



RELAY CHAMPIONSHIP TIMETABLE FOR U6 – U10 AGE GROUPS

TIME	U6	U7	U8	U9	U10
5.45pm	Announcements Assemble in Age Group Home Base areas				
5.50pm	Team Meeting at Home Base	Team Meeting At Home Base	Team Meeting At Home Base	Team Meeting At Home Base	Team Meeting At Home Base
6.20pm	Long Jump	Long Jump	100m	100m	High Jump or Shot Put
6.40pm	100m	100m	High Jump or Shot Put	High Jump or Shot Put	Novelty Relay and Cheer Off
7.00pm	Shot Put	Shot Put	Novelty Relays And Cheer Off	Novelty Relays And Cheer Off	Hurdles or 400m
7.20pm	Novelty Relays and Cheer off	Novelty Relays and Cheer Off	Hurdles or 400m	Hurdles or 400	Long Jump or Discus
7.40pm			Long Jump or Discus	Long Jump or Discus	100m

Age groups will have 15 minutes at each event and athletes must assemble at their home bases after each event for a few minutes so that they can be organised by their age managers for their next event. A siren will sound for the start and finish of each event time.