check eventdesq.sportstg.com/index.cfm?fuseaction=confirmedentrants&EventDesqID=37185&OrgID=914 or use the link emailed today to ensure their nomination has been received. If your nomination does not appear on this list please contact Nicky Jenneke via text on 0448407716. Selections should be announced by Sunday February 28. Check NSW Little Athletics website for the announcement lansw.com.au

STATE SHIRTS

State shirts are available to purchase but must be ordered by this Sunday, February 28, at lansw.com.au/2021-state-championship-merchandise-available-to-order

GOODLUCK

Good luck to our Dual athletes competing at the ACT Junior Championships this Friday-Sunday.

COLOUR PATCHES

Our apologies, but no coloured patches will be processed this week. We apologise for the delay.

COLOURED PATCH AGE GROUP COMPETITION

Once again this season we will be holding a Coloured Patch competition between the age groups. The winning age groups will be those with the highest percentage of athletes who submit their coloured patch recording sheets. These must be submitted by the individual Athletes, not the Age Manager. All Coloured Patch sheets submitted from the start of the season until 12th March will be counted.

Fill out your [Coloured Patch recording sheet](#) and place in the Coloured Patch tray on the duty desk on Friday nights. All Athletes who submit Coloured Patch recording sheets receive a voucher from our sponsor **Cherrybrook Bakers Delight** to receive a free item with any item purchased.

If any athlete has not achieved their yellow patch by 12th March, they can enter an incomplete Coloured Patch sheet to be counted in the competition and be acknowledged for their efforts this season.

RECORDS/CLUB BESTS

A reminder that all track and field Club Bests must be signed off at the event by an official who has judged and witnessed the performance. Please ensure an official is in attendance at all events where records are likely to be broken. (Age Managers are not officials)

Athletes are to use the club implements to achieve Club Bests in field events. Athletes wishing to use their own throws implements must discuss this with our equipment officer Michael Hampton the week before the attempted throw. If an individual's equipment is accepted into competition, that implement must be available for others in that age group to use.

COVID-19

The Club's most current COVID policy is displayed on the noticeboard each Friday night as well as being available on our [website](#).

PARENTS WHO WERE ONCE LITTLE ATHLETES

In celebrating NSW Little Athletics 50th Anniversary we are looking for parents or grandparents who were once part of Little Athletics. We would love photos and memories from anyone involved in Little Athletics in the past, either representing the Club at Pennant Hills or in a different district. Please send photos and a small story about your experience to Nickyjenneke219@gmail.com with the subject 50th memories.

On Friday March 26th we will be having a fun night to celebrate the 50th Anniversary of Little Athletics. We are looking for ideas from our Athletes for a creative and fun way to celebrate this occasion. The winning idea will win a small prize and all Athletes whose ideas are used will receive a Zooper Dooper. Send all ideas to Nickyjenneke219@gmail.com with the subject 50th

DUAL ATHLETE RESULTS FROM SENIOR COMPETITION

ILLAWONG TRACK CLASSIC 19th February

Teddy Hampton High Jump 1.45m

Caitlin Russell 2100m 13.69 + 200m 28.17

UPCOMING SENIOR EVENTS FOR DUALS

ACPE NSW JUNIOR ATHLETICS CHAMPIONSHIPS – Friday 12th to Sunday 14th March

All events available for U13-U20 athletes born between 2002-2009, draft timetable out now

Entries now open, **closing 10am on Wednesday 3rd March:**

nswathletics.org.au/events/83038/&cat=2643&f=list

Dual Athletes can view Senior National Qualifiers at

cdn.revolutionise.com.au/cups/aa/files/tmcme3utvvqj2dug.pdf

For all upcoming Senior Competitions please visit <https://www.nswathletics.org.au/events-home/>

UPCOMING DATES

February 26-28	U14-U18 ACT Championships	Canberra / ACT
February 26	Club Multi Event Night	Greenway Oval, Cherrybrook
March 5	Club Ribbon Night	Greenway Oval, Cherrybrook
March 6-7	LA's State Combined Event	Wollongong
March 5-7	NSW Open State Championships	SOPAC
March 12	Club Competition and Championship Photos (tbc)	Greenway Oval, Cherrybrook
March 12-14	U14-U20 NSW Junior State Championships	SOPAC
March 19	Club Coloured Patch Night	Greenway Oval, Cherrybrook
March 20-21	LANSW U9-U12 State Championships	SOPAC
March 26	50 th ANNIVERSARY OF LA'S FUN NIGHT – last night of season	Greenway Oval, Cherrybrook
March 27-28	LANSW U13-U17 State Championships	SOPAC

THANK YOU TO OUR SPONSORS

3Monkeez for supporting the Club with equipment and awards 3monkeez.com.au/about-us

Bakers Delight Cherrybrook for supporting our canteen and BBQ

bakersdelight.com.au/bakery-locator/cherrybrook/

Hunter Pacific Ceiling Fans who support our Friday night coaching program

hunterpacificinternational.com/

Coles, LA's National sponsor supplying us with our Friday night bananas and equipment grants