

CHERRYBROOK LITTLE ATHLETICS

Wednesday 30 September 2020

There will be no Friday night Little Athletics competition this Friday 2nd October. Our first competition night will be Friday 9th October. Our weekly competition will continue every Friday night until 18th December when we will have a summer break and resume on Friday 8th January.

PARENT DUTIES

All parents, with the exception of U17 parents should now have signed up for a duty for the season (U6 parents sign up as U6 helpers). Those parents/guardians that have not signed up will be allocated a duty by the Club. Before our first night of competition each family will be notified which Program/s (1, 2 or 3) they have been rostered on for. Further details will be available in next week's newsletter.

For those parents who have signed up to any track or field duties, you may find the following links useful:

<https://littleathletics.com.au/education-training/video-resources/officiating-video-resouces/>

<https://littleathletics.com.au/education-training/video-resources/coaching-video-resources/>

These basic **Event Fact Sheets** are another valuable resource:

<https://lansw.com.au/event-fact-sheet/>

ONLY ONE PARENT/CAREGIVER TO ATTEND PER FAMILY

Please note that the recent changes to the 'NSW Sports Return to Play Policy' has not changed our one parent/caregiver per family policy.

To remain within the 500 people maximum on Friday nights, only one parent/caregiver per family may attend on Friday night competition nights, this means no siblings or other family or friends. If you have extenuating circumstances that require you to have additional family members to attend, please apply for an exemption at Cherrybrook.athletics@outlook.com

FINALISING REGISTRATIONS

Finalising Registration for the remainder of the season is by appointment only.

All Little Athletics registration must be finalised in person before an athlete can compete. To complete your registration please text Jenny Koot on 0414 530 792 to make an appointment.

ATHLETES WITH MEDICAL CONDITIONS

If any athlete attending Cherrybrook Little Athletics has a condition such as asthma, epilepsy, diabetes or a severe allergy etc, could you please provide the club with details of the condition and the action plan for the athlete if they require medical assistance. Please hand these details to the registrar with the child's name and age group clearly provided.

DUAL REGISTRATION

All registered Little Athletics athletes in the U12 – U17 age groups are eligible for FREE registration with our Cherrybrook Senior Athletics Club. Registering with our Senior Club gives athletes the added opportunity of Saturday athletics meets and the opportunity to compete at team competitions like the Club Championships and Senior State relays and individually in the NSW Junior Championships (open to all ability levels) and the Junior National Championships (by qualification). Given that most Little Athletics competitions have been cancelled this season, we highly recommend that athletes in the U12 – U17 age group take up this opportunity to have access to greater competition this season. To register as a Dual Athlete please follow the steps below:

1. Activate or renew, free ANSW Dual membership via the ANSW membership platform at <https://www.revolutionise.com.au/cherrybrooksen/registration/> .
2. Use the discount Code **DualCAC** to receive FREE registration. (*Otherwise you will be charged \$50*).
3. Senior registration bibs will be available at an athletes first event when they check in. Senior competition will commence mid-October.
4. For any questions, please contact Karin Webb on 0408 622 144

UNIFORM SALES

Uniform for the remainder of the season is by **pre order and collection by appointment only**. Please pre-order uniforms [here](#) and contact our uniform coordinator Julie at Julie.semaganda@sky.com to make a collection appointment.

WHERE TO PLACE PATCHES ON UNIFORM

Registration numbers:

All McDonald's registration numbers MUST have the FULL gold border showing including the year and be placed in the centre of the uniform top.

Age patch:

The age patches must be placed on the front left-hand side of the uniform (above or below the club logo).

If girls are wearing a crop top and bike pants, the age patch should be sewn onto the left-hand side of the pants, instead of on the crop top.

Coles sponsorship patch:

The Coles sponsorship patch MUST be placed on the front right shoulder of the uniform, but it must not cover the McDonald's logo or registration number.

HELPERS NEEDED:

COVID monitors

According to our COVID-19 plan, we are required to have some COVID monitors to supervise the bathrooms and general compliance of using hand sanitiser and keeping social distancing etc. Without

COVID monitors, we cannot by law run our Friday night competition. The Club understands this is not a glamorous duty, but it is an essential one.

Canteen coordinator needed

The canteen is a regular feature at Cherrybrook athletics and as well as feeding our many hungry athletes on Friday nights, it is also a main source of income for the Club. Unfortunately, the Club does not have a canteen coordinator to run the canteen this season. Please contact Sandra Moore on 0402 099 206 if you would like to learn more about this role.

First Aid Officer

The Club may need the assistance of a qualified first aid officer this season on Friday nights. If you are a doctor, nurse, physio or just have a current first aid certificate and are happy to assist with first aid, please get in touch with our First Aid Coordinator Jane Wegener by emailing jane.miles01@gmail.com or via text 0488 024 626 (please do not call)

UNCOLLECTED ITEMS

Uncollected Items from last season will next be available for collection on Friday 9th October

FACEBOOK

Please follow and like our Little Athletics Facebook page at <https://www.facebook.com/Cherrybrook-Little-Athletics-106804180667266>

This will be a major source of information this season, so you are strongly advised to check this page every Friday before attending Little Athletics.

If you do not wish for your child's image or name to appear on the social media platform, please let Nicky Jenneke know on 0448 407 716 or reply to nickyjenneke219@gmail.com

Enjoy the long weekend! We are looking forward to seeing our athletes on Friday 9th October for our first point scoring competition night.

Cherrybrook Athletics Committee