



22nd Annual Report

2015/2016 SEASON

**Cherrybrook Senior &
Little Athletics
Centre Inc.**

www.cherrybrookathletics.org.au



INDEX

OUR CLUB AND COMMITTEE.....	3
JUNIOR PRESIDENT'S REPORT.....	4
JUNIOR CHAMPIONSHIPS.....	5
STATE CROSS COUNTRY AND ROAD WALKS	5
STATE RELAYS	6
ZONE CHAMPIONSHIPS	9
REGION CHAMPIONSHIPS	14
STATE CHAMPIONSHIPS.....	19
STATE MULTI EVENT CHAMPIONSHIPS	21
AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS.....	22
JUNIOR CLUB RECORDS BROKEN OR ESTABLISHED	23
JUNIOR AWARDS.....	24
COLOUR PATCHES	24
100% ATTENDANCE.....	24
MOST CONSISTENT TRACK ATHLETE AND MOST CONSISTENT FIELD ATHLETE.....	24
MOST IMPROVED ATHLETE	24
PERFORMANCE AWARDS.....	26
HIGH ACHIEVER AWARD.....	27
T.J. BEALE PERPETUAL TROPHY	28
10 YEAR LITTLE ATHLETICS NSW AWARDS.....	29
JUNIOR REPORTS.....	29
REGISTRAR'S REPORT	29
CHAMPIONSHIPS REPORT.....	29
RECORDS AND RANKINGS REPORT	30
AGE MANAGERS' REPORT	31
JUNIOR AGE GROUPS.....	32
JUNIOR RECORDS.....	43
ALL CLUB RECORDS BY AGE GROUP	43
NSW LITTLE ATHLETICS RECORD HOLDERS	48
NATIONAL LITTLE ATHLETICS RECORD HOLDERS.....	48
LITTLE ATHLETICS CHAMPIONSHIP RECORDS.....	49
SENIOR PRESIDENT'S REPORT	54
SENIOR CHAMPIONSHIPS.....	55
STATE CROSS COUNTRY AND DISTANCE EVENTS	55
INTERNATIONAL REPRESENTATION	55
NSW ALL SCHOOLS CHAMPIONSHIPS	55
SENIOR STATE RELAYS	56
NSW TRELOAR SHIELD	56
AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS	57
NSW COMBINED EVENT CHAMPIONSHIPS.....	57
NSW CLUB CHAMPIONSHIPS.....	58
NSW JUNIOR AND YOUTH CHAMPIONSHIPS.....	58
NSW MASTERS CHAMPIONSHIPS	59
NSW PARA ATHLETE CHAMPIONSHIPS	60
NSW OPEN CHAMPIONSHIPS	60
AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS	60
AUSTRALIAN JUNIOR CHAMPIONSHIPS	60
IPC WORLD PARA ATHLETE CHAMPIONSHIPS.....	62
NSW PARA ATHLETICS CHAMPIONSHIPS.....	62
AUSTRALIAN PARA ATHLETIC CHAMPIONSHIPS	62
NATIONAL ATHLETICS SERIES	62
AUSTRALIAN MULTI EVENT CHAMPIONSHIPS	63
AUSTRALIAN MASTERS.....	63
SENIOR CLUB RECORDS BROKEN OR ESTABLISHED.....	64
REPRESENTATIONS AND OTHER HONOURS	65
NATIONAL INDIVIDUAL RANKINGS 2015.....	65
NATIONAL INDIVIDUAL RANKINGS 2016.....	65
NSW AND AUSTRALIAN DEVELOPMENT PROGRAM.....	66
SENIORS AWARDS	66
DUAL ATHLETE PARTICIPATION AWARD	66
CLUB ATHLETE OF THE SEASON.....	66
MOST CONSISTENT ATHLETE AWARD	66
DANIEL BERRY SENIORS AWARD	67
SENIOR CURRENT RECORDS.....	69
NSW RECORD HOLDERS	74
AUSTRALIAN RECORD HOLDERS.....	74
ALL TIME NATIONAL AND WORLD RANKINGS	74
CLUB REPORTS	75
SECRETARY'S REPORT	75
EQUIPMENT REPORT	75
OFFICIALS REPORT.....	75
COACHING REPORT	77
STATEMENT OF FINANCIAL PERFORMANCE	78
TREASURER'S REPORT.....	79
HISTORY	80
LITTLE ATHLETICS	80
SENIOR ATHLETICS.....	80

OUR CLUB AND COMMITTEE

Our club has a unique structure: two divisions that operate within the one club – Cherrybrook Senior & Little Athletics Centre Inc. Founded in 1994, our Junior division caters for Little Athletes from 5 years to 16 years of age. Our Senior Athletics division was founded in 2001 and caters for athletes from 12 years upwards competing at NSW Athletics events. The two divisions offer seamless transition from Little Athletics through Junior to Senior Athletics.

This season our club had a total of 541 athletics registrations plus 15 active officials across the club. Little Athletics had 441 registrations and Seniors had 100 registrations. 19 of our Little Athletes were dual registered with Seniors.

ELECTED 2015/2016 COMMITTEE MEMBERS:

Board		Other Committee	
Chair	Sean O'Connor	Age Manager Coords	Mel Clark
Secretary	Phillip Lamperts		Sandra Hughes
Treasurer	Sandra Moore	Championships (LA's)	Jenny Bishop
Members	John Sharpe	Champ Assist (LA's)	Daven Timms
	Karin Webb		Trish Hurst
Seniors Executive		Championships (Sen)	Matt Joyce
President	John Sharpe	Records/Rankings (LA's)	Jill Ingram
Vice President	Matt Joyce	Records/Rankings (Sen)	Matt Joyce
Secretary	Phillip Lamperts	Coaching	Valme Kruger
Treasurer	Sandra Moore	Equipment	Phillip Smillie
Registrar	Karin Webb	Uniforms	Jen Little
		Website	Jill Ingram
Juniors Executive		Canteen	Sandra Moore
President	Sean O'Connor		Karin Webb
Vice President	Craig Little		Lyn Lamperts
Secretary	Phillip Lamperts	General	Ven Collett
Treasurer	Sandra Moore		
Registrar	Elizabeth Jones		

CHANGE OF COMMITTEE STRUCTURE

Effective from the Annual General Meeting in May 2016 the club will adopt a single executive of 6 members; a President, Vice President, Treasurer, Secretary, and two Registrars separately covering Seniors and Juniors; along with the necessary other committee positions to successfully manage the club.

CLUB LIFE MEMBERS:

Awarded to persons who have served on the Committee for 10 years or more:

Life Members	Awarded
Ken Donaldson	2003/2004
John Sharpe	2007/2008
Anne Procajlo	2007/2008
Alexandra Pearce	2008/2009
Valmé Kruger	2011/2012
Nicky Jenneke	2011/2012
Bruce Chamberlain	2012/2013
Sandra Moore	2015/2016
Jill Ingram	2015/2016

New Life members Sandra Moore and Jill Ingram



SPONSORS:



JUNIOR PRESIDENT'S REPORT

It has been very rewarding and a great pleasure in my role as the Cherrybrook Little Athletics' President this season. We welcomed a number of new committee members this season who worked tirelessly with the experienced devotees on the committee throughout the 2015-2016 Little Athletics season. It was pleasing to receive positive comments from athletes and parents to our committee, Age Managers and key officials of our clubs efficiency and how they enjoyed attending and competing each week.

It should be noted that we are all volunteers, with a large majority of the work done 'behind the scenes', to continue and improve the smooth running of our fantastic club. I wish to thank all committee members for their commitment and support throughout the season which has made my job easier. Our committee welcomed new and returning athletes with their parents to our very busy summer Friday evening competition from U6 through to U17 athletes.

Special appreciation goes to all officials, Age Managers, recorders, computer room/data entry personnel, starters, timing gate operators, BBQ attendants and to the parents always willing to assist when required. Your help and support reflected our club spirit again this season.

Congratulations and thank you to all our coaches. Their tireless efforts have resulted in great athletic performances throughout the season. If anyone is interested in being coached, we have numerous experienced accredited coaches specialising in all disciplines of athletics.

All athletes performed well and represented Cherrybrook proudly at club and representative level including the Cross Country West Met competition, State Cross Country, LANSW State Relays, Zone, Region, LANSW State Multi Event Carnival and finally LANSW State Championships. We are very proud of them and their achievements. We have also been proudly represented at many of these events by parents who have acted as officials to ensure that these events run smoothly and in a professional manner.

Once again our U14's and U15's competed well with our U17 registered athletes. This senior group had a very enjoyable season. I wish to thank them for their assistance with the 'warm-up' every competition Friday night.

Thank you to our sponsors - West Pennant Hills Sports Club, Belle Property, Quantam Sphere and Doors Plus for their continued support and I look forward to maintaining our relationship with them in the future.



Sean O'Connor



JUNIOR CHAMPIONSHIPS

STATE CROSS COUNTRY AND ROAD WALKS

5 July 2015, Scheyville National Park

This year's State Cross Country and Road Walks Championships were back at Scheyville National Park – a great Cross Country venue, with a mix of flat sections and challenging hills. Athletes compete over different distances depending on age, ranging from 800m for the U7 Age Group up to 4km for the U17 Age Group. The road walks range from 1200m up to 3000m for the U17. Age Groups with 3 members competing from the club also enter the teams competition which is always hotly contested. The conditions on the day were close to perfect – chilly and a little frosty in the morning, but sunny and still which certainly contributed to some great racing.

This year Cherrybrook had its biggest team ever competing, with an amazing 53 athletes competing in the Cross Country, and 6 in the Road Walks. We did really well in our teams events coming home with 8 team medals in the Cross Country and our first ever Walks team medal, showing again the depth of talent we have at Cherrybrook – and fantastic to see Cherrybrook athletes cheering each other on, and pushing fast finishes in search of the best place possible for their team. The U7's got off to a terrific start with **SILVER** in both the Boys and Girls races. **SILVER** remained the colour of the day, with a number of our other teams finishing 2nd – the U8 Boys, U10 Boys, U11 Girls, and U13 Boys. The U12 Boys finished with a **BRONZE** medal and the oldest of our teams the U14 Boys finished with the **GOLD**. We also finished with a team **SILVER** in the U11 Girls Road Walk which is a wonderful achievement.

Our two standout individual performances of the day were **Logan Kaye** who ran superbly to finish 2nd in the U13 Boys 3km race, and **Ben Bishop** who also ran a great race finishing 3rd in the U14 Boys 3km race. We had 8 other top 10 finishers – **Bronsen Brown** and **Tom Bishop** in the U7 Boys who finished 5th and 9th respectively, **Ruby Perkins** 7th in the U7 Girls, **Ryan Frykberg** 7th in the U10 Boys 1500m, **Harry Farrington** 7th in the U11 Boys, **Ryan Jones** 8th and **Erik Frykberg** 10th in the U14 Boys 3km, and **Emily Jones** 8th in the U17 Girls 4km race. 16 other athletes achieved a top 20 finish which really helped our team point scores.

Thanks also to all the officials and helpers who endured pretty difficult conditions, and in particular to our own **Elizabeth Jones** who officiated all day at both the Cross Country and the Walks.

Full Cross Country Results

EVENT	NAME	RESULT
U7B 800m	Harley Grace	DNF
	Marcus Papadimitriou	11 th
	Jack Carswell	44 th
	Thomas Bishop	9 th
	Kieran McCrostie	37 th
	Cameron Hogan	32 nd
	Bronsen Brown	5 th
U7B Team Result SILVER 25 points		
U7G 800m	Kayleigh O'leary	DNS
	Aaliyah Grebert	20 th
	Serena Vanderklauw	16 th
	Ruby Perkins	7 th
U7G Team Result SILVER 43 points		
U8B 800m	Cameron Searle	30 th
	Ashton Fisher	27 th
	Byron Polito	DNS
	Oscar Davidson	16 th
	Yu Harry	15 th
U8B Team Result SILVER 43 points		
U8G 800m	Tahlia Searle	26 th
	Sara Ann Koot	30 th
	Erica Haigh	11 th
U8G Team Result 4th 58 points		
U9B 1500m	Gavin Hakim	35 th
	Nicholas Bradshaw	31 st
U9G 1500m	Sara Elkass	52 nd
	Kaiya Grebert	44 th
	Maddison Hayhurst	53 rd

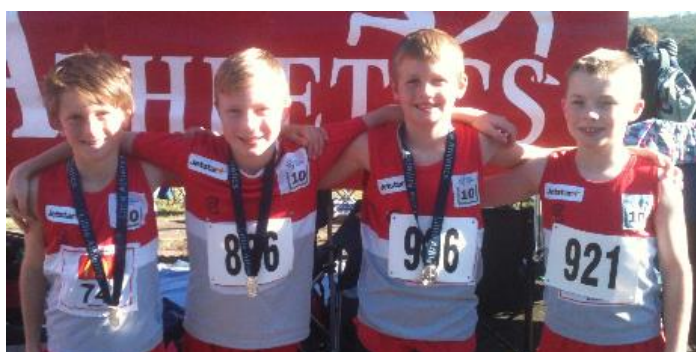
	Nicole McCrostie	32 nd
U9G Team Result 7th 128 points		
U10B 1500m	Lachlan Dewar	20 th
	Ryan Frykberg	7 th
	Jack Hayes	27 th
	Dylan Searle	14 th
U10B Team Result SILVER 41 points		
U10G 1500m	Josephine Lennox	29 th
	Michaela Haigh	35 th
	Lucinda Vanderklauw	50 th
	Ella McKenzie	39 th
U10G Team Result 7th 103 points		
U11B 2000m	James Farrington	14 th
	Donovan Bradshaw	24 th
	Bailey Perkins	29 th
	Liam McKenzie	31 st
U11B Team Result 4th 67 points		
U11G 2000m	Arienna Grebert	23 rd
	Mykaela Hayhurst	31 st
	Milena Visser	DNS
	Zahara Ginwala	27 th
U11G Team Result SILVER 81 points		
U12B 2000m	Harry Farrington	7 th
	Bayden Little	28 th
	Zachary Davidson	26 th
	Oliver Lennox	12 th
U12B Team Result BRONZE 45 points		
U12G	Kirsten Frykberg	DNS
U13B 3000m	Morgan Little	19 th
	Logan Kaye	SILVER

	Lawrence Cuevas	14 th
	Scott Connorton	11 th
U13B Team Result SILVER 27 points		
U13G 3000m	Jessica Smillie	DNS
	Eleanor Lamperts	26 th
U14B 3000m	Ryan Hogan	12 th
	Benjamin Bishop	BRONZE
	Charlie Farrington	14 th

	Ryan Jones	8 th
	Erik Frykberg	10 th
U14B Team Result GOLD 21 points		
U15B 3000M	Sam Connorton	DNS
U17G 4000M	Emily Jones	8 th

Full Road Walks Results

EVENT	NAME	RESULT
U9G 1200m	Sara Elkass	DQ
	Kaiya Grebert	18 th
	Maddison Hayhurst	16 th
U11G 1200m	Zahara Ginwala	13 th
	Mykaela Hayhurst	14 th
	Arienna Grebert	15 th
U11 G Team Result SILVER 42 points		



STATE RELAYS

21-22 November 2015, Campbelltown

With the track at Homebush being resurfaced, State Relays moved down the M7 to Campbelltown. And after the horrible heat of Friday, we had pleasant and cool weather throughout the weekend. This year State Relays was run under a new format; the 4x200m, 4x400m and middle distance relays were all straight timed finals, which made the scheduling of events a little simpler. Cherrybrook had one of its biggest teams ever, with 45 teams of four athletes competing over the two days. State Relays really is a team event, and we are all grateful to the many people who worked together to make it happen, from organisers, officials, team managers, coaches, parent helpers, and of course our athletes. A special thanks to Daven Timms and Trish Hirst for their help in getting out teams organised – it's a big job.



Stepping up for Cherrybrook

Sometimes there are injuries or illnesses that require last minute juggling of people in order to enable a team to compete. Special mention to a few athletes roped in at the last minute to make up teams where other club athletes became unavailable, or who competed in events outside their comfort zone to help get a team into an event. Particular thanks to: **Sonia Walsh** in the U11G HJ and **Tessa Johnson** who ran beautifully in the U11G 4x400m and 4x800m with a couple of really strong finishes. **Nicholas Bradshaw** stepped into a gap in the U10B 4x400m, and **Bridgette Edmunds** ran both the U13G 4x100m and 4x400m with less than a day's notice.

Another of our senior Girls, **Kirsten Frykberg**, having nominated for the senior middle distance event also ended up running in the U13G 4x100m, and later in the day her 3rd event – the U13G 4x400m where she still managed a big PB – well done! Thanks also to **Aleisha Scanlon** who ran a great U17G 4x400m to fill a gap and allow her team mates to compete – well done guys – we love your team spirit!! There were others too who helped out and competed in a second or third event to make up teams, and all of these athletes exemplified the spirit of Cherrybrook Athletics – stepping up and doing their best for themselves and the club.

Junior Day (U8-U11) 21/11/15 - State Relays is one of the toughest athletics competitions, particularly in the Juniors, with around 150 clubs represented from around NSW. To finish in the top 10 or make a final is a great achievement. Cherrybrook was very well represented with a full complement of 4x200m, 4x400m and 4x800m teams, 4x100m teams in all Age Groups except one, and eight field relay teams. The 4x100m are always very tough events, and this year the U10G team of **Nicole McCrostie, Madelynn Zouein, Sierra Timms** and **Regina Shakya** ran superbly to make the final where they improved further to finish 7th – all that extra training paid off! Two other teams achieved top 10: the U8Bs and U11Bs.

The stars of the day were undoubtedly the U8B 4xLong Jump team of **Harry Uy, Bronsen Brown, Marcus Papadimitriou** and **Tom Bishop** who jumped all the way to tie for the **GOLD** with the Manly team – well done.

There were many other really good performances in the 4x200m, 4x400m and 4x800m relays as well as the field relays – full results below.

Senior Day (U12-U17) 22/11/15 - After the blistering heat of the 2014 senior day, things were a bit cooler and calmer this year. Again we had an almost full complement of track teams and nine field relays competing.

Congratulations to our U13B 4x100m team of **Connor Bond, Max Hirst, Buddy Nohra** and **Tyrone Bailey** who ran a great race to finish with **BRONZE**. Many of our teams achieved the excellent result of making the final, including all of the Boys' teams and the U15Gs. Our mixed 4x400m teams also performed really well, with quite a few PBs being run, culminating in top 10 finishes for the U13s, U15s and U17s. Of the senior 4x800m the Boys finished 8th and the Girls 14th.

This year our field teams performed particularly well, bringing home multiple medals. Well done to the U12B jumps team of **Jonathan Reid, Bailey Perkins, Kaylan Clarke** and **Liam McKenzie** for a well-deserved **SILVER**. That feat was repeated by the U13B team of **Max Hirst, Connor Bond, Oliver Morris** and **Andrew Craig** who also jumped their way to **SILVER**. The Girls were not to be outdone, with the team of **Xanthe Craig, Arienna Grebert, Danielle Osifo** and

Zahra Ginwala picking up a **BRONZE** in the U12G jumps, and **Kate Collett, Nicole Freestone, Rachel Ingram** and **Ella Hirst** similarly collecting **BRONZE** in the U15G jumps. **Kate** and **Ella** made the podium again along with **Eve Timms** and **Claire Eaton** with **BRONZE** in the U15G throws relay.

A fun weekend of competition with wonderful team spirit, great results, six team medals and numerous top 10 finishes. Well done to everyone!



Full State Relay Results – Junior U8-U11

AGE	EVENT	RESULT
U8B	4x100	9 th
	4x200(mixed)	11 th
	4xLJ	GOLD
	Shot Disc	6 th
U8G	4x100	DQ
	4x200(mixed)	11 th
	4xLJ	8 th
	Shot Disc	11 th
U9B	4x100	20 th
	4x200(mixed)	19 th
U9G	4x100	16 th
	4x200(mixed)	19 th
U10B	4x100	DNS

U10G	4x400(mixed)	15 th
	4x100	7 th
	4x400(mixed)	15 th
	4xLJ/HJ	12 th
	4x Shot Disc	17 th
U11G	4x200(mixed)	13 th
	4xHJ/LJ	11 th
U11B	4x100	9 th
	4x400(mixed)	13 th
	4xLJ/HJ	10 th
Middle Distance	Shot Disc	11 th
	Girls(U8-U11)	19 th
	Boys(U8-U11)	13 th

Full State Relay Results – Senior U12-U17

AGE	EVENT	RESULT
U12B	4x100	7 th
	4x400(mixed)	14 th
	4xLJ/HJ	SILVER
U12G	4x100	14 th
	4x400(mixed)	14 th
	4xLJ/HJ	BRONZE
	4x Shot Disc	12 th
U13B	4x100	BRONZE
	4x400(mixed)	8 th
	4xHJ/LJ	SILVER
	4xshot/disc	5 th
U13G	4x100	14 th
	4x400(mixed)	8 th
U14G	4x400(mixed)	12 th

U14B	4x100	7 th
	4x400(mixed)	12 th
U15B	4x100	8 th
	4x400(mixed)	9 th
U15G	4x100	7 th
	4x400(mixed)	9 th
	4xLJ/HJ	BRONZE
	4x shot/disc	BRONZE
U17G	4x400(mixed)	9 th
U17B	4x100	6 th
	4x400(mixed)	9 th
	4xLJ/HJ	6 th
Middle Distance	Girls U12-15	14 th
	Boys U12-15	8 th



ZONE CHAMPIONSHIPS

12-13 December 2015, Barton Park Parramatta



After last year's unrelenting rain, we counted our blessings this year with pleasant weather. Zone has a great atmosphere, and it's always great to see the younger and older athletes mingling in together. It was also terrific to have a large group of U17s in what for some was their last Zone championships – our Cherrybrook athletes really led the "lap of honour" - we hope they enjoyed it.

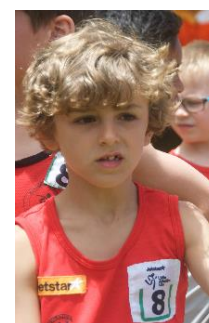
Unlike the soggy track last year conditions were great, and there were many fabulous times achieved, particularly in the sprints aided by a handy tail wind most of the weekend. Our under 7's were our youngest athletes competing at Zone, and this year's group again did very well. Special mention to four of our U7 athletes who medalled in their first ever championships: **Natasha Flahey** achieved **SILVER** in the U7G Discus, **Sadie James** also picked up **SILVER** in the U7G Shot Put and, **Joel Moresi** picked up a **BRONZE** in the U7B 500m as well as 4th in the 200m sprint. **Tayla Moore** came home as a triple **GOLD** medallist winning the U7 Girls 50m, 100m and Shot Put. Unfortunately our U7's don't go through to Region, but hopefully will be back next year to try and make it through. Of our other Junior athletes, special mention to **Marcus Papadimitriou** U8B who repeated his efforts from last year with four **1st** place finishes. In fact the whole U8 group performed particularly well, with 12 of our U8 athletes making it through to their first Regional Championship: **Marcus Papadimitriou**, **Bronsen Brown**, **Idris Burkhardt**, **Akith Ekanayake**, **James Lubrano**, **Andy Zouein** and **Tom Bishop** in the Boys, and **Ruby Perkins**, **Kaylah Bennett**, **Samantha Budden**, **Kollah Cannon** and **Serena Vanderklauw** in the U8 Girls.

Special mention also to a couple of other Junior multi event winners: to **Sienna Bond** in the U11G who also came home with four **GOLDS**, winning all 4 of her events and stepping up to fill in in a winning relay team also – well done. **Samara Bond** also won 3 events, as well as a third place and **GOLD** in the relay – a great effort.

There were so many other great performances at Zone that it is hard to know where to stop! Numerous athletes won multiple events, and well over 120 athletes finished in the top 6 in 1 or more events.

Particular mention to a number of Zone record breakers this year: **Sienna Bond** jumped superbly, breaking records in both the Long Jump with a great leap of 4.74m, and Triple Jump where she jumped 9.61m. **Josh Baddock** jumped amazingly well, with a leap of 6.80m in the U17 Boys Long Jump to break the Zone record, as well as winning the U17B Triple Jump and High Jump. **Amie Bowrey** added the U14 Girls Zone record to her list of previous records, with a massive throw of 36.48m in the Javelin. **Oliver Clarke** U17B set a new record in the 800m with a fast finishing 2.04.69 in the 800m. **Aleisha Scanlon** and **Katie Devitt** took turns breaking our own Shelly Jenneke's U17G 100m record, with Katie winning the final in the fastest time of the day at 12.34s. Our senior athletes are allowed to compete in up to 6 events, and a number qualified in 5 or more events including: **Lachlan Antoinette**, **Connor Bond**, **Amie Bowrey**, **Kate Collett**, **Joel Davidson**, **Rachel Ingram**, **Emily Jones**, **Ryan Jones**, **Morgan Little** and **Aleisha Scanlon** – what a talented group of athletes we have at Cherrybrook.

A small but vocal group of Cherrybrook supporters stayed all the way to Sunday afternoon for the 4x100m relays, where Cherrybrook performed really well to win 2 races, as well as a **2nd** and **3rd** place finish, which means all our relay teams made it through to Regional. Congratulations to our relays teams who gave the Cherrybrook supporters plenty to cheer about:



Junior Girls	GOLD	Samara Bond, Sienna Bond, Madi Zouein and Emily Crawford
Junior Boys	BRONZE	Marco Boccaletti, Nicholas Bradshaw, Lachie Dewar and Donovan Bradshaw
Senior Girls	GOLD	Scarlett Prowse, Eleanor Lamperts, Kate Collett and Katie Devitt
Senior Boys	SILVER	Connor Bond, Morgan Little, James Roffe and Beau Ingram



Full U7 Zone Results

NAME	EVENT	RESULT	PLACE
Jax Brown	500m	2:14:15s	12 th F
	LJ	2.16m	19 th F
	Shot	3.29m	12 th F
Zachary Budden	70m	13.94s	11 th H
	100m	19.18s	13 th H
	200m	39.61s	10 th H
	400m	42.48s	14 th H
	LJ	2.21m	18 th F
Emma Cherry	70m	14.04s	6 th F
	500m	2:14.44s	6 th F
Xavier Davidson	100m	20.10s	16 th H
	200m	41.44s	11 th H
	LJ	2.41m	14 th F
Natasha Flahey	50m	10.73s	11 th H
	200m	45.78s	12 th H
	Disc	6.98m	SILVER
Lilly Hayhurst	70m	14.69s	13 th H
	100m	20.55s	6 th H
	200m	45.50s	11 th H
	LJ	2.32m	9 th F
Sadie James	500m	2:15.36s	7 th F
	LJ	1.95m	16 th F
	Shot	4.21m	SILVER
Tayla Moore	50m	9.39s	GOLD
	100m	18.56s	GOLD
	LJ	2.32m	9 th F
	Shot	5.25m	GOLD
Joel Moresi	200m	37.82s	4 th F
	500m	1:48.02s	BRONZE
Jayden Terry	Shot	3.46m	11 th F

Key: H=Heat, F=Finals

Cherrybrook Zone Team

ATHLETE NAME	AGE	EVENTS
Jax Brown	7B	500, LJ, SP
Zachary Budden	7B	70,100,200,LJ
Xavier Davidson	7B	100,200,500, LJ
Joel Moresi	7B	200,500
Jayden Terry	7B	SP
Thomas Bishop	8B	200, 60 H, LJ, Disc
Marcus Papadimitriou	8B	100,400,60 H, LJ
James Lubrano	8B	200,400,700
Akith Ekanayake	8B	70, 200 60H, LJ
Kieran McCrostie	8B	100,60H, Disc
Bronson Brown	8B	200, 400, 700, LJ
Marcus Alloggia	8B	100, 400, SP
Andre Zouein	8B	70,100,200, 60H
Harry Uy	8B	100, LJ
Idris Burkhardt	8B	400,700
Harley Grace	8B	700
Aleksander Mendria	8B	70, 800,SP,Disc
Marco Boccaletti	9B	70,100,200, LJ
Oscar Davidson	9B	200, 400, 60H, LJ
Cameron Searle	9B	400,800, Disc, SP
Ashton Fisher	9B	200, 800, Walk, Disc
Abdel Hijazi	9B	400 800
Marcus Walsh	9B	400, 800, 60H, HJ
Liam Redman	9B	70,200,LJ
Nicholas Bradshaw	10B	70. 100, 60H, LJ
Thomas Alloggia	10B	100, 60H, LJ, Disc
William Austin	10B	60H, LJ, Disc, SP
Aaryan Pandey	10B	100,200,400,800
Bailey Chapman	10B	100. LJ, HJ, Disc
Xavier Rudolph	10B	SP, Disc
Gavin Hakim	10B	800m, walk
Julian Mendria	10B	100,200,800
Ryan Frykberg	11B	800, 1500
Corey Dewar	11B	200, Disc, SP, Jav
Lachlan Dewar	11B	100,200,LJ, Jav
Dylan Searle	11B	400, 800, TJ, Jav
Sam Marsden	11B	100,200,LJ, Jav
Hamish Smillie	11B	1500, Walk, Disc
Jacob Morige	11B	SP, Disc, Jav
Zachary Semaganda	11B	200,400, 60H, TJ
Matthew James	11B	800, Walk, Disc
Jordan Takounlao	11B	100,200,SP
Ben Anthony	11B	800,1500,TJ, Disc
James Tierney	11B	1500, 400
Alexander Mills	11B	400,800,walk, TJ
Ethan Geelan	11B	400,1500,SP
Matthew Roberts	11B	100,LJ, HJ, TJ
Riley Finlayson	11B	100, LJ, HJ
Finan Maher	11B	60H, LJ, HJ
John-Paul Edge-Bennett	11B	60H, HJ
Adam Watson	11B	60H, HJ, SP
Gabrielle Milletich	11B	60H
Jonathan Reid	12B	100, 60H LJ, TJ
Kaylan Clark	12B	60H, HJ, Disc, SP
James Farrington	12B	400,800,1500
Donovan Bradshaw	12B	100,200,400, LJ
Liam McKenzie	12B	400, LJ,TJ, HJ
Bill Hirst	12B	800 1500
Bailey Perkins	12B	100, 60H, LJ, HJ,
Robbie Cullen	12B	Disc, SP, Jav

Patrick Thom	12B	100, LJ, HJ, TJ
Bo Verbeek Wolthuys	12B	100,200
Jonty Rudolph	12B	400,800,1500
Bayden Little	13B	Walk, Disc, Jav
Jack Comeskey	13B	200,400,200H,LJ
Johnathon Friend	13B	800,1500,3000
Connor Bond	13B	100,200,80H, 200H, LJ
Oliver Lennox	13B	800,1500,3000
Oliver Morris	13B	100,200,80H, 200H, LJ, HJ
Max Hirst	13B	100,80H, LJ, TJ
William Mills	13B	200,400,800,1500,3000, Walk
Andrew Craig	13B	200,LJ,HJ,Jav
Harry Farrington	13B	400,800,1500,3000,HJ
Luke Tucker	13B	200,HJ, Disc, SP
William Bowden	13B	100,200,800
Buddy Nohra	13B	10,200,80H, LJ, Jav
Henry Roberts	13B	200, Disc
Samuel Hennessey	13B	Walk
Hashem Hijazi	14B	800,1500,3000
Morgan Little	14B	200,400,800,200H,SP,Jav
Joshua Coppolelli	14B	80H, 200H, LJ, TJ, SP
James Roffe	15B	100,200,LJ
Harish Abimanju	15B	100,200,400,LJ
Ben Bishop	15B	800,1500,3000
Kevin Yang	15B	Disc, SP
Ryan Jones	15B	1500,3000,LJ, TJ, Jav
Erik Frykberg	15B	800,1500,3000
Scott Chapman	15B	LJ, TJ, Disc, Jav
Luke Watson	15B	90H, 200H, LJ, HJ, TJ,
Ryan Hogan	15B	3000
Lachlan Antoinette	17B	90H, LJ,TJ, Disc, SP
Oliver Clarke	17B	400,800
Josh Baddock	17B	100,200,LJ, HJ, TJ
Beau Ingram	17B	100,200
Joel Davidson	17B	100,200, LJ, HJ, TJ
Natasha Flahey	7G	50,200,Disc
Emma Cherry	7G	70.500,
Tayla Moore	7G	50,100, LJ, SP
Lilly Hayhurst	7G	70,100,200, LJ
Sadie James	7G	500,LJ, SP
Ruby Perkins	8G	70,100, 60H, LJ
Aaliyah Grebert	8G	400,700,Disc, SP
Kaylah Bennett	8G	400,700,SP, LJ
Serena Vanderklauw	8G	100,200,60H LJ
Meera Murali	8G	70, 200,SP
Kollah Cannon	8G	60H, LJ, Disc, SP
Victoria Budden	8G	70,100,200,400
Samantha Budden	8G	100,200,700,LJ
Lucy Mills	8G	70,200, 400
Isla Mercer	8G	700
Thisenya Pinnagoda	8G	Disc, 60H,100,400
Sarah-anne Koot	9G	70, 60H, LJ,HJ
Anisha Anandh	9G	60H, LJ, Disc SP
Imogen Tonge	9G	SP, Disc
Erica Haigh	9G	400
Claudia Alloggia	9G	100,400,HJ, SP
Tahlia Geelan	9G	100,200,400,HJ
Olivia Moresi	9G	800, HJ
Isabella Fisher	9G	400,800,60H
Tahlia Searle	9G	100,200,800, LJ
Samara Bond	9G	70,100, 60H LJ

Sophie Watson	9G	800, 60H, LJ, HJ
Ava Barroccu	9G	100,200,400,800
Sophia Murray	9G	70
Maddison Hayhurst	10G	60H, Walk, HJ, Disc
Nicole McCrostie	10G	60H, LJ, HJ
Kaiya Grebert	10G	Walk, 800, 1500, Disc
Jessica Coppolelli	10G	Disc, SP
Sara Elkass	10G	100,200, Walk, 60H
Tara Webb	10G	70, 100,200, LJ
Sierra Timms	10G	800,1500
Charlotte Blair	10G	70,100,60H, LJ
Nieve Tierney	10G	800,1500
Madeline Zouein	10G	70,100,200,LJ
Lana Batar	10G	200,LJ,HJ, SP
Regina Shakaya	10G	100,200
Jacynta Eiserman	10G	Disc, SP 1500
Tessa Johnston	11G	200,400,800,HJ
Ella McKenzie	11G	60H, LJ, HJ,
Sienna Bond	11G	400,LJ, TJ, Hurdles
Michaela Haigh	11G	1500, 60H, HJ
Emily Crawford	11G	100, 200, 60H. TJ
Josephine Lennox	11G	800,1500
Sonia Walsh	11G	Walk, 60H, HJ, Disc
Lucinda Vanderklauw	11G	100,Walk, LJ, TJ
Jessica Boatwright	11G	200, SP, Disc
Olivia Macoustra	11G	HJ, SP
Miabella Nohra	11G	100,400,800, Disc
Danielle Osifo	12G	100, 200, LJ, TJ
Arienna Grebert	12G	800,1500,Walk, HJ
Xanthe Craig	12G	TJ, LJ, HJ, 400
Mykaela Hayhurst	12G	Walk, Disc, LJ, SP
Jud Hijazi	12G	200, 400, LJ, shot
Zahra Ginwala	12G	400,LJ
Tarlia Nohra	12G	100,200,Disc, SP
Kyan Hockley	12G	1500walk, 200,800

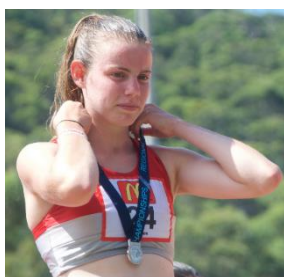
Sophia Georgescu	13G	100,200,LJ
Ashlea Ahmed	13G	400
Jenny Cummins	13G	400, 200H, LJ
Georgia Oconnor	13G	Disc
Zoe Petridis	13G	100,200,1500,LJ, TJ
Scarlette Prowse	13G	100,200,Disc, SP, Jav
Jacinta Walsh	13G	800,1500,3000,Disc
Bridgette Edmunds	13G	400, 80H, 200H, LJ, TJ, HJ
Kirsten Frykberg	13G	800,1500,3000
Emily Roffe	13G	100,200,400,LJ
Kaye Leong	13G	100,200,80H, LJ
Claire Watson	13G	80H, 200H, HJ,LJ
Kelly Chapman	13G	200,400,LJ,HJ
Jessica Smillie	14G	400,800,1500, 3000
Eleanor Lamperts	14G	100,200,LJ
Isabella Rudolph	14G	400, 800, HJ
Charlotte Barry	14G	200,LJ
Victoria Cullen	14G	800,3000,TJ,Disc,SP,Jav
Celeste Edmunds	14G	100,200,80H, 200H
Jacinta Thom	14G	800, 80H, 200H, 1500
Faith Devitt	14G	200, TJ
Manisha Kulasinghe	14G	100,200,LJ
Amie Bowrey	14G	200, 80H, LJ, Disc, Jav
Nicole Freestone	15G	HJ
Rachel Ingram	15G	100, 80H, 200H, LJ, HJ, TJ
Kate Collett	15G	80H,200, LJ, SP, Disc, Jav
Claire Eaton	15G	Disc, SP, Jav
Eve Timms	15G	200,800
Ella Hirst	15G	200H, LJ, TJ
Katie Devitt	17G	100,200
Aurora Henke	17G	100,200,90H
Aleisha Scanlon	17G	100,200,LJ,HJ, TJ
Emily Jones	17G	400,80H,200H, LJ, HJ, TJ
Lauren Clark	17G	Disc, Shot





REGION CHAMPIONSHIPS

13-14 February 2016, Narrabeen Academy of Sport



Having in the past endured torrential rain, this year it was dry and very, very hot!! As always, the competition at our Region, North Met (Region 5), was extremely tough, which culminated in some fantastic performances and many PB's from our athletes. There was a great team spirit amongst the Cherrybrook athletes, and great support from parents and friends which helped bring out the best in our athletes.

25 of our athletes placed first or second in their events, making it through to the State Carnival as automatic qualifiers. Another 23 athletes go through to State as one of the additional next 8 best qualifiers, making up a total Cherrybrook team of around 48 athletes at the State Championships.

We had a particularly large contingent of U8 athletes competing at Region for the first time, all of whom performed extremely well. The Boys were very well represented, and performed amazingly well with a number of stunning PB performances. **Marcus Papadimitrou** finished with an impressive 1 **BRONZE** and 3 **SILVERs** in the 100m, 60m hurdles, Long Jump and 400m. **Akith Ekanayake** finished amongst the medals with a great run to finish 3rd in the 60 hurdles as well as 5th and 8th in his heats of the 70m and 200m. **Idris Burkhardt** did really well in his first year at Little Athletics just missing the final of the 400m after placing 5th in his heat. **Tom Bishop** ran a massive PB in his 60m hurdles to make the final where he finished 7th, as well as making the final of the Discus where he finished 8th. **James Lubrano** ran a great PB in the 400m finishing 7th in his heat. But the performance of the day was **GOLD** for **Bronsen Brown** who ran a stunning 700m which he led from start to finish, as well as coming in a very close 3rd in the 400m and 5th in the 200m. The girls were not to be outdone, with **Ruby Perkins** having a great championships, finishing with **SILVERs** in the 70m and 100m, as well as **BRONZE** in the Long Jump and 6th in the 60m Hurdles. Her team mates also did well with **Kaylah Bennett** in 4 events, finishing 6th in the 700m, 8th in the Shot Put, 12th in the Long Jump and 7th in her 400m heat. **Samantha Budden** placed 8th in her 400m heat and 14th in the 700m, and **Serena Vanderklauw** finished 8th in her 200m heat. Hopefully all our U8 athletes will be back at Regional next year where they will have their first chance to make it through to the State Championships.

Cherrybrook had a number of fabulous all round performers. Particular mention to **Amie Bowrey** who finished with 4 **GOLDS** including a new Javelin record, as well as a **SILVER** and a 5th, **Sienna Bond** (11G) with 3 **GOLDS** and a **SILVER**, **Kate Collett** (U15G) with 2 **GOLDS** and a **SILVER** and 3 other top 8 finishes. **Danielle Osifo** (12G) had a great carnival finishing with 2 **GOLDS** including the Triple Jump record, and a **SILVER** and **BRONZE**, and **Emily Jones** in her final Region came home with 4 **SILVERs** and 2 other top 8 finishes – well done. Our other multi medal winners included **Harish Abimanju**, **Josh Baddock**, **Ben Bishop**, **Connor Bond**, **Donovan Bradshaw**, **Emily Crawford**, **Max Hirst**, **Ryan Frykberg**, **Morgan Little**, **Jonathan Reid** and **Kevin Yang** – this is no small achievement given the strength of our Region – well done!



This year we also had all 4 relays competing at Regional, with the following results:

Junior Girls	BRONZE	Samara Bond, Madi Zouein, Sienna Bond and Emily Crawford
Junior Boys	4TH	Marco Bocaletti, Nicholas Bradshaw, Sam Marsden and Donovan Bradshaw
Senior Girls	SILVER	Sophia Georgescu, Eleanor Lamperts, Kate Collett and Katie Devitt
Senior Boys	BRONZE	Connor Bond, Morgan Little, Harish Abimanju and Beau Ingram

Again, congratulations to all our athletes on a wonderful carnival, and to all of our families for your support.

Full U8 Region Results

NAME	EVENT	RESULT	PLACE
Ruby Perkins	70m	11.63s	SILVER
	100m	16.59s	SILVER
	60H	12.29s	6 th F
	LJ	3.28m	BRONZE
Samantha Budden	100m	18.61s	8 th H
	700m	2:57.46	14 th H
Serena Vanderklauw	200m	37.74s	7 th H
Kaylah Bennett	400m	1:31.78	7 th H
	700m	2:46.93	6 th H
	LJ	2.74m	12 th F
	SP	4.53m	8 th F
Akith Ekanayake	70m	12.07s	5 th H
Marcus Papadimitriou	100m	16.00s	BRONZE
	400m	1:14.64	SILVER
	60H	11.24s	SILVER
	LJ	3.64m	SILVER
Bronson Brown	200m	35.49s	5 th F
	400m	1:14.81	BRONZE
	700m	2:21.25	GOLD
Akith Ekanayake	200m	38.32s	8 th F
	60H	11.41s	BRONZE
Thomas Bishop	60H	11.76s	7 th F
	Disc	13.62m	8 th F

Key: H=Heat, F=Finals



Region Medallists

AGE	NAME	EVENT	RESULT	PLACE
U9G	Samara Bond	100m	16.12s	BRONZE
U9G	Isabella Fisher	800m	2:56.00	BRONZE
U10G	Jessica Coppolelli	SP	6.61m	BRONZE
U11G	Emily Crawford	100m	14.01s	SILVER
		200m	28.76s	SILVER
		60H	10.27s	SILVER
U11G	Sienna Bond	400m	1:05.55	SILVER
		60H	10.04s	GOLD
		LJ	4.66m	GOLD
		TJ	9.60m	GOLD
U12G	Danielle Osifo	100m	13.63s	SILVER
		200m	29.42s	BRONZE
		LJ	4.74m	GOLD
		TJ	10.55m	GOLD
U12G	Xanthe Craig	HJ	1.38m	BRONZE
U14G	Amie Bowrey	80H	13.11s	SILVER
		LJ	4.90m	GOLD
		SP	10.28m	GOLD
		Disc	31.25m	GOLD
		Jav	38.01m	GOLD
U14G	Isabella Rudolph	HJ	1.55m	GOLD
U15G	Kate Collett	LJ	4.81m	SILVER
		SP	12.21m	GOLD
U15G	Nicole Freestone	Disc	36.94m	GOLD
		HJ	1.55m	BRONZE
U15G	Ella Hirst	LJ	4.78m	BRONZE

U15G	Claire Eaton	Disc	30.09m	BRONZE
U17G	Katie Devitt	100m	12.65s	GOLD
U17G	Emily Jones	100H	15.80s	SILVER
		HJ	1.48m	SILVER
		LJ	5.25m	SILVER
		TJ	10.94m	SILVER

U10B	William Austin	SP	9.29m	SILVER
U11B	Ryan Frykberg	800m	2:31.73	BRONZE
		1500m	5:14.01	SILVER
U11B	Jacob Morige	SP	10.85m	GOLD
U11B	Alexander Mills	1100W	6:33.80	SILVER
U12B	Donovan Bradshaw	100m	13.49s	SILVER
		200m	27.05s	GOLD
		400m	1:01.59	GOLD
U12B	Johnathon Reid	60H	10.01s	BRONZE
		LJ	5.01m	GOLD
		TJ	10.28m	BRONZE
U12B	Liam McKenzie	HJ	1.49m	SILVER
U13B	Johnathon Friend	800m	2:18.93	BRONZE
U13B	Harry Farrington	3000m	10:53.71	GOLD
U13B	Max Hirst	80H	12.98s	SILVER
		LJ	5.06m	GOLD
		TJ	9.98m	GOLD
U13B	Connor Bond	80H	13.46s	BRONZE
		LJ	4.82m	SILVER
U14B	Morgan Little	200m	25.45s	SILVER
		400m	57.01s	BRONZE
		Jav	40.26m	GOLD

U15B	Harish Abimanju	100m 200m	12.64s 25.42s	BRONZE SILVER
U15B	Ben Bishop	800m 1500m 3000m	2:09.72 4:29.73 9:47.41	BRONZE BRONZE SILVER
U15B	Kevin Yang	SP Disc	15.26m 51.51m	GOLD GOLD

U15B	Scott Chapman	Jav	40.66m	BRONZE
U17B	Joel Davidson	200m	23.98s	BRONZE
U17B	Oliver Clarke	400m 800m	52.89s 2:01.73	SILVER SILVER
U17B	Josh Baddock	LJ TJ	6.60m 13.58m	SILVER GOLD
U17B	Lachlan Antoinette	SP	13.09m	SILVER



Other Region Performances

AGE	NAME	EVENT	RESULT	PLACE
U9G	Samara Bond	70m 60H LJ	11.40s 11.15s 3.44m	4 th F 5 th F 6 th F
U9G	Sarah-anne Koot	70m	11.86s	5 th H
U9G	Ava Barroccu	100m 200m 400m	17.05s 35.83s 1:24.19	7 th H 6 th H 8 th H
U9G	Isabella Fisher	400m	1:16.32	5 th F
U9G	Olivia Moresi	800m HJ	3:08.75 0.95m	9 th F 8 th F
U10G	Madelynne Zouein	70m 100m	11.18s 16.09s	7 th F 5 th H
U10G	Regina Shakya	100m 200m	16.03s 33.10sw	7 th F 4 th F
U10G	Tara Webb	100m 200m LJ	16.19s 33.59s 3.43m	7 th H 6 th H 12 th F
U10G	Nicole McCrostie	60H LJ	12.48s 3.42m	7 th H 13 th F
U10G	Maddison Hayhurst	HJ 1100W	1.05m 9:46.52	10 th F 14 th F
U10G	Jessica Coppolelli	Disc	22.94m	4 th F
U10G	Kaiya Grebert	1100W	7:11.44	7 th F
U11G	Sonia Walsh	1100W	7:41.34	6 th F
U11G	Michaela Haigh	HJ	1.25m	6 th F
U11G	Ella Mckenzie	HJ	1.02m	8 th F
U11G	Olivia Macoustra	SP	6.18m	15 th F
U11G	Jessica Boatwright	Jav	17.39m	5 th F
U12G	Jud Hijazi	400m	1:12.72	4 th H
U12G	Arienna Grebert	800m 1500m 1500W	3:02.40 6:04.50 9:19.15	14 th F 11 th F 4 th F
U12G	Xanthe Craig	TJ	8.65m	8 th F

U12G	Tarlia Nohra	Disc	20.06m	12 th F
U12G	Mykaela Hayhurst	1500W	10:57.84	7 th F
U13G	Sofia Georgescu	100m 200m	14.43s 29.94s	6 th H 7 th F
U13G	Ashlea Ahmed	400m	1:14.57	7 th H
U13G	Kirsten Frykberg	800m 1500m 3000m	2:36.50 5:26.73 11:56.66	8 th F 8 th F 5 th F
U13G	Kelly Chapman	HJ LJ	1.45m 4.02m	4 th F 11 th F
U13G	Georgia O'Connor	Disc	31.18m	4 th F
U14G	Eleanor Lamperts	100m 200m LJ	13.74s 27.58s 4.45m	4 th F 4 th F 6 th F
U14G	Faith Devitt	200m TJ	29.02s 9.39m	6 th H 8 th F
U14G	Amie Bowrey	200m	28.72s	5 th F
U14G	Celeste Edmunds	100m 200m 200H	14.66s 30.54s 32.06s	6 th H 5 th H 6 th F
U14G	Isabella Rudolph	400m	1:05.03	5 th F
U14G	Charlotte Barry	LJ	4.59m	4 th F
U14G	Victoria Cullen	SP Disc Jav	8.14m 19.20m 25.20m	7 th F 9 th F 6 th F
U15G	Rachel Ingram	100m 90H 200H LJ TJ	14.83s 15.79s 32.06s 3.62m 8.62m	6 th F 5 th H 5 th F 12 th F 13 th F
U15G	Eve Timms	200m 800m	29.98s 2:31.66	7 th F 6 th F
U15G	Kate Collett	200m 400m 90H	27.89s 1:06.11 15.34s	4 th F 5 th F 7 th F

U15G	Nicole Freestone	400m	1:06.94	6 th F
U15G	Ella Hirst	TJ	9.96m	6 th F
U17G	Katie Devitt	200m	26.00	4 th F
U17G	Emily Jones	400m 200H	1:07.06 31.31s	8 th F 5 th F
U17G	Aurora Henke	100H	17.06s	4 th F

U8B	James Lubrano	400m	1:27.87	7 th H
U8 B	Idris Burkhardt	400m	1:21.23	5 th H
U9B	Marco Boccaletti	70m	11.45s	5 th H
		100m	16.29s	5 th H
		200m	33.71s	4 th H
		LJ	3.39m	9 th F
U9B	Oscar Davidson	200m	33.79s	6 th H
		400m	1:19.15	7 th H
		60H	12.09s	7 th H
U9B	Marcus Walsh	400m 800m	1:16.30 2:49.39	4 th H 6 th F
U9B	Ashton Fisher	700W	5:35.66	9 th F
U10B	Nicholas Bradshaw	70m	10.92s	4 th F
		100m	15.45s	5 th H
U10B	Julian Mendria	100m	16.29s	7 th H
		200m	33.61s	5 th H
U10B	William Austin	60H	13.04s	7 th H
		LJ	3.68m	11 th F
		Disc	29.31m	4 th F
U10B	Bailey Chapman	HJ	1.10m	13 th F
U11B	Riley Finlayson	100m	14.69s	5 th F
U11B	Sam Marsden	100m	14.75s	8 th F
		200m	31.02s	6 th H
		Jav	12.42m	14 th F
U11B	Matthew Roberts	100m	15.40s	8 th H
		LJ	3.84m	14 th F
		TJ	8.35m	13 th F
U11B	Zachary Semaganda	200m	30.03s	4 th F
		400m	1:09.86	6 th F
		60H	10.40s	5 th F
		TJ	9.21m	4 th F
U11B	Alexander Mills	400m	1:11.68	7 th F
		800m	2:51.09	14 th F
		TJ	8.66m	6 th F
U11B	Dylan Searle	400m	1:12.80	8 th F
		800m	2:44.15	9 th F
		TJ	8.63m	7 th F
U11B	Gabrielle Miletich	60H	12.53s	8 th F
U11B	Finan Maher	HJ	1.20m	12 th F
U11B	Lachlan Dewar	LJ	2.90m	15 th F
		Jav	14.18m	13 th F
U11B	Corey Dewar	Jav	14.32m	11 th F
U11B	Jacob Morige	Disc	22.15m	6 th F
		Jav	16.88m	9 th F

U11B	Jordan Takounlao	SP	8.38m	9 th F
U12B	Bailey Perkins	100m	14.95s	6 th H
		60H	11.01s	5 th H
		LJ	4.26m	8 th F
U12B	Liam McKenzie	400m	1:11.11	5 th H
		LJ	4.23m	10 th F
		TJ	10.20m	5 th F
U12B	James Farrington	400m	1:14.36	8 th H
		800m	2:41.27	11 th F
		1500m	5:12.02	5 th F
U12B	Patrick Thom	HJ	1.40m	8 th F
U13B	Max Hirst	100m	13.79s	3 rd H
U13B	Connor Bond	200m	28.73s	7 th F
U13B	Johnathon Friend	200m	29.51s	8 th F
		400m	1:00.95	5 th F
U13B	Harry Farrington	800m	2:25.08	5 th F
U13B	William Mills	800m	2:43.39	13 th F
		3000m	12:09.43	6 th F
		1500W	9:05.89	4 th F
U13B	Andrew Craig	HJ	1.40m	8 th F
U13B	Bayden Little	Disc	20.84m	8 th F
		Jav	26.92m	4 th F
		1500W	10:18.03	6 th F
U13B	Samual Hennessey	1500W	10:31.49	7 th F
U14B	Hashem Hijazi	1500m	5:16.82	8 th F
		3000m	11:45.08	5 th F
U14B	Joshua Coppolelli	90H	18.74s	8 th F
		200H	32.05s	7 th F
		TJ	9.24m	8 th F
U14B	Morgan Little	SP	12.76m	6 th F
U15B	Harish Abimanju	400m	59.41s	5 th H
U15B	Eric Frykberg	LJ	5.22m	5 th F
		800m	2:22.14	8 th F
		1500m	4:51.06	7 th F
U15B	Ryan Jones	3000m	11:17.46	8 th F
		1500m	4:59.23	9 th F
		3000m	10:37.11	5 th F
		LJ	4.19m	7 th F
		TJ	9.75m	5 th F
U15B	Ryan Hogan	Jav	23.38m	7 th F
		3000m	10:49.03	6 th F
U15B	Scott Chapman	TJ	10.17m	4 th F
		Disc	30.07m	10 th F
U17B	Joel Davidson	100m	12.05s	4 th F
		LJ	6.00m	6 th F
		TJ	11.78m	7 th F
U17B	Beau Ingram	100m 200M	12.19s 24.65S	5 th F 6 TH F
U17B	Lachlan Antoinette	TJ	9.19m	11 th F
		Jav	32.52m	7 th F



STATE CHAMPIONSHIPS

18-20 March 2016, SOPAC Homebush

We had great athletics weather – mostly dry but not too hot. As per usual, the standard at State was amazing, with many fantastic times and distances achieved. For those competing at State for the first time, it is an experience quite unlike any other. All events have up to 24 athletes from around the State, who have qualified either by coming top 2 at their Region, or being one of the next 8 best qualifiers from any Region, so the competition is always tough. This year the format was a little different for our distance runners with straight timed finals for the 800m which definitely improved the program for those athletes. Our team was a little depleted by injury, and some of those who made the trek across to Perth for the Australian Junior Championships the previous week found it more difficult than usual to repeat those performances. However the team performed very strongly with a haul of 22 medals – **9 GOLD**, **10 SILVER** and **3 BRONZE** with another 36 top 10 performances which at State level is an excellent achievement.

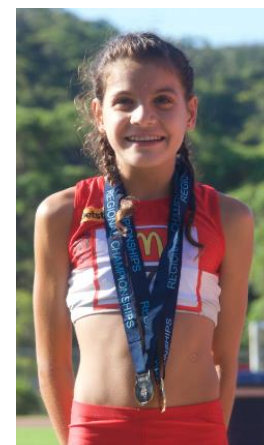
Cherrybrook had two U9 athletes qualify for State – U9 being the youngest Age Group able to compete at the Championships. Well done to **Samara Bond** who qualified for State in 4 events and performed extremely well running some great times, finishing 11th in the 70m, 10th in the 100m, 14th in the 60m Hurdles and 11th in the Long Jump – a great effort for her first State. Congratulations also to **Isabella Fisher** who showed her quality as a middle distance athlete – qualifying for State in both the 400m and 800m, where she competed really well with a couple of PB performances finishing 12th and 14th respectively – well done.

To win one medal at State is a wonderful achievement, but to win multiple medals is a superb effort, which a number of our athletes achieved this year. Of our Junior athletes, **Sienna Bond** (U11G) had a wonderful championships finishing with **GOLD** in the Hurdles, and **SILVER** in the 400m, the Triple Jump and the Long Jump – what a wonderful all round performance. Her team-mate **Emily Crawford** also performed extremely well with a **BRONZE** in the 60m Hurdles, **SILVER** in the 200m and a close 4th in the 100m. **Jonathon Reid** (U12B) again ran and jumped extremely well to finish with medals in both the Long Jump - **BRONZE**, and Triple Jump - **SILVER** – as well as a tight 4th finish in the Hurdles - very well done. Last but not least, **Donovan Bradshaw** (U12B) had an amazing championships, beginning with **GOLD** and a new State record of 56.88s in the 400m, followed by **SILVER** in the 100m, and a photo finish to win **GOLD** in the 200m in 25.94s – amazing times!!

Of our Senior athletes, **Kevin Yang** showed himself to be amongst our most consistent performers with great throws of 14.67m to win the U15 Boys Shot Put, and 51.54m to take the **SILVER** in the Discus. **Josh Baddock** had an excellent weekend with 2 great performances – in the Long Jump he broke the 7 metre barrier with a massive jump of 7.17m to win the U17 Boys Long Jump, and in the process set a new State record. He followed this with a great jump of 14.23m to win the Triple Jump on Sunday – amazing results

In the AWD events, **Kailyn Joseph** repeated her great performances from last year, again coming away with 3 medals - **SILVER**s in Long Jump & Discus and **BRONZE** in 100m with a great PB performance – a terrific effort – Kailyn has been a wonderfully consistent all round performer.

Our other **GOLD** medallists included: **Amie Bowrie** (14G Javelin), **Katie Devitt** (17G 100m) and **Nicole Freestone** (15G High Jump).



State Medallists

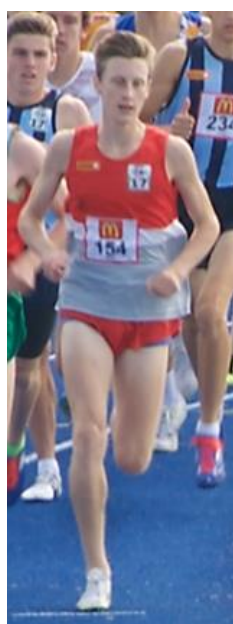
AGE	NAME	EVENT	RESULT	PLACE
U11G	Sienna Bond	400m	1:04.03	SILVER
		60mH	9.75s	GOLD
		LJump	4.72m	SILVER
		TJump	9.83m	SILVER
U11G	Emily Crawford	200m	27.58s	SILVER
		60mH	9.94s	BRONZE
U14G	Amie Bowrie	Jav	41.12m	GOLD
U14G	Kailyn Joseph T/F37	100m	17.78s	BRONZE
		LJump	3.69m	SILVER
		Disc	18.97m	SILVER
U14G	Isabella Rudolph	HJump	1.63m	SILVER

U15G	Nicole Freestone	HJump	1.64m	GOLD
U17G	Katie Devitt	100m	12.31s	GOLD
U12B	Donovan Bradshaw	100m	13.01s	SILVER
		200m	25.94s	GOLD
		400m	56.88s	GOLD
U12B	Johnathan Reid	LJump	5.08m	BRONZE
		TJump	10.90m	SILVER
U15B	Kevin Yang	Disc	51.54m	SILVER
		Shot	14.67m	GOLD
U17B	Josh Baddock	LJump	7.17m	GOLD
		TJump	14.23m	GOLD

Other State Performances

AGE	NAME	EVENT	RESULT	PLACE
U9G	Samara Bond	70m	11.25s	9 th H
		100m	15.27s	10 th H
		60Mh	11.21s	14 th H
		Ljump	3.58m	11 th F
U9G	Isabella Fisher	400m	1:15.71	12 th H
		800m	3:00.32	14 th F
U10G	Jessica Coppolelli	Disc	24.54m	19 th F
U11G	Emily Crawford	100m	13.74s	4 th F
U12G	Xanthe Craig	Hjump	1.30m	15 th F
U12G	Danielle Osifo	100m	13.82s	7 th F
		200m	29.25s	15 th H
		LJump	4.38m	14 th F
		TJump	10.23m	4 th F
U13G	Kelly Chapman	Hjump	1.40m	15 th F
U13G	Kirsten Frykberg	3000m	11:42.41	15 th F
U13G	Georgia O'Connor	Disc	28.48m	17 th F
U14G	Amie Bowrey	80Mh	13.43s	10 th H
		Ljump	5.09m	4 th F
		Shot	10.78m	5 th F
U14G	Eleanora Lamperts	200m	27.47s	16 th H
U15G	Kate Collett	90Mh	15.95s	16 th H
		Ljump	4.64m	10 th F
		Disc	26.55m	18 th F
		Shot	11.82m	5 th F
U15G	Claire Eaton	Disc	29.13m	12 th F
U15G	Ella Hirst	LJump	4.89m	5 th F
U15G	Rachel Ingram	200m	32.56s	18 th H
U15G	Eve Timms	800m	2:32.06	14 th F
U17G	Katie Devitt	200m	25.90s	4 th F
U17G	Aurora Henke	100m	16.19s	12 th H
U17G	Emily Jones	100mH	16.01s	10 th H
		200mH	30.56s	12 th H
		Hjump	1.45m	20 th F
		Ljump	5.05m	9 th F
		Tjump	11.25m	4 th F

U10B	William Austin	Disc Shot	25.26m 8.54m	15 th F 10 th F
U11B	Ryan Frykberg	800m 1500m	2:30.79 5:05.27	8 th F 6 th F
U11B	Alexander Mills	1100W	5:37.34	5 th F
U11B	Jacob Morige	Shot	11.34m	5 th F
U11B	Zachary Senaganda	60mH	10.23s	11 th H
		TJump	8.89m	10 th F
U12B	Liam McKenzie	HJump	1.50m	5 th F
U12B	Johnathan Reid	60mH	9.82s	4 th F
U13B	Connor Bond	80Mh	13.25s	5 th F
		LJump	4.51m	14 th F
U13B	Harry Farrington	800m	2:26.86	16 th F
		3000m	10:19.68	4 th F
U13B	Johnathon Friend	400m	1:00.25	13 th H
		800m	2:21.35	11 th F
U13B	Max Hirst	80mH	12.90s	4 th F
		LJump	4.79m	9 th F
		TJump	10.47m	8 th F
U13B	Bayden Little	1500W	9:30.72	10 th F
		Jav	27.84m	11 th F
U14B	Morgan Little	200m	25.62s	8 th F
		400m	56.69s	11 th H
		Shot	12.88m	8 th F
		Jav	37.80m	4 th F
U15B	Harish Abimanju	200m	24.94s	15 th H
U15B	Ben Bishop	800m	2:10.52	10 th F
		1500m	4:32.35	9 th F
		3000m	9:54.09	8 th F
U15B	Ryan Jones	3000m	10:33.57	17 th F
U17B	Oliver Clarke	400m	52.92s	14 th H
		800m	2:05.07	16 th F
U17B	Joel Davidson	200m	23.74s	11 th H
		LJump	6.34m	7 th F
		TJump	11.61m	15 th F



STATE MULTI EVENT CHAMPIONSHIPS

5-6 March 2016, Dubbo

We were back in the country this year, as a small but very dedicated group of Cherrybrookians made the long trek out to Dubbo for this year's State Multi Championships. It was not for the faint hearted, with both days enjoying beautiful sunshine, but temperatures up in the high 30's meant the weather matched the level of competition – extremely hot!! Athletes compete in a range of events depending on Age Group – jumps, throws, sprints, hurdles and a distance race, and receive points based on performance standards which are then aggregated to make a final point score for each athlete. State multi combines many of the best aspects of athletics – all round participation and giving your best in every event, with the importance placed on getting the best result you can rather than where you come in any given event. Given the weather, there was a large element of endurance required to achieve the best overall result. The new Dubbo track was an amazing facility and proved a great experience for all our athletes.

The Cherrybrook team was small but definitely punched above its weight, with some of our best all round athletes competing: **Tayla Moore**, **Ruby Perkins**, **Tom Bishop**, **William Austin**, **Jonathon Reid**, **Amie Bowrey** and **Kate Collett**.

Particular congratulations to our medal winners – **Tayla Moore** who had a fantastic carnival, leading the competition pretty much from start to finish and coming home with **GOLD** in the U7 Girls event, along the way equalling the State Shot Put record with an amazing throw of 8.01m. **William Austin** who performed a couple of big PB's over the weekend including a 5 second PB in the last event of the day – his 800m, to come home with **BRONZE**. **Jonathon Reid** had a great carnival and was really strong on the track and in the Long Jump, proving himself a wonderful all round performer, winning **GOLD** in the U12 Boys event. **Amie Bowrey** also had another excellent State Multi carnival, with 3 big PB's including a massive 15 second PB in the 800m to finish with our best overall score of 5151 points, and the **SILVER** medal in the U13 Girls event. **Kate Collett** showed again that she is much more than just a good thrower, performing really well across the board, winning **GOLD** in the hotly contested U15 Girls Age Group. **Kate** was rewarded for her great performance with selection in the "ALAC" team for the U15's Multi event (4 athletes per state)

Our under 8's also did really well, with **Ruby Perkins** performing 2 great PB's and strong performances across all events to narrowly miss a medal, finishing a close 4th, and **Tom Bishop** also performing well with 2 big PB's to finish 13th overall. Next year's State Multi will be held in the Hunter Region, so set aside the first weekend in March and come and join an amazing athletics carnival.

AGE	NAME	RESULT	PLACE
U7G	Tayla Moore	4974	GOLD
U8G	Ruby Perkins	4855	4 th
U8B	Tom Bishop	4050	13 th
U10B	William Austin	4640	BRONZE
U12B	Jonathon Reid	4428	GOLD
U14G	Amie Bowrey	5151	SILVER
U15G	Kate Collett	4757	GOLD



AUSTRALIAN LITTLE ATHLETICS CHAMPIONSHIPS

24 April 2016, Adelaide

The Australian Little Athletics Championships (ALAC) is a highly contested team of 26 Under 13 athletes and 6 Under 15 multi event athletes selected each year to represent NSW in the only interstate Little Athletics competition.

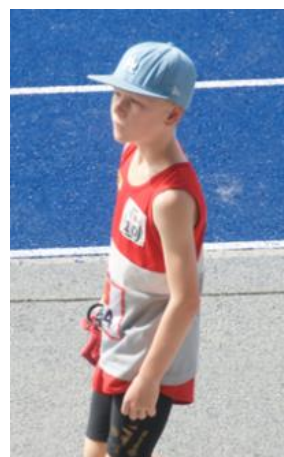
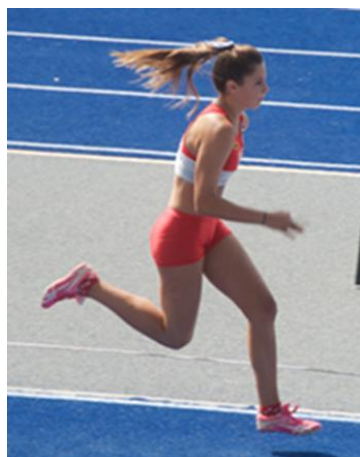
The NSW team prepares with 2 camps at Narrabeen where the team trains, participates in team building and has a lot of fun! The championships were held in Adelaide on Sunday 24th April 2016. The opening ceremony commenced at 8:15am with a crisp 17degrees in beautiful sunny conditions.

Cherrybrook was represented by 1 athlete this year – **Kate Collett**, who returned to ALAC after competing in the U13 team in Melbourne in 2014. Kate gained selection for ALAC after competing in and coming **1st** in the U15 multi event at NSW State Multi in March this year held in Dubbo. This follows the strong tradition of Cherrybrook members being selected for the state team, with 11 Cherrybrook athletes selected in the past 7 years.

In Adelaide under 15 athletes compete in 5 events in 1 day. The U15 multi event girls' competition includes the 200m, 90Hurdles, Shot Put, Long Jump and 800m. Kate also gained selection into the combined relay that is featured at the conclusion of the day. Kate finished overall in 15th place amongst a very competitive field. Coming first in Shot Put and achieving a PB in Long Jump. The 4 x 100m combined relay finishing in a very close 4th position. NSW took out the U13 overall point score trophy, and finished a very close second place in the U15 multi event.

This event is truly special and it is both an honour and a privilege to be part of this team. Kate has very much enjoyed her experience and would urge her fellow club members to include this event in their goal setting. Many friendships are made, the team atmosphere is a lot of fun and the whole journey is very rewarding. Congratulations to Kate on her very strong performances.

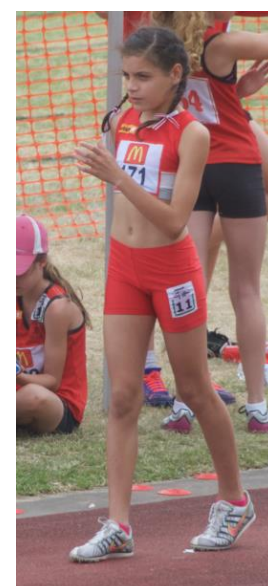
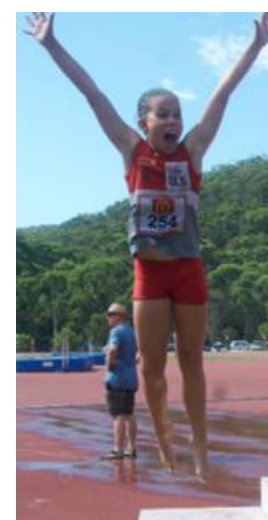
Sydney will host ALAC in 2017 introducing a new program with the competition running over 2 days.



JUNIOR CLUB RECORDS BROKEN OR ESTABLISHED

RECORDS BROKEN

AGE	NAME	EVENT	PREVIOUS RECORD	NEW RECORD
8B	Bronsen Brown	700m	2:26.26	2:25.77
8B	Marcus Papadimitriou	60m Hurdles	12.36s	11.87s
10B	Nicholas Bradshaw	200m	31.32s	31.13s
10B	William Austin	Discus	30.20m	31.73m
10B	William Austin	Shot Put	9.67m	9.71m
11B	Jacob Morige	Shot Put	10.21m	11.26m
12B	Donovan Bradshaw	100m	13.72s	13.02s
12B	Donovan Bradshaw	200m	28.21s	26.85s
12B	Donovan Bradshaw	400m	1:03.74	1:03.67
12B	Jonathan Reid	Triple Jump	10.47m	10.53m
12B	Jonathan Reid	Long Jump	5.00m	5.22m
13B	Max Hirst	80m Hurdles	14.43s	13.73s
13B	William Mills	1500m Walk	08:09.51	08:09.27
14B	Morgan Little	200m	28.25s	25.90s
14B	Morgan Little	400m	1:02.77	58.87s
15B	Harish Abimanju	200m	28.06s	25.76s
15B	Benjamin Bishop	1500m	4:39.69	4:33.50
15B	Benjamin Bishop	3000m	10:41.17	10:04.18



AGE	NAME	EVENT	PREVIOUS RECORD	NEW RECORD
7G	Tayla Moore	Shot Put	6.81m	7.25m
7G	Tayla Moore	Discus	12.05m	14.42m
8G	Ruby Perkins	60m Hurdles	12.43s	12.04s
9G	Samara Bond	700m Walk	05:22.94	04:36.40
11G	Emily Crawford	100m	14.42s	14.40s
11G	Emily Crawford	200m	30.80s	28.31s
11G	Sonia Walsh	1100m Walk	08:10.06	07:35.56
11G	Sienna Bond	60m Hurdles	10.79s	9.82s
11G	Sienna Bond	Triple Jump	9.55m	9.76m
11G	Sienna Bond	Long Jump	4.35m	4.58m
12G	Danielle Osifo	Triple Jump	9.79m	10.54m
13G	Scarlett Prowse	200m	28.56s	28.95s

RECORDS ESTABLISHED

AGE	NAME	EVENT	INITIAL RECORD
9B	Thomas Macey	700m Walks	04:31.73
10B	William Austin	1100m Walk	07:41.26
10G	Kaiya Grebert	1100m Walk	07:09.78
11B	Dylan Searle	Javelin	20.44m
11G	Emily Crawford	Javelin	17.51m
12G	Arienna Grebert	1100m Walk	09:24.02
13G	Sofia Georgescu	1500m Walk	11:13.78
14G	Victoria Cullen	1500m Walk	10:05.20

JUNIOR AWARDS

COLOUR PATCHES

The colour patch achievement system is targeted at the U7-U17 Age Groups to encourage individuals to strive for their best. The award of colour patches does not include the U6 Age Group as the goal of this group is to encourage the enjoyment of athletics and development of basic skills and coordination. As athletes get older, the colour patch is the club's main system to encourage and reward self-improvement.

This season we saw some fantastic personal achievements. This form of recognition is an excellent way for athletes to gain acknowledgment for their personal achievements separate from any achievements they may gain through Representative competition. The tiered structure encourages athletes to strive for their best in a range of events and provides interim rewards as they improve through the year. Results achieved at Gala Days and Representative competition (Zone, Region and State carnivals) can all be included in the patch achievement system

GOLD Patch Award

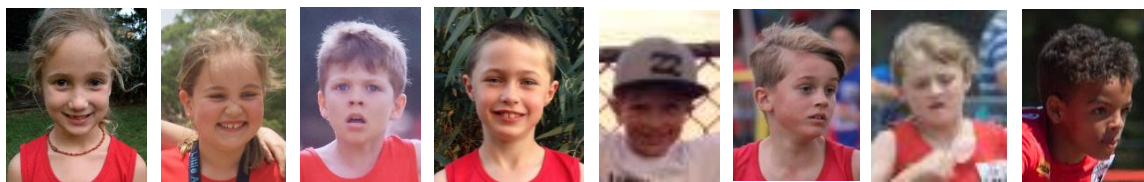
Congratulations to the following athletes awarded a GOLD patch - the club's highest recognition of personal athletic achievement: **Ruby Perkins** U8G, **Emily Crawford** U11G, **Jonathan Reid** U12B, **William Austin** U10B and **Donovan Bradshaw** U12B.



Congratulations to the U8 Boys and Girls who outscored every other Age Group by a large margin with a 72 massive patches awarded to 30 athletes, 22 of these patches to the boys. 109 athletes achieved colour patches this year with a further 7 athletes achieving the Blue patch (one under Gold) which is also an outstanding achievement.

100% ATTENDANCE

The following athletes have attended 100% of the nights this season and they (and their parents) are congratulated for their dedication and enthusiasm. **Marley Lowe** U6G, **Tayla Moore** U7G, **Joel Moresi** U7B, **Angus Weeden** U7B, **Thomas Bishop** U8B, **Harley Grace** U8B, **Serena Vanderklauw** U8G, **Sarah-anne Koot** U9G, **Cameron Searle** U9B, **Tahlia Searle** U9G, **Lucinda Vanderklauw** U11G and **Zachary Semaganda** U11B.



MOST CONSISTENT TRACK ATHLETE AND MOST CONSISTENT FIELD ATHLETE

These awards are based on the week by week results of each athlete in the Age Group. To achieve the highest level, it is necessary to attend as many weeks as possible, go in as many events as are available and finish in the top ten in each event that is attempted. The points are computer generated and awarded as follows:

1 st = 10 points	2 nd = 9 points	3 rd = 8 points	4 th = 7 points	5 th = 6 points
6 th = 5 points	7 th = 4 points	8 th = 3 points	9 th = 2 points	10 th = 1 point

MOST IMPROVED ATHLETE

As with the Most Consistent Athlete, this award is also dependant on the number of times an athlete attends and the number of events participated in. Points are awarded if an athlete improves their best time or distance in each attempted event. Points for this award are calculated as follows:

Better than last personal best = 10 Points

Equal to last personal best = 5 Points

To be eligible for any of the above awards an athlete should have attended at least 52% of the available weeks in the season, or have a legitimate reason for attending less eg injury. Consideration may also be given to dual registered athletes U12+ who may also be competing in the weekend Seniors program.

*NB: If an athlete gains first place in **all three awards**, they will be given the Most Consistent Track & Field Athlete award, as that is seen as the most prestigious award. The first runner up for the Most Improved Award will then become the Most Improved trophy recipient.*

*If an athlete gains first place in **either** the Most Consistent Track **or** Most Consistent Field awards **and** first in the Most Improved award, they will be given the Most Consistent Track or Most Consistent Field Athlete award, as that is seen as the most prestigious award. The first runner up for the Most Improved Award will then become the Most Improved trophy recipient.*

Actual points given as quoted above can be changed from season to season. It should be noted that the committee will work out which week the calculation for the above awards will commence.

AGE GROUP	MOST CONSISTENT TRACK ATHLETE	MOST CONSISTENT FIELD ATHLETE	MOST IMPROVED ATHLETE
U7 BOYS	Joel Moresi	Angus Weeden	Joel Moresi
	Zachary Budden	Joel Moresi	Angus Weeden
	Ryan Zhong	Zachary Budden	Zachary Budden
U8 BOYS	Akith Ekanayake	Thomas Bishop	Keiran McCrostie
	Bronsen Brown	Bronsen Brown	Akith Ekanayake
	Thomas Bishop	Akith Ekanayake	Bronsen Brown
U9 BOYS	Marcus Walsh	Keanu Wells	David Wu
	Keanu Wells	Ashton Fisher	Cameron Searle
	Marco Boccaletti	Marcus Walsh	Angus Morley
U10 BOYS	William Austin	William Austin	Kent Mizukoshi
	Nicholas Bradshaw	Nicholas Bradshaw Bailey Chapman	Nicholas Bradshaw
	Kent Mizukoshi	Kent Mizukoshi	Thomas Shannon
U11 BOYS	Zachary Semaganda	Matthew Roberts	Zachary Semaganda
	Alex Mills	Dylan Searle	Dylan Searle
	Dylan Searle	Zachary Semaganda	Matthew Roberts
U12 BOYS	Donovan Bradshaw	Jonathan Reid	Jonathan Reid
	Jonathan Reid	Bailey Perkins	Ethan Heaton
	Bailey Perkins	Robbie Cullen	Donovan Bradshaw Kaylan Clark
U13 BOYS	William Mills	Connor Bond	William Mills
	Harry Farrington	Bayden Little	Samuel Hennessey
	Connor Bond	Harry Farrington	Bayden Little
U14 BOYS	Morgan Little	Morgan Little	Lawrence Cuevas
	Lawrence Cuevas	Lawrence Cuevas	Morgan Little
	Ernest Ho	Thisara Gunawardena	Thisara Gunawardena
U15 BOYS	Henry Migallo	Scott Chapman	Scott Chapman
	Harish Abimanju	Anderson Choo	Harish Abimanju
	Thomas Hennessey	Thomas Hennessey	Thomas Hennessey

AGE GROUP	MOST CONSISTENT TRACK ATHLETE	MOST CONSISTENT FIELD ATHLETE	MOST IMPROVED ATHLETE
U7 GIRLS	Tayla Moore	Tayla Moore	Tayla Moore
	Emma Cherry	Lilly Hayhurst	Samantha Palozzi
	Lilly Hayhurst	Samantha Palozzi	Natasha Flahey
U8 GIRLS	Ruby Perkins	Ruby Perkins	Amy Timms Aaliyah Grebert Serena Vanderklauw
	Serena Vanderklauw	Kaylah Bennett	Kaylah Bennett
	Kaylah Bennett	Serena Vanderklauw	Ruby Perkins
U9 GIRLS	Sarah-anne Koot	Samara Bond	Olivia Moresi
	Samara Bond	Sarah-anne Koot	Sarah-anne Koot
	Isabella Fisher	Tahlia Geelan	Anisha Anandh
U10 GIRLS	Tara Webb	Tara Webb	Nicole McCrostie
	Sierra Timms	Nicole McCrostie	Isabelle Miechels Lana Batar
	Nicole McCrostie	Isabelle Miechels	Tara Webb
U11 GIRLS	Sienna Bond	Emily Crawford	Lucinda Vanderklauw
	Emily Crawford	Ella McKenzie	Chloe Creusot
	Chloe Creusot	Sienna Bond	Ella McKenzie
U12 GIRLS	Arienna Grebert	Arienna Grebert	Arienna Grebert
	Danielle Osifo	Xanthe Craig	Mykaela Hayhurst
	Xanthe Craig	Danielle Osifo	Charlotte Surjan
U13 GIRLS	Kirsten Frykberg	Scarlett Prowse	Kirsten Frykberg
	Kelly Chapman	Kelly Chapman	Gaelle Creusot
	Jennifer Cummins	Jennifer Cummins	Sofia Georgescu
U14 GIRLS	Faith Devitt	Victoria Cullen	Faith Devitt
	Victoria Cullen	Faith Devitt	Victoria Cullen
	Eleanor Lamperts	Isabella Ong	Niamh Gibbons

U15 GIRLS	Kate Collett	Kate Collett	Jasmine Vink
	Eve Timms	Rachel Ingram	Rachel Ingram Eve Timms
	Rachel Ingram	Jasmine Vink	Grace Wang
U17 GIRLS	Madeline Hennessey	Emily Jones	Emily Jones
	Emily Jones	Madeline Hennessey	Madeline Hennessey
	Katie Devitt	Sinead Gibbons	Katie Devitt

PERFORMANCE AWARDS

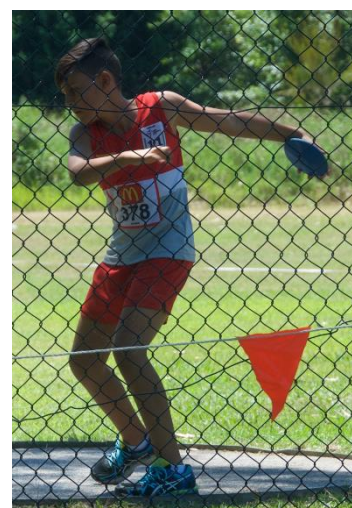
Performance awards were introduced in the 2011/2012 season to recognise athletes who have performed well at club level in a specific event or discipline area, but have not received an award in the most consistent or most improved categories for their age.

Athletes receiving the performance awards are selected at the discretion of the committee - they are not allocated as part of the award point score system. Whilst these awards are performance based, athletes must have a 45% attendance to be considered eligible for such an award. (Athletes whose attendance is affected by reasons such as late registration, injury or senior competition commitments (duals), will be given consideration).

AGE	NAME	PERFORMANCE AWARD
6G	Amalia Bond	Track and Field All Rounder
	Marley Lowe	All Round Participation
	Julia Loh	Throws
7G	Mia Stewart	All Round Participation
	Lilly Hayhurst	All Round Participation
	Emma Cherry	All Round Participation
8G	Kaylah Bennett	Middle Distance and Throws
	Kollah Cannon	Improvement in Throws
	Isla Castle	Improvement in Throws
	Lucy Mills	Improvement in Long Jump
9G	Isabella Fisher	Middle Distance
	Nandini Sharma	All Round Participation
	Lucy Shackley	All Round Participation
10G	Madi Zouein	Sprints
	Jessica Coppolelli	Throws
	Kaiya Grebert	Walks
11G	Shreya Mukherjee	All Round Participation
12G	Xanthe Craig	Jumps
14G	Kailyn Joseph	All Round Participation
	Eleanor Lamperts	Sprints
	Justine Wallace	Middle Distance
15G	Caitlin Nery	All Round Participation
	Mariam Razi	All Round Participation
6B	Aarush Anandh	Track and Field All Rounder
	Christopher Vanderklaauw	All Round Participation

7B	Matthew Wu	All Round Participation
	Charlie Johnson	Track and Field All Rounder
	Zachery Budden	Sprints
8B	Harry Uy	All Round Performance
	Idris Burkhardt	Middle Distance
	Aiden Morrison	All Round Participation
	Thomas Jang	All Round Performance
9B	Marco Boccaletti	Sprints and Jumps
	Cameron Searle	Throws
	Ashton Fisher	Throws
10B	Jake Condon	All Round Participation
11B	Ryan Frykberg	Middle Distance
	John Paul Edge Bennet	All Round Participation
	Alex Mills	Walks
12B	James Farrington	Middle Distance
	Bailey Perkins	All Round Participation
	Bo Verdeek	All Round Participation
	Liam McKenzie	Track and Field All Rounder
	Robbie Cullen	Throws
13B	Harry Farrington	Middle Distance
	Max Hirst	Track and Field All Rounder
	Andrew Craig	Jumps
	Bayden Little	Throws
15B	Erik Frykberg	Middle Distance
	Thomas Hennessey	All Round Participation
	Anderson Choo	All Round Participation

NB: The criteria for Junior Awards described above are guidelines only and the committee has the final judgement on all awards presented.



HIGH ACHIEVER AWARD



McDonalds, as a sponsor of Little Athletics, annually awards scholarships in NSW of \$500 each to four athletes who are registered with Little Athletics in the U13 Age Group or above, and have reached State Championships level. Each Zone selects an athlete from their clubs' nominees, to be nomination for the award and the scholarships are then awarded to the most deserving four nominations across all the zones.

Other criteria which are taken into account in selection of the scholarship winners are athletes who have participated in club activities over a number of years, shown good sportsmanship and provided a mentoring role to younger athletes.

This year the Cherrybrook Committee selected **Katie Devitt** to be our club's nominee for the scholarship. Whilst Katie was not successful in attaining a scholarship it is a great honour to be selected by the Committee and a plaque is awarded by the Club to the athlete in recognition of being Cherrybrook's High Achiever.

Katie Devitt joined Cherrybrook Little Athletics in 2007 at the age of six because she loved to run, be active and was constantly on the move. On Friday evenings she made many new friends and enjoyed socialising with her peers. This year Katie completed her 10th year with the club, her 3rd season with Senior Athletics and lists her favourite events as the 100m and 200m sprints and the 4x100m relay. Katie ran in various events at Zone Carnivals over the years and represented Cherrybrook Club at Regional and State Championships in the 100m, 200m and 4x100m Relay.

Katie's athletics experience includes representing NSW five times. Twice in NSW and once each in QLD, SA and Victoria. Katie has won gold at State Little Athletics in the 100m sprint in both 2015 and 2016.

She has also won 5 gold and 2 silver medals for the 4x100m and 4x 200m relays at the National All Schools Championships and the Australian Junior Championships.

Her best individual performance was attaining 4th place in 100m final last year at

the All Schools National Championships in Melbourne.

Barton Park in Parramatta and the Lakeside Stadium in Melbourne are Katie's favourite competition tracks. At Barton Park she ran in her first athletics competition as a young girl and the Lakeside Stadium holds special memories of competing with friends as part of a team.

Due to competing numerous times for NSW, Katie was invited to attend the Australian U15's Little Athletics Development Camp in 2014 at the Australian Institute of Sport in Canberra where she was coached by elite athletics both past and present, including Melissa Breen, Nick Hough and Glynis Nunn.

The 2016/17 season will be Katie's last year at Little Athletics. She will still participate in the Friday Night Competition as well as joining the Senior Athletics team more regularly in the Treavor Shield. Once completing her final season with Little Athletics she hopes to return the following year to assist with weekly events

Congratulations to Katie Devitt – Cherrybrook's 2015/16 High Achiever



T.J. BEALE PERPETUAL TROPHY

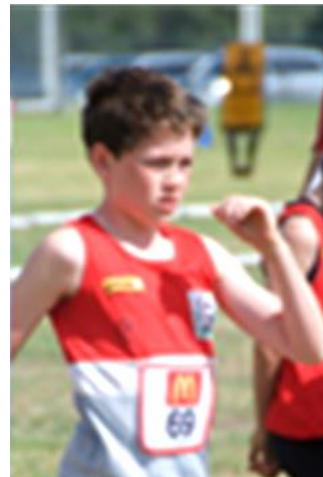
Cherrybrook Little Athletics commenced in 1994. The club was financially strong in the initial season due to a generous contribution by Mr T.J. Beale. The committee of the first season decided that it was important to recognise the contribution of Mr Beale and created the T.J. Beale Perpetual Trophy (Mr Beale passed away during the 1998/1999 season).

The award is given to a girl and boy athlete who epitomise the philosophy of Little Athletics. Criteria for the award consist of an attendance of at least 70%, a positive attitude and a willingness to embrace good sportsmanship, and must have been a member of the Club for at least 2 years. During the 2000/2001 season the committee agreed that the perpetual trophy would be awarded annually to athletes in the Under Twelve Age Group.



2015 / 2016 TJ Beale Recipients

**Mykaela Hayhurst
and
Liam McKenzie**



Past T.J. Beale Perpetual Trophy Recipients

1994 / 1995	Kate Seale	Benjamin Foster
1995 / 1996	Kristin Mercer	Matthew Dawson
1996 / 1997	Samantha Bancroft	Christopher Hunt
1997 / 1998	Tiffany Britchford	Matthew Delimi
1998 / 1999	Catherine Pearce	Bradley Close
1999 / 2000	Amanda Sharpe	David Smit
2000 / 2001	Julia New-Tolley	Alastair Thomson
2001 / 2002	Emma Sainsbury	Matthew Poidevin
2002 / 2003	Kate New-Tolley	Timothy Graham
2003 / 2004	Monica Sharpe	Justin Mack
2004 / 2005	Janine Liversage	Andrew Houghton
2005 / 2006	Rachel Murphy	Mitchell Yabsley
2006 / 2007	Courtney Cranfield	Matthew Skelly
2007 / 2008	Karina Takchi	Jackson Lee
2008 / 2009	Phoebe Deskovic	Maine Vidler
2009 / 2010	Ashleigh Ward	Clayton Aanstee
2010 / 2011	Catalina Martinez	Adam Kinasch
2011 / 2012	Anamaria Martinez	Alistair Read
2012 / 2013	Rachel Ingram	Ryan Jones
2013 / 2014	Faith Devitt	Matthew Rose
2014 / 2015	Bridgette Edmunds	Bayden Little



Bridgette Edmunds and Bayden Little
2014/2015 TJ Beale Award recipients

10 YEAR LITTLE ATHLETICS NSW AWARDS

Congratulations to the following athletes who have been awarded a certificate from Little Athletics NSW in recognition of achieving 10 years of continuous registration with Little Athletics NSW. **Courtney Cattell, Lauren Clark, Katie Devitt and Rachel Ingram.**



JUNIOR REPORTS

REGISTRAR'S REPORT

This season saw an increase on our numbers from the last couple of years and we finished up with 441 members. Just over half of these members were re-registrations and it is wonderful to see so many people coming back for another year. Of the remaining 50% about 40% were new members and the remaining 10% were transfers from other clubs. In total we had members from 295 different families with 139 of those families new to Cherrybrook. The majority of families just have the 1 member but this year we had 4 families with 4 members & 2 families with 5 members!

Of our 441 members there was an even split between boys & girls with just one more boy than girl. Our largest group this year was the U11 Boys with 36 registered members. Close behind were our U8 Boys with 35 members. These Age Groups seem to be increasing each year as they grow older and thanks must go to the Age Managers, who I know put a lot of time & effort in to these groups, which sees them coming back for more each year – and bringing more friends! As a club we have very strong numbers across the U8s through to the U11s with each of those Age Groups having around 50 – 60 members. Our older Age Groups are also getting higher numbers with both the U13s & U15s having more than 30 members this season.

Our approach for people wishing to trial before deciding whether to register or not, changed again this season. It was decided to have just one trial period of 3 weeks, of which people could come to 2. The trial period was also held slightly later on in the season than normal, in order to give our Age Managers and other members a chance to get more familiar with the program and how to do the events. This would then mean that the trialists would, hopefully, get to experience what a “normal” week would be like! In total we had 93 trialists, with 56 of those (60%) then registering as full members.



Elizabeth Jones
Junior Registrar

At this point I would like to say a big thank you to Trish Bright & Chantelle Grills at the LANSW office for their continued support and also to the many Committee members for their assistance during the season. Thanks also to both my children – Emily & Ryan – who provided a lot of help and assistance both before and on the registration days.

Looking to next season I intend to take a step back and just be an Assistant Registrar so I am looking to train someone up to become Registrar for the 2016/2017 season. If this would be of interest to you, please feel free to come and have a chat or email me to find out what it involves.

CHAMPIONSHIPS REPORT

Another fabulous season has come and gone! We have once again enjoyed fantastic conditions on our oval, and been blessed with a great team of people, including our athletes and parents who worked together for the benefit everyone. Despite a few problems here and there, we continued to benefit from our timing gates, upgraded lighting and various bits of new equipment.

The weather again played some tricks on us this year, with a few weeks where it was either too wet or too hot, despite which we still had 16 great nights of competition after our initial training nights. It has been wonderful again to see our athletes continue to improve, with many PB's achieved throughout the season.

This year saw a re-write of the 3 week program to continue to improve the range of events each week. The program was supplemented by regular weekly invitationals which were increasingly well attended, and saw some really close tussles and many PB's. One of our new initiatives was the Multi Night where athletes did 4 events with performances tabulated into a final point score – this was really well attended and led to over 300 PB's being performed on the 1 night as our athletes really strived for their best in all the events – precisely what Little Athletics is all about!! We had great participation in Championships – particularly in the team events like State Cross Country and State Relays which again



Jen Bishop
Championships Officer

brought out the best in our athletes as they did their best for one another and Cherrybrook as a whole – great to see!! We were also fortunate again to benefit from some great coaching early in the season, which was definitely much appreciated by all. Special thank you to our Age Managers who work together with our parents and athletes to encourage the best from our athletes both big and small each week.

RECORDS AND RANKINGS REPORT

The 2015/16 season has seen some excellent results and records from our Little Athletes.

Age Managers, parents and helpers seem to be more familiar with the setup of the 3 sets of wireless electronic gates, electronic starting devices for the outer track, laptops computers, and the laptop computer or iPad for entering field event results which all allow the results to be uploading to the online recording system ResultsHQ.

Next season I would love to see more people venturing to use their mobile technology ie. Tablets or iPads to enter field events online with the use of the internet. Results entered using a Tablet or iPad are uploaded and become live on save. Most people can easily make a hotspot to the internet via their mobile smart phone, we would be happy to show you how and it only uses a tiny amount of data.

Unfortunately, we experienced a few technical issues during the season. Thankfully the supplier come up from Melbourne and spent a Friday evening at our competition to sort out the issues and also upgraded and serviced all of the gate poles. It seems that the main issues were damaged cables on the wireless dongles and damaged aerials on the starting guns. Please continue to be careful when packing the equipment away in the black boxes and also take care when handling the poles.

I would like to thank all families for their patience on the occasions when we experienced technical issues. I am sure you will appreciate that the gates offer our club many advantages – easier set up, quicker pack up, more accurate results, quicker running of events, simplified data entry and quicker publishing of online results.

This season every family member had a login and were able to view online results, PB's, GOLD stars for each PB, tickets, all seasons results and graphical charts showing athletes results compared to Centre average results and club records. The system is motivational for the athlete and has streamlined & simplified the results process. If you have not had the opportunity to login and check your athlete's results I encourage you to do so by going to <http://www.resultshq.com.au/> Use the email and password you used when registering for Little Athletics. If you do not know your password or username, click on the link below the login boxes on the screen and follow the prompts.

I would like to thank the following people for assisting in running the gates every week – Martin Bradshaw (Setup), Cate Grace (Mobile app and gates), Phillip Lamperts (setup & outer track), Nicci Frykberg (inner track), Trish Hirst (Hurdles track), Elise Roffe, (Hurdles track), Ven Collett (Straight track) and David Cowell (Straight track) all of whom are volunteer parents.

Each week an Age Group is allocate to assist with the gates. Thank you to those people who assisted. We would welcome more assistance with operating the gate computers next year. It is not an arduous task, you basically only need to enter the athlete numbers into the computer and you get to see your children as they compete in their events.

I would also like to thank all the Age Managers and parent volunteers for organising their athletes in lane order at the end of each race and arranging for the field event results to be entered on either an iPad or the field event laptop.

Our records are signed off by club officials and have certain conditions attached to the setting of each record.

Congratulations to all athletes who broke club records this season. Special mention must go to the following athletes

Sienna Bond U11 Girl who broke three records 60M Hurdles, Triple Jump and Long Jump, **Donovan Bradshaw** U12 Boy who broke three sprint records 100m, 200m & 400m, **William Austin** U10 Boy – Discus and Shotput plus set the initial 1100M walks record, **Emily Crawford** U11 Girl who broke 100m and 200m and set the initial record for U11 Girls Javelin, and the following athletes who broke two records: **Tayla Moore** U7 Girl - Discus and Shot Put, **Marcus Papadimitriou** U8 Boy – 200m and 60m Hurdles, **Jonathan Reid** U12 Boy – Triple Jump and Long Jump, **Morgan Little** U14 Boy 200m & 400m, and **Benjamin Bishop** breaking the 2 long distance events 1500m & 3000m, these are truly fantastic achievements.



This season a large number of Age Groups took on the walks as a regular event and established new initial records with several breaking existing records. Thank you to Craig Little for judging the walks.

As my youngest of 4 children will be in the under 17 Age Group next year, I am particularly keen to find someone with some computer knowledge interested in assisting the team and learning the technical side of the timing and results system. If you are interested or would like to know more please feel free to contact me to discuss.

I am looking forward to next season working again with the assistance of the team to run the records and rankings.

Jill Ingram

Junior Records and Rankings Officer and Website Coordinator

AGE MANAGERS' REPORT

This season started off at a cracking pace with a lot of Age Managers from previous years very kindly carrying on their positions. This always makes for a smooth start to the season with so much experience returning to the field.

We also had quite a few brand new Age Managers begin with us, who had very little experience in Athletics. This can be a very daunting task to begin with so we greatly appreciate those parents who offered up their help. We hope you have enjoyed your positions and found joy in fulfilling your role. Here's hoping it has given you a taste for it and we will see you back again for more fun and fitness.

We also saw some of our Senior Athletes take on positions of managing their own Age Groups. This has seen them gain experience in a leadership role and they certainly have done a wonderful job in these positions.

We were also fortunate enough to have a current Cherrybrook Athlete manage our U6 Girls on the back of the U6 Boys last year. Lauren Clark kindly offered her time and experience despite not having any children in the Age Group. This has been a big effort for her and her experience and dedication to the role has been outstanding! I'm sure all the U6 Girls' parents were very grateful.

We would like to thank all the Age Managers and their trusty assistants for the dedication, enthusiasm, time and constant encouragement you have shown towards our Athletes over the season. This has certainly contributed towards many personal bests, improvement in skills, increased confidence in the sport and some fabulous memories made.

We look forward to many familiar faces returning for the 2016/17 season.



**Melanie Clark and Sandra Hughes
Age Manager Coordinators**



JUNIOR AGE GROUPS



Season Best	Results	Name
50m	10.04s	Aarush Anandh
70m	14.05s	Aarush Anandh
100m	20.05s	Aarush Anandh
300m	1:11.63s	Aarush Anandh
Long Jump	2.44m	Siming Chen
Shot Put	5.97m	Treshaar Pandey

Under 6 Boys Aarush Anandh, Aarav Belani, Noah Bieman, Edward Byrom, Siming Chen, Zain Elkass, Alexander Gray, Jack Hakim, Luke Hobbs, Julian Jacquot, Robert Mandla, Jack Murray, Tom O'Connor, Treshaar Pandey, Maximus Papageorgiou, Oliver Raymond, Christopher Vanderklauw
Age Group Coordinator – Ben Gray



Season Best	Results	Name
50m	10.59s	Amalia Bond
70m	14.25s	Amalia Bond
100m	20.95s	Amalia Bond
300m	1:10.82s	Amalia Bond
Long Jump	2.65m	Amalia Bond
Shot Put	4.79m	Cleo Choudhary

Under 6 Girls Aliyah Bennett, Amalia Bond, Laura Bray, Cleo Choudhary, Zoe Custovic, Celeste Delfino, Vivian Doherty, Chelsea Figures, Bree Hirst, Jade Howlett, Eve Kafe, Julia Loh, Marley Lowe, Jenaya Lubrano, Jessica Mance, Leila Page, Arabella Pride, Nisini Rajapaksha Mudiyanse, Emily Sachdev, Madeleine Surjan, Alyssandra Tonge, Amanda Xu
Age Group Coordinator – Lauren Clark



Under 7 Boys - Jax Brown, Zachary Budden, Hayden Cox, Xavier Davidson, Charlie Johnson, Joel Moresi, Kabir Pandey, Riley Powell, Nathan Schroeder, Jayden Terry, Harry Tong, Angus Weeden, Adrian Wong, Matthew Wu, Joshua Yao, Ryan Zhong

Age Group Coordinators - Christian Budden, Sam Terry (assistant)



Under 7 Girls - Jimin Baik, Amelia Branley, Emma Cherry, Madison Clarke, Isla Custovic, Jade Deppeler, Hannah Dougall, Natasha Flahey, Lilly Hayhurst, Sadie James, Scarlett McNair, Tayla Moore, Nikita Muriti, Emma O'Connor, Samantha Palozzi, Scarlett Smith, Mia Stewart

Age Group Coordinators - Naomi Moore, Emma Palozzi, Charlene Stewart -



Under 8 Boys - Marcus Alloggia, Kurtis Anstee, Aditya Belani, Thomas Bishop, Bronsen Brown, Idris Burkhardt, William Byrom, Jack Carswell, Akith Ekanayake, Jordan Fenech, Harley Grace, Anton Hodgkinson, Cameron Hogan, Thomas Jang, Finn Johnson, Yejune Kim, James Lubrano, Luke Mantis, Bronson Marsden, Keiran McCrostie, William McMaster, Aleksander Mendria, Aidan Morrison, Arjonil Mukherjee, Mathew Nader, Luc Nohra, Marcus Papadimitriou, Gurteer Rai, Kaiden Taggart, Jeevan Tumber, Harry Uy, Dean Wright, Kenneth Wu, Shine Yue, Andre Zouein

Age Group Coordinator - Jen Bishop



Under 8 Girls - Caitlan Ahmed, Kaylah Bennett, Kyla Bourke, Katie Bray, Samantha Budden, Victoria Budden, Kollah-Jade Cannon, Isla Castle, Evie Choudhary, Samara El Gabaili, Ellie Gates, Bethany Gill, Aaliyah Grebert, Isla Mercer, Lucy Mills, Meera Murali, Ruby Perkins, Mia Phillips, Thisenya Pinnagoda, Audrey Polito, Meera Shah, Caitlin Shannon, Hollie Shaw, Jessica Surjan, Amy Timms, Serena Vanderklauw, Stella Xu

Age Group Coordinators - Nigel Grebert, Shane Perkins (assistant)



Under 9 Boys -Marco Boccaletti, Samuel Condon, Evan Custovic, Oscar Davidson, Kaden Eren, Ashton Fisher, Niels Hansen, Xavier Hennessey, Abdel Hijazi, Cameron Howlett, Seyoung Jeong, Zac Kavilaveedu, Eric Lin, Thomas Macey, Alex McIlwraith, Lachlan Mendham, Angus Morley, Byron Polito, Jack Powell, Siddharth Ramachandran, Liam Redman, Oliver Sachdev, Cameron Searle, Marcus Walsh, Keanu Wells, Daniel White, David Wu, Nathan Xu, Harry Yu
Age Group Coordinators - Robert Macey, Sarah Boccaletti (assistant), Andrew Fisher (assistant)



Under 9 Girls - Claudia Alloggia, Anisha Anandh, Tiara Bailey, Ava Barroccu, Samara Bond, Ginger Choudhary, Amelia Cox, Ashleigh Dougall, Jessica Figures, Cameron Finlayson, Isabella Fisher, Regan Garufi, Tahlia Geelan, Erica Haigh, Mia Hunt, Summer Jones, Sarah-anne Koot, Isabella Marsden, Olivia Moresi, Sophia Murray, Angelina Nohra, Annabel Rogencamp, Tahlia Searle, Lucy Shackley, Nandini Sharma, Imogen Tonge, Emilea Wallis, Sophie Watson, Rachael Yao
Age Group Coordinator - Cindy Geelan



Under 10 Boys - Thomas Alloggia, William Austin, Jed Bolton, Nicholas Bradshaw, Bailey Chapman, Jake Condon, Alex Georgescu, Gavin Hakim, Redha Hameed, William Hodgkinson, Harvey James, Julian Mendria, Kent Mizukoshi, Aaryan Pandey, Xavier Rudolph, Thomas Shannon, Liam Taggart, Liam Wilson

Age Group Coordinators - Miwa Mizukoshi, Chris Shannon (assistant), Phil Austin (assistant)



Under 10 Girls.- Vidara Atapattu, Lana Batar, Charlotte Blair, Rhiannon Castle, Jasmin Commens, Jessica Coppolelli, Charlotte Dougall, Jacynta Eisermann, Sara Elkass, Ellie Fenech, Emma Galea, Kaiya Grebert, Maddison Hayhurst, Nicole McCrostie, Isabelle Miechels, Jessica Palozzi, Madeleine Raymond, Zoe Schroeder, Regina Shakya, Neve Tierney, Sierra Timms, Tara Webb, Madelynne Zouein

Age Group Coordinators - Daven Timms, Nat and Enzie Coppolelli (assistants)



Under 11 Boys - Ben Anthony, Abraham Awakian, Ben Carter, Lachlan Dewar, Corey Dewar, John-Paul Edge-Bennett, Callum Eren, Riley Finlayson, Ryan Frykberg, Luke Gates, Ethan Geelan, Luka Hanna, Dain Hansen, Jack Hayes, Joseph Hutton, Matthew James, Junyoung Jeong, Finan Maher, Sam Marsden, Gabriel Miletich, Alex Mills, Jacob Morige, Zachary Morsink, Michael Nader, Matthew Roberts, Lucas Rogencamp, Dylan Searle, Zachary Semaganda, Resandu Silva, Hamish Smillie, Jordan Takounlao, James Tierney, Dominic Wadih, Jack Wallis, Adam Watson, Josh Watts, Alec West

Age Group Coordinators - Andrew Searle, Denise Dewar (assistant), Kellie Marsden (assistant)



Under 11 Girls - Julia Abraham, Katherine Ayala-Schnell, Holly Balfour Brown, Jessica Boatwright, Sienna Bond, Sky Bourke, Emily Crawford, Chloe Creusot, Ineker Eisermann, Madelaine Free, Michaela Haigh, Tessa Johnston, Josephine Lennox, Ella Lincoln, Olivia Macoustra, Ella McKenzie, Shreya Mukherjee, Emily Nathan, Miabella Nohra, Arabella Powell, Lucinda Vanderklauw, Sonia Walsh

Age Group Coordinators - Peter Crawford, Bradley Boatwright (assistant), Indranil Mukherjee (assistant)



Under 12 Boys - Donovan Bradshaw, Kaylan Clark, Robbie Cullen, James Farrington, Declan Garufi, Ethan Heaton, Bill Hirst, Liam McKenzie, Lavan Murali, Bailey Perkins, Jonathan Reid, Jonty Rudolph, Patrick Thom, Bo Verbeek Wolthuys, Jarrah Wells, Sasha Wilsenach

Age Group Coordinators - Fran Haine, Jo Perkins (assistant)



Under 12 Girls - Akshara Abimanju, Xanthe Craig, Zahra Ginwala, Arienna Grebert, Jemima Hanna, Mykaela Hayhurst, Jud Hijazi, Kyah Hockley, Amelia Meliska, Talia Nohra, Danielle Osifo, Amelie Sun, Charlotte Surjan, Sophia Zouein

Age Group Coordinator - Nerissa Grebert



Under 13 Boys - Sumin Baik, Tyrone Bailey, Connor Bond, William Bowden, Jack Comeskey, Andrew Craig, Zachary Davidson, Harry Farrington, Declan Fattoretto, Henry Free, Jonathan Friend, Samuel Hennessey, Max Hirst, Oliver Lennox, Bayden Little, Murdoch Marshall, William Mills, Oliver Morris, Buddy Nohra, Henry Roberts, Luke Tucker
Age Group Coordinator - Linda Farrington



Under 13 Girls - Ashlea Ahmed, Induni Atapattu, Kelly Chapman, Gaelle Creusot, Jennifer Cummins, Bridgette Edmunds, Kirsten Frykberg, Sofia Georgescu, Jemima James, Erin Jang, Kaye Leong, Georgia O'Connor, Tamara Patterson, Zoe Petridis, Scarlett Prowse, Emily Roffe, Daniya Sammour, Sarah Song, Jacinta Walsh, Claire Watson, Hyea Won Yoo
Age Group Coordinators - Saccha Edmunds, Jennifer Prowse (assistant)



Under 14 Boys - Joshua Coppolelli, Lawrence Cuevas, Thisara Gunawardena, Hashem Hijazi, Ernest Ho, Ling Ji, Logan Kaye, Morgan Little, Logan Marshall



Under 14 Girls - Charlotte Barry, Amie Bowrey, Victoria Cullen, Faith Devitt, Celeste Edmunds, Niamh Gibbons, Kailyn Joseph, Sarah Kim, Manisha Kulasinghe, Eleanor Lamperts, Amy Migallo, Isabella Ong, Isabella Rudolph, Jessica Smillie, Jacinta Thom, Alyssa Vandyke, Justine Wallis
Age Group Coordinator - Phil Devitt



Under 15 Boys - Harish Abimanju, Benjamin Bishop, Scott Chapman, Anderson Choo, Nathan Cowell, Charlie Farrington, Erik Frykberg, Thomas Hennessey, Ryan Hogan, Ryan Jones, Henry Migallo, James Roffe, Ben Tavner, Luke Watson, Kevin Yang

Age Group Coordinator - Erik Frykberg



Under 15 Girls - Andrea Ayala-Schnell, Meha Batra, Dawn Choa, Kate Collett, Claire Eaton, Nicole Freestone, Talitha Hanna, Ella Hirst, Rachel Ingram, Grace Kim, Caitlin Nery, Mariam Razi, Emma Rogers, Kate Rogers, Sally Song, Blaise Stafford, Kimberley Steel, Eve Timms, Jasmine Vink, Grace Wang

Age Group Coordinators - Kate Collett, Rachel Ingram. Paul Vink (assistant)



Under 17 Boys - Lachlan Antoinette, Joshua Baddock, Lewis Clabburn, Oliver Clarke, Joel Davidson, Michael Growden, Beau Ingram, Joshua Lee, Jackson Tuynman



Under 17 Girls - Courtney Cattell, Lauren Clark, Katie Devitt, Sinead Gibbons, Aurora Henke, Madeline Hennessey, Emily Jones, Kristina Moore, Amy Reid, Aleisha Scanlon
Age Manager Coordinator - Emily Jones

JUNIOR RECORDS

ALL CLUB RECORDS BY AGE GROUP (as at 10 April 2016)

UNDER 7 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
50m Run	8.85	Nathan Takchi	29/02/2008
50m Run Elec	9.08	Marcus Papadimitriou	28/11/2014
70m Run	11.80	Luke Wilson	25/09/2002
70m Run Elec	12.64	Marcus Papadimitriou	27/02/2015
100m Run	16.70	Alex Nguyen-Ha	04/02/2005
	16.70	Lachlan Thomson	10/12/1999
100m Run Elec	17.97	Marcus Papadimitriou	27/02/2015
200m Run	35.60	Jonathan Brown	25/02/2000
200m Run Elec	37.37	Thomas Bishop	24/10/2014
Long Jump	3.19	Bailey Chapman	15/03/2013
Shot Put	6.51	Timothy Mikhael	20/11/2009
Discus	17.70	Matthew Davis	23/02/2001
500m Pack	1-45.60	Lachlan Thomson	03/03/2000

UNDER 8 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
70m Run	10.46	Ben Kinasch	13/03/2009
70m Run Elec	11.73	Harrison Clark	31/01/2014
10mM Run	14.81	Ben Kinasch	13/03/2009
10mM Run Elec	16.38	Max Hirst	13/03/2011
20mM Run	32.08	Ben Kinasch	24/10/2008
20mM Run Elec	34.70	Harrison Clark	14/03/2014
40mM Run	1-14.70	Ben Kinasch	31/10/2008
40mM Run Elec	1-21.80	Harrison Clark	21/02/2014
60m Hurdles	10.64	Ben Kinasch	23/01/2009
60m Hurdles Elec	11.87	Marcus Papadimitriou	27/11/2015
Long Jump	4.07	Ben Kinasch	13/03/2009
Shot Put	7.92	Matthew Mikhael	12/03/2010
Discus	21.69	Matthew Mikhael	06/11/2009
700m Pack	2-25.77	Bronsen Brown	04/03/2016

UNDER 9 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
70m Run	10.13	Ben Kinasch	02/10/2009
70m Run Elec	10.96	Jonathan Reid	08/03/2013
100m Run	14.28	Ben Kinasch	23/10/2009
100m Run Elec	15.14	Jonathan Moran	16/03/2012
200m Run	30.03	Ben Kinasch	25/09/2009
200m Run Elec	32.44	Jonathan Reid	08/03/2013
400m Run	1-11.92	Jonathan Moran	16/03/2012
400m Run Elec	1-14.31	Logan Nicolson	18/10/2013
800m Run	2-39.90	Jacob Sainsbury	10/03/2000
700m Walk	4-31.73	Thomas Macey	11/09/2015
60m Hurdles	9.97	Ben Kinasch	12/03/2010
60m Hurdles Elec	10.39	Jonathan Reid	08/03/2013
Long Jump	4.22	Ben Kinasch	16/10/2009
High Jump	1.28	Josh Green	12/02/2010
Shot Put	8.35	Josh Green	12/03/2010
Discus	24.76	Alec Valanidas	07/03/2008

UNDER 10 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
70m Run	10.16	Alex Nguyen-Ha	29/02/2008
70m Run Elec	10.40	Ben Kinasch	13/03/2011
100m Run	14.04	Ben Kinasch	11/03/2011
100m Run Elec	14.04	Ben Kinasch	13/03/2011
200m Run	29.32	Ben Kinasch	04/03/2011
200m Run Elec	31.13	Nicholas Bradshaw	11/03/2016
400m Run	1-08.40	Lachlan Thomson	07/02/2003
400m Run Elec	1-13.68	Max Hirst	09/11/2012
800m Run	2-33.32	Adam Harding	28/11/2003
1500m Run	5-03.68	Adam Harding	05/03/2004
1100m Walk	7-41.26	William Austin	16/10/2015
60m Hurdles	10.13	Ben Kinasch	24/09/2010

60m Hurdles Elec	10.65	Max Hirst	14/12/2012
Long Jump	4.55	Ben Kinasch	07/01/2011
High Jump	1.33	Josh Davies	27/02/2004
Shot Put	9.71	William Austin	26/02/2016
Discus	31.73	William Austin	11/03/2016

UNDER 11 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	13.34	Alex Nguyen-Ha	14/11/2008
100m Run Elec	13.82	Ben Kinasch	16/03/2012
200m Run	28.25	Ben Kinasch	04/11/2011
200m Run Elec	29.74	Max Hirst	07/02/2014
	29.74	Donovan Bradshaw	06/03/2015
400m Run	1-04.47	Benjamin Bishop	16/03/2012
400m Run Elec	1-10.65	Donovan Bradshaw	20/02/2015
800m Run	2-27.64	Benjamin Bishop	24/02/2012
1500m Run	4-59.28	Benjamin Bishop	11/11/2011
1100m Walk	5-59.62	Bayden Little	16/04/2014
60m Hurdles Elec	9.77	Max Hirst	14/03/2014
Long Jump	4.74	Jonathan Reid	20/02/2015
High Jump	1.44	Liam McKenzie	26/09/2014
Triple Jump	10.25	Jonathan Reid	06/02/2015
Shot Put	11.26	Jacob Morige	27/11/2015
Discus	27.74	Eugene Kruger	07/12/2001
Javelin	20.44	Dylan Searle	04/12/2015

UNDER 12 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	12.72	Alex Nguyen-Ha	02/10/2009
100m Run Elec	13.02	Donovan Bradshaw	11/03/2016
200m Run Elec	26.85	Donovan Bradshaw	11/03/2016
400m Run	1-01.94	Matthew Eaton	17/09/2010
400m Run Elec	1-03.67	Donovan Bradshaw	26/02/2016
800m Run	2-22.87	Benjamin Bishop	25/01/2013
1500m Run	4-53.04	Benjamin Bishop	14/12/2012
1500m Walk	8-36.74	Bayden Little	24/10/2014

60m Hurdles Elec	9.76	Max Hirst	20/02/2015
Long Jump	5.22	Jonathan Reid	11/03/2016
High Jump	1.55	Declan Pluim	12/03/2010
Triple Jump	10.53	Jonathan Reid	04/12/2015
Shot Put	9.56	Brodie Field	01/03/2002
Discus	32.39	Kyle Ekstrom	28/10/2011
Javelin	28.96	Morgan Little	14/03/2014

UNDER 13 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	12.24	James Paek	28/09/2007
100m Run Elec	12.56	Lewis Clabburn	30/11/2012
200m Run	25.49	Anthony Palmer	13/03/2009
200m Run Elec	26.47	Oliver Jacquot	11/01/2013
400m Run	58.59	Matthew Eaton	21/10/2011
400m Run Elec	57.78	Morgan Little	27/02/2015
800m Run	2-16.54	Benjamin Bishop	17/01/2014
1500m Run	4-32.68	Benjamin Bishop	31/01/2014
3000m Run	9-53.07	Benjamin Bishop	11/10/2013
1500m Walk	8-09.27	William Mills	09/10/2015
80m Hurdles	12.83	Nelson Osifo	25/09/2009
80m Hurdles Elec	13.73	Max Hirst	04/03/2016
200m Hurdles Elec	28.72	Morgan Little	24/10/2014
Long Jump	5.23	James Paek	07/03/2008
High Jump	1.55	Joseph Hilsberg	12/03/2010
Triple Jump	11.00	Adam Kinasch	16/03/2012
Shot Put	14.36	Kevin Yang	07/02/2014
Discus	37.64	Kevin Yang	24/01/2014
Javelin	34.65	Morgan Little	28/01/2015

UNDER 14 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	11.84	James Paek	06/03/2009
100m Run Elec	12.67	Stephen Eaton	13/03/2011
200m Run	24.82	James Paek	27/02/2009
200m Run Elec	25.90	Morgan Little	04/03/2016

400m Run	57.74	James Paek	06/03/2009
400m Run Elec	58.87	Morgan Little	29/01/2016
800m Run	2-13.53	Stephen Eaton	22/10/2010
1500m Run	4-36.63	Benjamin Bishop	06/11/2014
3000m Run	9-54.23	Benjamin Bishop	19/09/2014
90m Hurdles	13.58	Nelson Osifo	12/11/2010
90m Hurdles Elec	15.25	Matthew Nelson	18/11/2011
200m Hurdles	27.65	James Paek	09/01/2009
Long Jump	5.49	Alex Nguyen-Ha	24/02/2012
High Jump	1.70	Jin Su Jung	07/03/2008
Triple Jump	11.81	Robert North	07/11/2003
Shot Put	13.42	Kevin Yang	24/10/2014
Discus	44.96	Clayton Anstee	10/02/2012
Javelin	42.51	Clayton Anstee	16/03/2012

UNDER 15 BOYS

EVENTS	RECORD	RECORD HOLDER	DATE
100 Run	11.39	Ben Jaworski	30/01/2009
100m Run Elec	12.16	Anthony Palmer	13/03/2011
200m Run	23.47	Ben Jaworski	27/02/2009
200m Run Elec	25.76	Harish Abimanju	04/03/2016
400m Run	56.02	Jack Tropea	31/10/2008
400m Run Elec	1-00.47	Oliver Clarke	01/11/2013
800m Run	2-11.47	Oliver Clarke	25/10/2013
1500m Run	4-33.50	Benjamin Bishop	29/01/2016
3000m Run	10-4.18	Benjamin Bishop	04/03/2016
100m Hurdles	14.80	Steven Mason	28/02/1997
200m Hurdles	27.53	Anthony Palmer	22/10/2010
Long Jump	5.89	Jonathan Palmer	07/03/2008
High Jump	1.75	Declan Pluim	08/02/2013
Triple Jump	11.94	Aaron Mercer	18/10/1996
Shot Put	13.13	Andrew Koomen	28/10/2005
Discus	48.97	Clayton Anstee	08/02/2013
Javelin	50.36	Zac Sfiligoi	16/03/2012

UNDER 7 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
50m Run	9.21	Ellie Cooper	12/10/2007
50m Run Elec	9.56	Ruby Perkins	28/11/2014
70m Run	12.30	Carla Takchi	04/02/2005
70m Run Elec	12.89	Ruby Perkins	27/02/2015
100m Run	17.65	Carla Takchi	25/02/2005
100m Run Elec	18.57	Ruby Perkins	27/02/2015
200m Run	38.77	Carla Takchi	21/01/2005
200m Run Elec	40.38	Ruby Perkins	06/03/2015
Long Jump	3.07	Ruby Perkins	27/02/2015
	3.07	Jordan Oberg	12/03/2010
Shot Put	7.25	Tayla Moore	11/03/2016
Discus	14.42	Tayla Moore	26/02/2016
500m Pack	1-53.00	Janine Liversage	18/02/2000

UNDER 8 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
70m Run	11.81	Carla Takchi	02/12/2005
70m Run Elec	11.83	Emily Crawford	08/03/2013
100m Run	16.70	Courtney Cattell	08/12/2006
100m Run Elec	16.76	Emily Crawford	15/03/2013
200m Run	35.50	Elissa Ayling	11/02/2005
200m Run Elec	36.75	Emily Crawford	22/02/2013
400m Run Elec	1-20.75	Emily Crawford	15/03/2013
60m Hurdles	11.85	Ellie Cooper	06/03/2009
60m Hurdles Elec	12.04	Ruby Perkins	11/03/2016
Long Jump	3.83	Holly Burgess	15/02/2002
Shot Put	6.24	Kristina Moore	23/11/2007
Discus	21.04	Kristina Moore	07/03/2008
700m Pack	2-38.60	Erin Blundell	05/03/2004

UNDER 9 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
70m Run	10.10	Sarah Thomson	26/11/1999
70m Run Elec	10.83	Emily Crawford	25/10/2013

100m Run	14.60	Sarah Thomson	26/11/1999
100m Run Elec	15.27	Emily Crawford	14/03/2014
200m Run	32.22	Natalie Tobin	18/11/2005
200m Run Elec	32.91	Emily Crawford	25/10/2013
400m Run	1-15.21	Erin Blundell	26/11/2004
400m Run Elec	1-21.07	Emily Crawford	14/03/2014
800m Run	2-49.20	Gabrielle Damm	12/03/2010
700m Walk	4-36.40	Samara Bond	11/03/2016
60m Hurdles Elec	11.26	Emily Crawford	14/03/2014
Long Jump	4.11	Emily Crawford	28/03/2014
High Jump	1.20	Erin Blundell	25/02/2005
Shot Put	8.53	Kristina Moore	30/01/2009
Discus	26.20	Kristina Moore	30/01/2009

UNDER 10 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
70 Run Elec	10.68	Emily Crawford	09/01/2015
100m Run	14.59	Natalie Tobin	08/12/2006
100m Run Elec	14.72	Emily Crawford	07/11/2014
200m Run Elec	30.60	Emily Crawford	06/03/2015
400m Run Elec	1-12.18	Sienna Bond	10/10/2014
800m Run	2-44.87	Janine Liversage	28/02/2003
1500m Run	5-39.96	Gabrielle Damm	28/01/2011
1100m Walk	7-09.78	Kaiya Grebert	26/02/2016
60m Hurdles Elec	10.69	Emily Crawford	28/11/2014
Long Jump	4.28	Amie Bowrey	16/03/2012
High Jump	1.29	Lara Newey	29/02/2008
Shot Put	9.74	Kristina Moore	12/03/2010
Discus	28.11	Amie Bowrey	16/03/2012

UNDER 11 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	13.62	Brooke Jenkins	12/02/2010
100m Run Elec	14.40	Emily Crawford	04/03/2016
200m Run Elec	28.31	Emily Crawford	11/03/2016
400m Run	1-08.70	Jenny Blundell	04/02/2005

400m Run Elec	1-11.59	Isabella Rudolph	09/11/2012
800m Run	2-30.00	Jenny Blundell	19/11/2004
1500m Run	5-01.05	Jenny Blundell	11/02/2005
1100m Walk	7-35.56	Sonia Walsh	16/10/2015
60m Hurdles Elec	9.82	Sienna Bond	04/03/2016
Long Jump	4.58	Sienna Bond	18/09/2015
High Jump	1.37	Philippa Williams	20/01/2006
Triple Jump	9.76	Sienna Bond	30/10/2015
Shot Put	10.60	Kristina Moore	11/03/2011
Discus	27.16	Georgia O'Connor	27/09/2013
Javelin	17.51	Emily Crawford	30/10/2015

UNDER 12 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	13.60	Lucienne Hughes	30/01/2004
100m Run Elec	13.60	Brooke Jenkins	13/03/2011
200m Run	28.31	Sarah Thomson	27/09/2002
200m Run Elec	29.52	Scarlett Prowse	30/01/2015
400m Run	1-03.60	Jenny Blundell	18/11/2005
400m Run Elec	1-13.64	Sofia Metaxouli	15/03/2013
800m Run	2-28.53	Janine Liversage	25/02/2005
1500m Run	5-06.49	Jenny Blundell	04/11/2005
1500m Walk	9-24.02	Arienna Grebert	11/03/2016
60m Hurdles	9.88	Carla Takchi	12/03/2010
60m Hurdles Elec	10.47	Amie Bowrey	27/09/2013
Long Jump	4.97	Phoebe Deskovic	06/03/2009
High Jump	1.50	Lara Newey	08/01/2010
Triple Jump	10.54	Danielle Osifo	04/12/2015
Shot Put	11.38	Kate Collett	14/12/2012
Discus	33.00	Kate Collett	08/03/2013
Javelin	27.53	Amie Bowrey	10/01/2014

UNDER 13 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	12.60	Sarah Thomson	24/10/2003
100m Run Elec	13.82	Eleanor Lamperts	28/11/2014

200m Run	27.75	Sarah Thomson	13/02/2004
200m Run Elec	28.56	Scarlett Prowse	08/01/2016
400m Run	1-01.46	Jenny Blundell	01/12/2006
400m Run Elec	1-07.33	Isabella Rudolph	27/01/2015
800m Run	2-19.78	Jenny Blundell	13/10/2006
1500m Run	4-53.02	Jenny Blundell	27/10/2006
3000m Run	10-0.61	Jenny Blundell	29/09/2006
1500m Walk	11-3.78	Sofia Georgescu	11/09/2015
80m Hurdles	13.25	Carla Takchi	11/03/2011
80m Hurdles Elec	14.38	Kate Collett	18/10/2013
200m Hurdles	30.22	Carla Takchi	11/03/2011
200m Hurdles Elec	33.28	Faith Devitt	06/03/2015
Long Jump	4.87	Courtney Cattell	16/03/2012
High Jump	1.62	Amy Pejko	04/11/2005
Triple Jump	10.36	Amy Pejko	28/10/2005
Shot Put	11.01	Kristina Moore	02/11/2012
Discus	35.35	Claire Eaton	11/10/2013
Javelin	29.94	Amie Bowrey	26/09/2014

UNDER 14 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	12.40	Sarah Thomson	19/11/2004
100m Run Elec	13.16	Katie Devitt	31/01/2014
200m Run	26.19	Katie Devitt	31/01/2014
200m Run Elec	27.34	Katie Devitt	08/11/2013
400m Run	1-01.99	Courtney Chamberlain	21/11/2008
400m Run Elec	1-07.41	Katie Devitt	24/01/2014
800m Run	2-22.47	Jenny Blundell	28/09/2007
1500m Run	4-55.37	Jenny Blundell	12/10/2007
3000m Run	10-1.00	Heidi Gregson	18/10/2002
1500m Walk	10-5.20	Victoria Cullen	11/03/2016

80m Hurdles	12.70	Michelle Jenneke	01/12/2006
80m Hurdles Elec	13.19	Rachel Pace	28/10/2011
200m Hurdles Elec	29.29	Rachel Pace	24/02/2012
Long Jump	5.36	Amy Pejko	03/11/2006
High Jump	1.65	Amy Pejko	22/09/2006
Triple Jump	10.90	Amy Pejko	27/10/2006
Shot Put	11.95	Kate Collett	13/03/2015
Discus	36.35	Kristina Moore	24/01/2014
Javelin	30.30	Kristina Moore	14/03/2014

UNDER 15 GIRLS

EVENTS	RECORD	RECORD HOLDER	DATE
100m Run	12.78	Sarah Thomson	10/02/2006
100m Run Elec	12.81	Katie Devitt	31/10/2014
200m Run	26.32	Karina Takchi	25/02/2011
200m Run Elec	26.33	Katie Devitt	27/02/2015
400m Run	59.06	Jenny Blundell	21/11/2008
400m Run Elec	1-06.05	Jordan Roughan	09/11/2012
800m Run	2-16.46	Jenny Blundell	03/10/2008
1500m Run	4-38.68	Jenny Blundell	07/11/2008
3000m Run	11-0.32	Victoria Low	09/12/2005
90m Hurdles Elec	13.48	Carla Takchi	23/11/2012
200m Hurdles	30.87	Jenny Blundell	03/10/2008
Long Jump	5.52	Amy Pejko	28/09/2007
High Jump	1.65	Amy Pejko	21/09/2007
Triple Jump	10.98	Amy Pejko	12/10/2007
Shot Put	13.40	Kristina Moore	12/09/2014
Discus	42.89	Kristina Moore	31/10/2014
Javelin	33.03	Kristina Moore	07/11/2014

NSW LITTLE ATHLETICS RECORD HOLDERS

Individual State Records

AGE	NAME	EVENT	RECORD	DATE
U14G	Amy Pejkovic	HJump	1.75m	18/03/2007
U15G	Amy Pejkovic	HJump	1.80m	16/03/2008
U17B	Ben Jaworski	100m	10.84s	20/03/2010
U17G	Jenny Blundell	1500m	4.33.13s	20/03/2010
U17G	Michelle Jenneke	100m 100mH 200mH	12.17s 13.87s 26.43s	20/03/2010 21/03/2010 20/03/2010
Senior Boys relay	Stephen Eaton, Ben Jaworski, James Paek, Anthony Palmer	4x100m	45.63s	2010
U12B	Donovan Bradshaw	400m	56.88s	2015/2016
U17B	Joshua Baddock	LJump	7.17m	2015/2016

Relay State Records

AGE	NAME	RELAY	RECORD	DATE
U12G	Phoebe Deskovic, Emma McKenzie, Sarah Paek, Hannah Tavenor Hanks	Long/High	3159 pts	2008
U17	Emily Duve, Michelle Jenneke, Ben Jaworski, Jin Su Jung	4 x 100m	46.03s	2009

NATIONAL LITTLE ATHLETICS RECORD HOLDERS

AGE	NAME	EVENT	RECORD	DATE
U15G	Amy Pejkovic	HJump	1.80m	16/03/2008

NB: Changes to State and Australian Records:

At the LANSW Board Meeting of August 2014, the Board approved to consolidate manual and electronic State record times, to one set of best performance records. As per LAA guidelines, a formula has been applied to current times to create a standardised system and to bring all performance times into alignment. From 2014, the best result (standardised hand-held time or [FAT] Fully Automated Time) has now become the LANSW State or National Record for that event.

The formula used for standardising the hand held time is as follows:

For distances under 400m: Hand held time + 0.24 seconds

For distances of 400m or 4x100m relay: Hand held time + 0.14 seconds

For distances greater than 400m: No change

A standardised time is indicated with [S]. Historical documents are to be kept on the LANSW website.

State Multi records are no longer being kept as there have been multiple changes made to the point scoring system which makes the year to year performances difficult to compare.



LITTLE ATHLETICS CHAMPIONSHIP RECORDS

Championship records were introduced in the 2009/2010 season to recognize the BEST performances of Cherrybrook athletes at major LA championship events.
As at April 2016

UNDER 7 BOYS			
50m	8.70s	Akith Ekanayake	2014/2015 Zone
70m	11.27s	Gabriel Read	2012/2013 Zone Final
100m	16.49s	Marcus Papadimitriou	2014/2015 State Multi
200m	35.56s	Marcus Papadimitriou	2014/2015 Zone Final
Pack Start	1-48.02s	Joel Moresi	2015/16 Zone
Long Jump	3.00m	Thomas Bishop	2014/2015 Zone
Discus	14.82m	Marcus Papadimitriou	2014/2015 State Multi
Shot Put	6.49m	Marcus Papadimitriou	2014/2015 State Multi
UNDER 8 BOYS			
70m	11.60s	Matthew Rose	2009/2010 Region Final
100m	15.21s	Harry Clark	2013/2014 Zone Final
200m	32.85s	Harry Clark	2013/2014 Region
400m	1-12.94s	Marcus Papadimitriou	2015/2016 Region heat
Pack Start	2-21.25s	Bronsen Brown	2015/2016 Region
60mH	11.22s	Marcus Papadimitriou	2015/2016 Region Heat
Long Jump	3.79m	Marcus Papadimitriou	2015/2016 Zone
Discus	20.58m	Matthew Mikhael	2009/2010 Region Final
Shot Put	8.23m	Matthew Mikhael	2009/2010 Region Final
UNDER 9 BOYS			
70m	10.26s	Ben Kinasch	2009/2010 State
100m	14.06s	Ben Kinasch	2009/2010 State Final
200m	30.42s	Jonathan Reid	2012/2013 State Final
400m	1-07.90s	Josh Green	2009/2010 Region Final
800m	2-34.10s	Josh Green	2009/2010 State Final
60mH	9.66s	Ben Kinasch	2009/2010 State Heat
Long Jump	4.32m	Ben Kinasch	2009/2010 Zone Final
High Jump	1.22m	Josh Green	2009/2010 Zone Final
Discus	23.61m	Matthew Mikhael	2010/2011 Region
Shot Put	7.16m	Andrew Searles	2009/2010 Region Final
700m Walk	3-37.92s	Bayden Little	2011/2012 State
UNDER 10 BOYS			
70m	10.20s	Max Hirst	2012/2013 Zone

100m	13.65s	Ben Kinasch	2010/2011 State
200m	27.73s	Ben Kinasch	2010/2011 State
400m	1-10.11s	Ben Bishop	2010/2011 Region
800m	2-30.96s	Ben Bishop	2010/2011 Region
1500m	5-00.10s	Ben Bishop	2010/2011 State
60mH	9.92s	Max Hirst	2012/2013 State Final
Long Jump	4.45m	Philip Banno	2011/2012 Region
High Jump	1.38m	Liam McKenzie	2013/2014 Zone
Discus	31.26m	Matthew Mikhael	2011/2012 State
Shot Put	10.33m	Jacob Morige	2014/2015 State
1100mWalk	5-54.90s	Bayden Little	2012/2013 State
UNDER 11 BOYS			
100m	13.57s	Ben Kinasch	2011/2012 State
200m	27.19s	Donovan Bradshaw	2014/2015 State
400m	1-01.23s	Matthew Eaton	2009/2010 State Final
800m	2-21.84s	Matthew Eaton	2009/2010 State Final
1500m	4.52.50s	Ben Bishop	2011/2012 State
60mH	9.27s	Max Hirst	2013/2014 State
Long Jump	4.91m	Jonathan Reid	2014/2015 State Multi
High Jump	1.45m	Liam McKenzie	2014/2015 Zone
Triple Jump	10.13m	Jonathan Reid	2014/2015 Region
Discus	28.95m	Matthew Mikhael	2012/2013 Zone
Shot Put	11.34m	Jacob Morige	2015/2016 State
Javelin	24.55m	Jacob Morige	2015/2016 Zone
1100mWalk	5-37.34s	Alexander Mills	2015/2016 State
UNDER 12 BOYS			
100m	12.95s	Donovan Bradshaw	2015/2016 State heat
200m	25.94s	Donovan Bradshaw	2015/2016 State final
400m	56.88s	Donovan Bradshaw	2015/2016 State final
800m	2-18.60s	Ben Bishop	2012/2013 State final
1500m	4-42.28s	Jack Brown	2010/2011 State
60mH	9.60s	Max Hirst	2014/2015 Region
Long Jump	5.25m	Max Hirst	2014/2015 Zone

High Jump	1.51m	Declan Pluim	2009/2010 Region Final
Triple Jump	10.90m	Jonathan Reid	2015/2016 State Final
Discus	33.95m	Clayton Anstee	2009/2010 State Final
Shot Put	12.56m	Matthew Eaton	2012/2013 Zone
Javelin	32.23m	Kyle Ekstrom	2011/2012 Region
1500mWalk	8-46.35s	Bayden Little	2014/2015 State
UNDER 13 BOYS			
100m	12.25s	Lewis Clabburn	2012/2013 Zone Final
200m	24.11s	Oliver Jacquot	2012/2013 State Final
400m	54.25s	Stephen Eaton	2009/2010 State
800m	2-10.35s	Matthew Eaton	2011/2012 State Final
1500m	4-32.98s	Ben Bishop	2013/2014 State
3000m	10-01.76	Ben Bishop	2013/2014 Region
80mH	12.90s	Max Hirst	2015/2016 State final
200mH	27.92s	Nelson Osifo	2009/2010 State
Long Jump	5.30m	Oliver Jacquot	2012/2013 State
High Jump	1.49m	Declan Pluim	2010/2011 Zone
Triple Jump	10.99m	Adam Kinasch	2011/2012 State
Discus	38.44m	Clayton Anstee	2010/2011 State
Shot Put	14.90m	Kevin Yang	2013/2014 State
Javelin	34.93m	Morgan Little	2014/2015 ALAC
1500mWalk	8-00.02s	William Mills	2015/2016 State
UNDER 14 BOYS			
100m	11.44s	Jordan Shelley	2011/2012 State
200m	23.79s	Stephen Eaton	2010/2011 State
400m	52.02s	Stephen Eaton	2010/2011 State
800m	2-06.50s	Matthew Eaton	2012/2013 State Final
1500m	4-27.47s	Maine Vidler	2010/2011 State
3000m	9-30.59s	Maine Vidler	2010/2011 State
90mH	13.31s	Matthew Nelson	2011/2012 State
200mH	27.80s	Nelson Osifo	2010/2011 Zone
Long Jump	5.79m	Jordan Shelley	2011/2012 Zone
Triple Jump	11.74m	Alex Nguyen-Ha	2011/2012 State
High Jump	1.71m	Declan Pluim	2011/2012 State
Shot Put	16.75m	Kevin Yang	2014/2015 State
Discus	48.99m	Clayton Anstee	2011/2012 State
Javelin	45.86m	Zac Sfiligoi	2010/2011 State

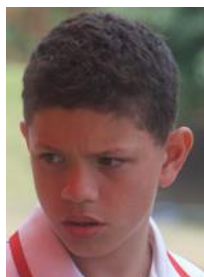
UNDER 15 BOYS			
100m	11.23s	Jordan Shelley	2012/2013 State Final
200m	23.44s	Jordan Shelley	2012/2013 Zone Final
400m	52.40s	Stephen Eaton	2011/2012 Region
800m	2-05.78s	Clayton Anstee	2012/2013 State Final
1500m	4-29.73s	Ben Bishop	2015/2016 Region
3000m	9-47.41s	Ben Bishop	2015/2016 Region
100mH	14.36s	Matthew Nelson	2012/2013 Zone Final
200mH	28.03s	Matthew Nelson	2012/2013 Zone Final
Long Jump	6.21m	Alex Nguyen Ha	2012/2013 State
High Jump	1.98m	Joshua Baddock	2013/2014 State
Triple Jump	13.35m	Joshua Baddock	2013/2014 State
Shot Put	15.26m	Kevin Yang	2015/2016 Region
Discus	53.41m	Clayton Anstee	2012/2013 State
Javelin	51.77m	Zac Sfiligoi	2011/2012 Region
UNDER 17 BOYS			
100m	10.84s	Ben Jaworski	2009/2010 State Final
200m	22.28s	Jordan Shelley	2014/2015 Zone Final
400m	49.94s	Alex Moore	2013/2014 State Final
800m	2-01.73	Oliver Clarke	2015/2016 Region Final
1500m	4-54.24	Oliver Clarke	2014/2015 Zone
200mH	26.73s	Mitchell Yabsley	2010/2011 Region
110m H	20.64s	Lachlan Antoinette	2015/2016 Zone
Long Jump	7.17m	Joshua Baddock	2015/2016 State
High Jump	1.87m	Adam Martin	2009/2010 Region
Triple Jump	14.23m	Joshua Baddock	2015/2016 State
Shot Put	13.09m	Lachlan Antoinette	2015/2016 Region
Discus	41.65m	Clayton Anstee	2013/2014 State
Javelin	45.24m	Liam Magee	2013/2014 State
UNDER 7 GIRLS			
50m	9.10s	Ruby Perkins	2014/2015 Zone
70m	13.10s	Ruby Perkins	2014/2015 Zone Final
100m	18.27s	Tayla Moore	2015/2016 State Multi
200m	38.40s	Georgia O'Connor	2009/2010 Zone Final
Pack Start	1-56.06	Sierra Timms	2012/2013 Zone
Long Jump	2.91m	Ruby Perkins	2014/2015 Zone
Discus	13.92m	Tayla Moore	2015/2016 State Multi

Shot Put	8.01m	Tayla Moore	2015/2016 State Multi
UNDER 8 GIRLS			
70m	11.41s	Emily Crawford	2012/2013 Region
100m	16.17s	Ruby Perkins	2015/2016 Zone Final
200m	34.63s	Georgia O'Connor	2010/2011 Region
400m	1-22.92	Millicent Oliver	2011/2012 Zone
Pack Start	2-30.42	Sierra Timms	2013/2014 Region
60mH	11.62s	Emily Crawford	2012/2013 Region Final
Long Jump	3.59m	Jordan Oberg	2010/2011 Region
Discus	13.62m	Ruby Perkins	2015/2016 State Multi
Shot Put	5.36m	Ruby Perkins	2015/2016 State Multi
UNDER 9 GIRLS			
70m	10.26s	Emily Crawford	2013/2014 State
100m	14.47s	Emily Crawford	2013/2014 State Final
200m	30.09s	Emily Crawford	2013/2014 State Final
400m	1-15.50	Gabrielle Damm	2009/2010 Region Final
800m	2-47.70	Gabrielle Damm	2009/2010 Region Final
60mH	10.30s	Emily Crawford	2013/2014 State
Long Jump	3.69m	Danielle Osifo	2012/2013 Zone
High Jump	1.16m	Sofia Metaxouli	2009/2010 Region Final
Discus	19.77m	Georgia O'Connor	2011/2012 Region
Shot Put	5.60m	Jessica Coppolelli	2014/2015 Region
700m Walk	5-06.05	Kaiya Grebert	2014/2015 Region
UNDER 10 GIRLS			
70m	10.08s	Danielle Osifo	2013/2014 State
100m	13.95s	Emily Crawford	2014/2015 State Final
200m	28.67s	Emily Crawford	2014/2015 State
400m	1-13.10	Isabella Rudolph	2011/2012 Region
800m	2-41.84	Gabrielle Damm	2010/2011 State
1500m	5-23.05	Gabrielle Damm	2010/2011 State
60mH	10.02s	Emily Crawford	2014/2015 State Final
Long Jump	4.57m	Danielle Osifo	2013/2014 State
High Jump	1.31m	Sofia Metaxouli	2010/2011 State
Discus	30.54m	Kristina Moore	2009/2010 Zone Final
Shot Put	10.10m	Kristina Moore	2009/2010 Region Final
1100m walk	7-11.44	Kaiya Grebert	2015/2016 Region

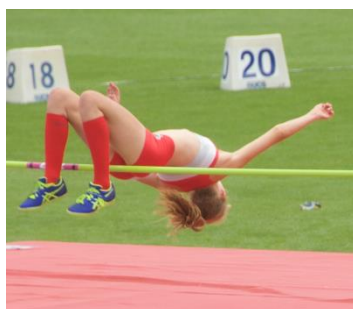
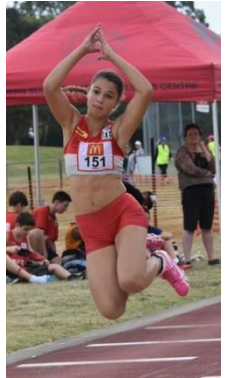
UNDER 11 GIRLS			
100m	13.22s	Brooke Jenkins	2009/2010 State Final
200m	27.12s	Brooke Jenkins	2009/2010 State
400m	1-04.03	Sienna Bond	2015/2016 State Final
800m	2-32.50	Gabrielle Damm	2011/2012 State
1500m	5-04.08	Gabrielle Damm	2011/2012 State
60mH	9.75s	Sienna Bond	2015/2016 State Final
Long Jump	4.74m	Sienna Bond	2015/2016 Zone
High Jump	1.40m	Sofia Metaxouli	2011/2012 State
Triple Jump	9.83m	Sienna Bond	2015/2016 State
Shot Put	11.01m	Kristina Moore	2010/2011 State
Discus	30.63m	Kristina Moore	2010/2011 State
Javelin	17.39m	Jessica Boatwright	2015/2016 Region
1100mWalk	7-41.34	Sonia Walsh	2015/2016 Region
UNDER 12 GIRLS			
100m	13.17s	Brooke Jenkins	2010/2011 State
200m	26.76s	Brooke Jenkins	2010/2011 State
400m	1-06.39	Isabella Rudolph	2013/2014 Region
800m	2-32.74	Isabella Rudolph	2013/2014 State
1500m	4-43.10	Gabrielle Damm	2012/2013 Zone
60mH	9.77s	Rachel Pace	2009/2010 State Final
Long Jump	4.81m	Rachel Pace	2009/2010 Region Final
High Jump	1.52m	Lara Newey	2009/2010 State Final
Triple Jump	10.55m	Danielle Osifo	2015/2016 Region
Discus	38.50m	Kristina Moore	2011/2012 State
Shot Put	12.12m	Kristina Moore	2011/2012 State
Javelin	34.21m	Amie Bowrey	2013/2014 State
1500mWalk	9-19.15	Arienna Grebert	2015/2016 Region
UNDER 13 GIRLS			
100m	13.20s	Brooke Jenkins	2011/2012 Region
200m	27.44s	Eleanor Lamperts	2014/2015 State
400m	1-03.72	Courtney Cattell	2011/2012 State
800m	2-33.78	Jessica Smillie	2014/2015 Region
1500m	5-17.40	Jessica Smillie	2014/2015 Region
3000m	11-25.40	Georgia Winkcup	2009/2010 Region Final
80mH	12.67s	Rachel Pace	2010/2011 State
200mH	29.16s	Rachel Pace	2010/2011 State

Long Jump	5.08m	Amie Bowrey	2014/2015 State
High Jump	1.53m	Maddison Sparkes	2010/2011 Zone
Triple Jump	10.71m	Phoebe Deskovic	2009/2010 State Final
Discus	40.02m	Kristina Moore	2012/2013 State
Shot Put	12.12m	Kristina Moore	2012/2013 State
Javelin	37.66m	Amie Bowrey	2014/2015 State
UNDER 14 GIRLS			
100m	12.73s	Karina Takchi	2009/2010 State
200m	26.02s	Karina Takchi	2009/2010 State
400m	59.90s	Erin Blundell	2009/2010 Region Final
800m	2-23.20	Erin Blundell	2009/2010 Region Final
1500m	5-44.26	Catalina Martinez	2012/2013 Region
3000m	11-24.30	Georgia Winkcup	2010/2011 State
80mH	12.97s	Rachel Pace	2011/2012 State
200mH	28.82s	Rachel Pace	2011/2012 State
Long Jump	5.15m	Courtney Cattell	2012/2013 Zone
High Jump	1.63m	Isabella Rudolph	2015/2016 State
Triple Jump	11.15m	Courtney Cattell	2012/2013 State
Discus	40.37m	Kristina Moore	2013/2014 State
Shot Put	12.06m	Kristina Moore	2013/2014 Zone
Javelin	41.12m	Amie Bowrey	2015/2016 State
1500m Walk	10-27.00	Linda Nixon	2010/2011 Zone
UNDER 15 GIRLS			
100m	12.26s	Katie Devitt	2014/2015 State
200m	25.44s	Karina Takchi	2010/2011 State
400m	59.48s	Courtney Chamberlain	2009/2010 State

800m	2-17.10	Courtney Chamberlain	2009/2010 Region Final
1500m	4-52.40	Courtney Chamberlain	2009/2010 Zone Final
3000m	10-48.05	Georgia Winkcup	2011/2012 State
90mH	13.12s	Rachel Pace	2012/2013 State Final
200mH	27.83s	Rachel Pace	2012/2013 State Final
Long Jump	5.30m	Rachel Pace	2012/2013 State
Triple Jump	11.15m	Courtney Cattell	2013/2014 State
High Jump	1.73m	Becky Clark	2010/2011 State
Discus	46.12m	Kristina Moore	2014/2015 Region
Shot Put	14.27m	Kristina Moore	2014/2015 Region
Javelin	35.26m	Kristina Moore	2014/15 Zone
UNDER 17 GIRLS			
100m	12.17s	Michelle Jenneke	2009/2010 State
200m	24.64s	Michelle Jenneke	2009/2010 State Final
400m	57.45s	Jenny Blundell	2009/2010 State Final
800m	2-13.69	Jenny Blundell	2009/2010 State Final
1500m	4-33.13	Jenny Blundell	2009/2010 State Final
3000m	11-06.77	Georgia Winkcup	2012/2013 State
100mH	13.87s	Michelle Jenneke	2009/2010 State Final
200mH	26.43s	Michelle Jenneke	2009/2010 State Final
Long Jump	5.44m	Amy Pejkoivic	2009/2010 Zone
High Jump	1.65m	Amy Pejkoivic	2009/2010 Zone
Triple Jump	11.92m	Amy Pejkoivic	2009/2010 Zone
Shot Put	11.50m	Gabby Ralphs	2010/2011 State
Discus	29.45m	Lauren Clark	2015/2016 Zone
Javelin	34.90m	Gabby Ralphs	2010/2011 Region



CANDID CAMERA



SENIOR PRESIDENT'S REPORT

The 2015/16 Season has been another excellent one for our club. Our one hundred athletes have continually punched above their weight in the various club competitions and also individually. Our Season started with Cross Country in April with **Julie Charlton** and the **Farrington brothers** competing during the season with distinction.

We had a very busy International Representative Season this Year. Both **Rachael Pace** (Hurdles) and **Kristina Moore** (Discus) were selected to represent at the Commonwealth Youth Games in Samoa. Rachael won **BRONZE** and Kristina **GOLD**. Well done girls. **Jordan Shelley** won selection to compete in the 100m at the World Youth Championships in Colombia where he made the semi-finals. **Tim Foster** won selection to compete at the IPC World Championships in Doha where he came 5th in the 400m. **Ben Jaworski** competed at the World University Games in Korea where he came 8th in the 200m Final.

Sally Stagles and **Jill Taylor** competed in the World Masters Championships in Lyon. Sally won **BRONZE** in the Hurdles and Jill did very well in her 5 throwing events.

Our athletes will continue to represent overseas as we head into winter. **Nick Andrews** and **Jacob McCorry** will both represent Australia in the World Junior Championships in July in Poland and also competing will be **Alysha Burnett** in the Heptathlon. Good luck and we look forward to following your performances with interest.

The main competition season started with State All Schools in October. The club had excellent results with 28 medals being won and 8 club records broken.

The Treloar Shield was held between October and December. The club did very well finishing 4th overall out of 49 clubs and 3rd in the Junior division. This was a fantastic result for a club of our size.

The Senior State Relays were held in November. We entered 37 teams and won a total of 14 medals, a very commendable result.

The Australian All Schools Championships were held in Melbourne in December. 13 athletes represented the club. 6 individual medals were won.

The NSW Combined Events were held in January and all our 5 athletes did qualifying performances for Nationals.

The NSW Club Championships were also held in January. Cherrybrook did exceptionally well coming 2nd in the Junior Women's, 3rd in the Junior Men's and 4th in the Open Men's and in both Masters categories.

The NSW Junior and Youth Championships were held in February. 58 athletes competed for the club. The club won an outstanding 42 medals including 6 club records and 33 athletes qualified for Nationals at the Championships.

The NSW Open Championships were also held in February. The club had 12 athletes compete. **Kristina Moore** won **BRONZE** in the Discus. **Ben Jaworski** **GOLD** in the 200m with **Evan Clothier** winning **BRONZE** in the same event. **Alysha Burnett** won **SILVER** in the High Jump and **BRONZE** in the Long Jump.

The Australian Junior Championships were held in Perth in March. In total 17 medals were won by our athletes including 7 club records and 22 personal bests.

Our Para Athletes had an excellent season at State and National level with **Julie Charlton**, **Kailyn Joseph** and **Tim Foster** competing with distinction for the club.

Our Masters athletes also had excellent State and National Championships with **Jill Taylor**, **Sally Stagles**, **Robert Clark**, **Cael Murray** and **Jenny Bishop** all having excellent seasons.

The Australian Multi Event Championships were held in April. The club had 5 representatives with **Alysha Burnett** outstanding in breaking the NSW Record in winning **GOLD**. **Georgia Duncan** also came **3rd** in the U15 Age Group.

The Premier Competition of the Season were the National Series events leading up to the National Championships. 10 athletes represented the club during the series and at Nationals being **Nick Andrews**, **Carla Takchi**, **Rachael Pace**, **Harry Andrews**, **Jacob McCorry**, **Alysha Burnett**, **Ben Jaworski**, **Evan Clothier**, **Karina Takchi** and **Nat Setiadji**.

A long but very satisfying season for the club.

And now for some thanks. A very big thanks to **Elisabeth Jones** who was tireless in her commitment as an Athletics NSW Official during the Season.

I would also like to thank our Committee for their work during the Season.

A final and very big thank you goes to **Matt Joyce** who is leaving the club after doing an absolutely fantastic job as the club's Championship's Officer and newsletter guru. We wish Matt all the best and hope he continues with his running and involvement in athletics in the future.

Thank you and I look forward to another excellent season next year



John Sharpe

SENIOR CHAMPIONSHIPS

STATE CROSS COUNTRY AND DISTANCE EVENTS

April – August 2014



A very quiet season was had by our distance athletes this year with lower participation numbers than usual. A highlight was **Julie Charlton** who finished with **SILVER** in the Wheelchair 10km at the NSW Road Championships. Other participants who represented Cherrybrook with pride and hard work in the Athletics NSW winter series were the 3 **Farrington brothers: Charlie, Harry and James.**



INTERNATIONAL REPRESENTATION

Rachel Pace gained selection in the 100m Hurdles event at the Commonwealth Youth Games in Samoa from the 8-10 September, 2015. Rachel was very strong and competitive winning a **BRONZE** in a time of 13.46s, equalling the U18 women's State Record time held by Shelly Jenneke.

Kristina Moore was selected for the Commonwealth Youth Games in the Shot Put and Discus events. Kristina won a **GOLD** in the Discus event with a big personal best of 46.95m. She backed this up with a personal best 14.91m in the Shot Put to place 4th.

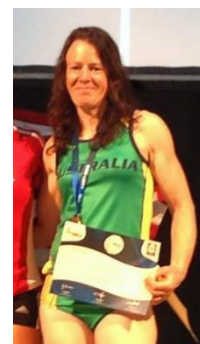
Jordan Shelley was selected in the Australian team for the 100m for the World Youth Athletics Championships held in Cali, Colombia from the 15-19 July, 2015. In his first international experience Jordan ran well to place 3rd in his heat to progress to the semi-final stage where he finished 7th in a time of 10.84s.

Ben Jaworski had a strong 2014/15 track season which resulted in him being chosen to run the 200m at the World University Games championships in Korea from the 8-12 July, 2015. Ben was impressive by progressing through 4 stages of competition to finish 8th in a time of 21.26s after he earlier did a 21.09s in the quarter final stage of competition.

Sally Stables competed for Australia for the first time in the World Masters Championships held in Lyon, France from 4-16 August, 2015. Sally was in peak condition for the competition, and secured a **BRONZE** in the 80m Hurdles event with a time of 13.02s. She then backed this up with **SILVER** in the relay.

Jill Taylor was involved in the World Masters Championships in 5 throwing events. Her best results were an 11th placing in the Hammer Throw and 12th in the Throws Pentathlon.

Tim Foster was selected to compete for Australia at the IPC World Championships in Doha from 22-31 October – Tim finished in 5th place in a very fast time of 52.68s – an amazing international experience for the young man!



Congratulations to our International reps who were selected for 2016 for the Word Junior Championships in Poland from July 19-24:

Nick Andrews (110m Hurdles)

Jacob McCorry (110m Hurdles)

Alysha Burnett (High Jump)

NSW ALL SCHOOLS CHAMPIONSHIPS

8-11 October 2015, SOPAC Homebush

The club had more than 50 athletes contest in excess of 80 events over four days of competition. There were 30 plus National Qualifiers and Personal Bests from our athletes highlighting that season 2015-2016 would be a very strong one for our club. 28 Medals were won and 8 Club Records were broken.

Multi Medallists included: **Mia Hemsworth** (1 **GOLD**, 1 **SILVER**), **Kailyn Joseph** (1 **SILVER**, 1 **BRONZE**), **Joshua Baddock** (1 **GOLD**, 1 **SILVER**, 1 **BRONZE**) and **Julie Charlton** (5 **GOLD**). State All Schools Gold medal winners included: **Julia Vignes** (13G 80m Hurdles), **Mia Hemsworth** (14G 90m Hurdles), **Imogen Breslin** (15G 90m Hurdles), **Julie Charlton** (16-19G 100m, 200m, 800m, Shot Put and Discus), **Kevin Yang** (14B Shot Put), **Kyle Ekstrom** (15B Discus), **Konrad Cuevas** (15B Pole Vault) and **Joshua Baddock** (17B Triple Jump).



SENIOR STATE RELAYS

14-15 November 2015, Blacktown

Cherrybrook had a record number of 55 athletes competing in 37 Track and Field Teams that were entered into this championship. Athletes showed their team spirit filling in gaps in teams for events they are not used to and cheering on teammates resulting in a great carnival atmosphere. The club collected 14 teams medal in total (1 **GOLD**, 8 **SILVER** and 5 **BRONZE**), which is our best result in 3 years.

GOLD Medal Team

4x100m	U20M	43.54s	Nick Thomson, Jacob McCorry, Beau Ingram, Nick Andrews
--------	------	--------	--

SILVER Medal Teams

4x200m	U14M	1.45.47	Thisara Gunawardene, Donovan Bradshaw, Jonathan Reid, Morgan Little
Discus	U14M	81.63m	Bayden Little, Donovan Bradshaw, Jonathan Reid, Morgan Little
4x200m	U16F	1.48.67	Eleanor Lamperts, Kate Collett, Jessica Maciver, Mia Hemsworth
Long Jump	U18F	18.26m	Emily Jones, Aleisha Scanlon, Zoe Warland, Eleanor Lamperts
High Jump	U18M	7.20m	Jackson Tuynman, Josh Baddock, Declan Pluim, Joel Davidson
4 x 100m	U20F	49.81s	Natasha Pidgeon, Carla Takchi, Aleisha Pidgeon, Karina Takchi
Long Jump	Open F	18.72m	Alysha Burnett, Aleisha Scanlon, Emily Jones, Brianna Phillips
4 x 200m	Open M	1.26.72	Evan Clothier, Nick Andrews, Nick Thomson, Ben Jaworski, Ben Henry

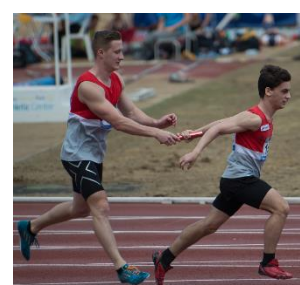
BRONZE Medal Teams

4x200m	U18F	1.47.12	Jaslyn Setiadji, Eleanor Lamperts, Aleisha Scanlon, Natasha Pidgeon
High Jump	U18 W	5.90m	Nicole Freestone, Isabella Rudolph, Emily Jones, Kate Collett
4x100m	Open M	41.36s	Evan Clothier, Jacob McCorry, Nick Andrews, Ben Jaworski
Long Jump	Open M	25.44m	Josh Baddock, Rhys Tuohy, Alex Nguyen-Ha, Evan Clothier
Shot Put	MastersW	29.44m	Jill Taylor, Jenny Bishop, Elizabeth Jones, Mel Best-Clark



NSW TRELOAR SHIELD

October - December 2015, various venues





In this pre-Christmas competition spread across 8 weekends, our club finished on 42 points to finish in 4th place out of 49 Clubs. This included 3rd place in the Juniors division, 8th in the Open Division and 9th in the Masters Division. Thank you to all our athletes who took part during this series showing club pride and scoring many important points for the Club! Special mention to those athletes participated in over 5 meets including: **Robert Clark, Jenny Bishop, Evan Clothier, Ben Jaworski, Matthew Joyce, Karina Takchi, Emily Jones, Aleisha Scanlon, Alex Nguyen-Ha, Joel Davidson, Lachlan Antoinette, Beau Ingram, Eleanor Lamperts, Rachel Ingram, Kate Collett, Ryan Jones and Morgan Little.**

AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS

4-6 December 2015 Melbourne



Cherrybrook had 13 athletes qualify from the NSW All Schools to compete at the National All Schools, which were held in Melbourne from the 4th – 7th December, 2015. These athletes were: **Julia Vignes** 14G, **Mia Hemsworth** U14G (100m, 90m Hurdles and 4x100m Relay), **Imogen Breslin** U16G (90m Hurdles), **Lauren Clark** U16G (Hammer Throw), **Kailyn Joseph** U16G (Para Discus), **Katie Devitt** U16G (100m, 4 x100m relay and Swedish Medley), **Julie Charlton** U18G (WC 100m, 200m, 800m, seated Shot Put and Discus), **Aleisha Scanlon** U18G (Long Jump and 80m Hurdles), **Lachlan Antoinette** U16B (Hammer Throw), **Kyle Ekstrom** U16B (Discus), **Kevin Yang** U16B (Shot Put), **Konrad Cuevas** U16B (Pole Vault) and **Joshua Baddock** U18B (Long Jump, Triple Jump and High Jump)

Individual medallists from this Championship included: **Julie Charlton** who won a **SILVER** and **BRONZE** (Discus and Shot Put), **Kevin Yang** collected a **SILVER** (Shot Put) and **Imogen Breslin** was very competitive to place 2nd to her team mate Mia (80m Hurdles). Additionally as part of the NSW 4x100m relay teams the following athletes won medals: **Rachel Pace** (U18G **SILVER**), **Mia** (U14G **BRONZE**) and **Jordan** (U18B **GOLD**) who also won a 2nd **GOLD** in the Swiss Medley Relay

NSW COMBINED EVENT CHAMPIONSHIPS

9-10 January 2016, Homebush

We had 5 athletes from Cherrybrook Athletics compete at this year's State Championships for either the Heptathlon or Decathlon. **Morgan Little** (U16B) participated in his first ever Heptathlon and was very competitive with a group of older Boys where he managed to secure a National Qualifier with 3006pts. **Kate Collett** and **Georgia Duncan** (U16G) fought out a very close competition where there was only 13 points between 2nd and 4th where Kate collected a **SILVER** with a PB of 3825pts and Georgia in her first Heptathlon was unlucky to finish 4th. **Lachlan Antoinette** (U18B) was impressive in his first Decathlon event placing 4th in the event but securing **SILVER** with a respectable 3507pts to secure National Qualification. **Alysha Burnett** (Open W) completed her first Heptathlon in 9 months to win **GOLD** with a World Junior Qualifying Performance point score of 5343 points.



AGE	ATHLETE	EVENT	POINTS	RESULT
U16	Kate Collett	Heptathlon	3825pts	SILVER
U20	Alysha Burnett	Heptathlon	5547pts	GOLD
U18	Lachlan Antoinette	Decathlon	3507pts	SILVER



NSW CLUB CHAMPIONSHIPS

9-10 January 2016, Homebush

Cherrybrook Athletics Club received excellent results at this year's NSW Club Championships almost placing the top 5 for each division - the placings and points were:

Junior Women's: 2nd - 757

Junior Men's: 3rd - 665

Open Women's: 9th - 114

Open Men's: 4th - 181.5

Masters Women's: 4th - 255

Masters Men's: 4th - 349

Big point and event contributors who participated in 4 or more events over the weekend included: Scarlett Prowse, Julie Charlton, Emily Jones, Jill Taylor, Jenny Bishop, Bayden Little, Evan Clothier, Beau Ingram, Joel Davidson, Ben Jaworski, Caerl Murray, Martin Bradshaw and Robert Clark.



NSW JUNIOR AND YOUTH CHAMPIONSHIPS

5-7 February 2016, Homebush

Out of the 58 athletes Cherrybrook had participating at this competition we had 33 athletes qualify for the Australia Junior and Youth Championships in March. In addition to this we won 42 Medals (13 **GOLD**, 10 **SILVER** and 19 **BRONZE**), 6 Club Records were cracked and most impressive of all, more than 20 Personal Bests performance(s) were recorded. Impressive performers who won multiple medals included: **Georgia Duncan** (U15 **BRONZE** - Shot Put and Discus), **Kate Collett** (U16 **GOLD** - Discus and **SILVER** - Shot Put), **Kate Devitt** (U17 **GOLD** - 100m & **BRONZE** - 200m), **Kristina Moore** (U18 **GOLD** - Discus, **BRONZE** - Shot Put), **Alysha Burnett** (U20 **SILVER** - Long Jump and Shot Put), **Morgan Little** (U15 **SILVER** - Javelin, **BRONZE** - 200m and 400m) **Lachlan Antoinette** (U17 **BRONZE** - Shot Put and Hammer Throw), **Nick Thomson** (U18 **SILVER** 100m, 200m and 110m Hurdles) and **Nick Andrews** (U20 **GOLD** - 100m and 110m Hurdles). Our other State Champions included: **Mia Hemsworth** (U15 90m Hurdles), **Emily Britton** (U16 90m Hurdles), **Nicole Freestone** (U16 High Jump), **Tiana Death** (U17 100m Hurdles), **Lauren Clark** (U17 Hammer Throw), **Riley Hemsworth** (U14 90m Hurdles), **Kevin Yang** (U16 Shot Put) and **Konrad Cuevas** (U17 Pole Vault).

AGE	ATHLETE	EVENT	RESULT	PLACE
U14	Scarlett Prowse	100m	13.45s	BRONZE
U15	Georgia Duncan	Shot Put (3kg)	11.15m	BRONZE
		Discus (1kg)	32.47m	BRONZE
U15	Mia Hemsworth	90m Hurdles	13.17s	GOLD
U16	Kate Collett	Shot Put (3kg)	11.68m	SILVER
		Discus (1kg)	38.55m	GOLD
U16	Imogen Breslin	90m Hurdles	13.28s	SILVER
U16	Emily Britton	90m Hurdles	13.11s	GOLD
U16	Isabella Rudolph	High Jump	1.55m	BRONZE
U16	Nicole Freestone	High Jump	1.65m	GOLD
U17	Katie Devitt	100m	12.43s	GOLD
		200m	25.33s	BRONZE
U17	Tiana Death	100m Hurdles (76.2cm)	15.04s	GOLD
U17	Lauren Clark	Hammer Throw (3kg)	47.18m	GOLD
U18	Kristina Moore	Shot Put (3kg)	13.67m	BRONZE
		Discus (1kg)	45.97m	GOLD
U20	Aleisha Scanlon	Triple Jump	11.59m	BRONZE
U20	Carla Takchi	100m Hurdles (84cm)	14.75s	SILVER
U20	Alysha Burnett	Long Jump	5.92m	SILVER
		Shot Put (4kg)	12.42m	SILVER



U14	Riley Hemsworth	90m Hurdles	13.54s	GOLD
U14	Jonathan Reid	Long Jump	5.01m	BRONZE
U15	Morgan Little	200m	25.14s	BRONZE
		400m	56.58s	BRONZE
		Javelin (700g)	36.30m	SILVER
U16	Nick Dang	100m Hurdles (84cm)	13.65s	BRONZE
U16	Kevin Yang	Shot Put (4kg)	14.72m	GOLD
U17	Kyle Ekstrom	Discus (1.5kg)	44.53m	BRONZE
U17	Konrad Cuevas	Pole Vault	3.50m	GOLD
U17	Lachlan Antoinette	Shot Put (4kg)	12.82m	BRONZE
		Hammer Throw (4kg)	38.64m	BRONZE
U18	Nick Thomson	100m	11.24s	SILVER
		200m	22.52s	SILVER
		110m Hurdles (99.1cm)	14.75s	SILVER
U18	Tom Gammie	100m	11.47s	BRONZE
U18	Joel Davidson	Triple Jump	12.21m	BRONZE
U20	Josh Baddock	Triple Jump	13.93m	BRONZE
U20	Declan Pluim	High Jump	2.00m	BRONZE
U20	Alex Nguyen-Ha	Long Jump	6.67m	BRONZE
U20	Nick Andrews	100m	10.49s	GOLD
		110m Hurdles (99.1cm)	13.82s	GOLD
U20	Jacob McCorry	110m Hurdles (99.1cm)	14.15s	SILVER



NSW MASTERS CHAMPIONSHIPS

20-21 February 2016, Homebush



Cherrybrook had 5 athletes competing amongst 23 events where our athletes claimed a total of 15 medals. **Jill Taylor** (60-64) starred with 6 medals (2 **GOLD** and 4 **SILVER**) in a variety of throwing events and Triple Jump (NSW State Record), whilst **Sally Stagles** (45-49) got the full set of medals – **GOLD**, 2 **SILVER**s and a **BRONZE** in 4 events, **Robert Clark** (50-54) managed 3 medals out of his 6 events once again with 1 **SILVER** and 2 **BRONZE** in the 5000m, Hammer Throw and Weight Throw. In addition to this **Caerl Murray** (40-44) won a **BRONZE** in the Shot Put and **Jenny Bishop** (45-49) managed **SILVER** in the 80m Hurdles.



AGE	ATHLETE	EVENT	RESULT	PLACE
45-49	Jenny Bishop	80m Hurdles	13.73s	SILVER
55-59	Sally Stagles	60m	9.17s	SILVER
		80m Hurdles	13.56s	SILVER
		300m Hurdles	54.24s	GOLD
		Shot Put (3kg)	9.00m	BRONZE
60-64	Jill Taylor	Long Jump	3.13m	SILVER
		Triple Jump	7.20m	GOLD
		Shot Put (3kg)	9.43m	SILVER
		Discus (1kg)	25.55m	GOLD
		Hammer Throw (3kg)	33.46m	SILVER
		Weight Throw (5.45kg)	12.67m	SILVER
40-44	Caerl Murray	Shot Put (7.26kg)	8.28m	BRONZE
50-54	Robert Clark	5000m	23.21.53	SILVER
		Hammer Throw (6kg)	33.16m	BRONZE
		Weight Throw (11.34kg)	13.47m	BRONZE



NSW PARA ATHLETE CHAMPIONSHIPS

26-28 February 2016 Homebush

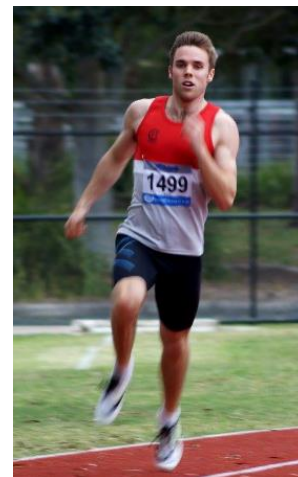
At the NSW Para Athlete Championships **Julie Charlton** won 4 **GOLDS** in the Open Wheelchair category in the events of: 100m, Shot Put, Discus, Javelin as well as medals in the 200m, 400m and 800m. **Kailyn Joseph** also won two **BRONZE** in the 200m and Discus events whilst **Tim Foster** cleaned up **GOLD** in the 400m.

NSW OPEN CHAMPIONSHIPS

26-28 February 2016, Homebush

We had 12 athletes compete in the NSW Open Championships. **Kristina Moore** was the highlight by throwing a World Junior Qualifier for Discus with 48.31m and winning a **BRONZE** in the Open age division at just 17. **Ben Jaworski** was crowned State champion in the 200m with a very quick time of 21.21s with training partner **Evan Clothier** who won a **BRONZE** in the same event. **Josh Baddock** won a **BRONZE** in the High Jump at the age of just 17. **Alysha Burnett** was also incredible to win 2 medals featuring **SILVER** in the High Jump and **BRONZE** in the Long Jump from the 4 events she competed in.

AGE	ATHLETE	EVENT	RESULT	PLACE
Open	Alysha Burnett	High Jump	1.75m	SILVER
		Long Jump	5.86m	BRONZE
Open	Kristina Moore	Discus (1kg)	48.31m	BRONZE
Open	Ben Jaworski	200m	21.21s	GOLD
Open	Evan Clothier	200m	21.92s	BRONZE



AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS

4-6 December 2015, Melbourne

Cherrybrook had 13 athletes qualify from the NSW All Schools to compete at the National All Schools. These athletes included: **Julia Vignes** 14G, **Mia Hemsworth** U14G (100m, 90m Hurdles and 4x100m Relay), **Imogen Breslin** U16G (90m Hurdles), **Lauren Clark** U16G (Hammer Throw), **Kailyn Joseph** U16G (Para Discus) **Katie Devitt** U16G (100m, 4 x 100m relay and Swedish Medley), **Julie Charlton** U18G (WC 100m, 200m, 800m, seated Shot Put and Discus), **Aleisha Scanlon** U18G (Long Jump and 80m Hurdles), **Lachlan Antoinette** U16B (Hammer Throw), **Kyle Ekstrom** U16B (Discus), **Kevin Yang** U16B (Shot Put), **Konrad Cuevas** U16B (Pole Vault) and **Joshua Baddock** U18B (Long Jump, Triple Jump and High Jump).

Julia Vignes won **SILVER** in U14G 80m Hurdles with a PB of 12.28s, **Mia Hemsworth** also claimed **SILVER** with a PB and Club record of 12.89s in the U16G 90m Hurdles just ahead of her training partner and team mate **Imogen Breslin** who also ran a PB of 12.92s to secure **BRONZE**. In the Para categories **Kailyn Joseph** won a **BRONZE** in the U16G Discus with a very good throw of 18.62m, whilst **Julie Charlton** was also impressive claiming 4 medals from 5 events including a **GOLD** medal in the 800m! We also had a lot of athletes competing out of their skin to finish 4th in their events including: **Lachlan Antoinette** throwing a 7m PB in the U16B Hammer Throw, **Lauren Clark** throwing her best and a club record in U16G Hammer Throw, as well as **Josh Baddock** U18B Triple Jump, and **Kevin Yang** U16B Shot Put missing out a medal by one place and recording massive PB's! In the team events **Mia Hemsworth** and **Julia Vignes** combined for NSW in a U14G 4 x 100m to win **GOLD** as well **Katie Devitt** winning **GOLD** in the U16G relay and backing up with a **SILVER** medal in the Swiss Medley relay.

AUSTRALIAN JUNIOR CHAMPIONSHIPS

8-13 March 2016, Perth

We had 31 Senior Cherrybrook athletes compete in the Australian Junior Championships. In total 17 medals (5 **GOLD**, 5 **SILVER** and 7 **BRONZE**) were won by athletes, 7 club records broken and the most pleasing statistic is there were 22 personal best performances. **GOLD** medalists and national champions included: **Emily Britton** (U16 90m Hurdles), **Riley Hemsworth** (U14 90m Hurdles), **Alysha Burnett** (U20 High Jump) and **Nick Andrews** (U20 110m Hurdles and 4 x 100m Relay).

Other individual medalists included: **Mia Hemsworth** (U15 90m Hurdles), **Imogen Breslin** (U16 90m Hurdles), **Tiana Death** (U17 100m Hurdles), **Kristina Moore** (U18 Discus), **Carla Takchi** (U20 100m Hurdles), **Kevin Yang** (U16 Shot Put). Multi medalists included: **Alysha Burnett** (U20 High Jump, Long Jump and Javelin) and **Nick Andrews** (100m, 110m Hurdles and 4 x 100m relay). In addition to this we saw 5 World Junior Qualifying performances including: **Alysha Burnett** (High Jump – 1.83m), **Nick Andrews** (110m Hurdles – 13.79s and 100m – 10.39s), **Jacob McCorry** (110m Hurdles – 13.79s) and **Kristina Moore** (Discus – 48.06m).



Medallists

AGE	NAME	EVENT	RESULT	PLACE
U14	Scarlett Prowse	4x100m Relay	49.83s	SILVER
U15	Mia Hemsworth	90mH	12.88s	SILVER
U16	Imogen Breslin	90mH	12.81s	SILVER
U16	Emily Britton	90mH	12.69s	GOLD
U17	Tiana Death	100mH	14.13s	BRONZE
U17	Lauren Clark	Hammer	49.63m	BRONZE
U18	Kristina Moore	Discus	48.06m	BRONZE
U20	Carla Takchi	100mH	14.12s	BRONZE
U20	Alysha Burnett	LJump	6.00m	BRONZE
		HJump	1.83m	GOLD
		Javelin	42.79m	BRONZE
U14	Riley Hemsworth	90mH	13.01s	GOLD
U16	Kevin Yang	Shot	14.44m	SILVER
U20	Nick Andrews	100m	10.39s	BRONZE
		110mH	13.79s	BRONZE
		4x100m Relay	41.35s	GOLD
U20	Jacob McCorry	110mH	14.02s	SILVER

Other Performances

U14	Scarlett Prowse	100m	13.23s	11 th
		200m	28.12s	14 th
U15	Georgia Duncan	90mH	13.78s	10 th
		Shot	11.73m	5 th
U15	Mia Hemsworth	100m	12.88s	9 th
U16	Kate Collett	Shot	12.25m	5 th
		Discus	35.46m	7 th
U16	Isabella Rudolph	HJump	1.54m	9 th
U16	Nicole Freestone	HJump	1.62m	5 th
U18	Kristina Moore	Shot	14.91m	4 th
U18	Jas Setiadi	100mH	14.81s	7 th
U20	Lauren Clark	Hammer	38.66m	11 th
U20	Kristina Moore	Discus	47.85m	4 th
U20	Emily Jones	100mH	15.86s	15 th
		400mH	1:12.50	16 th
		TJump	11.69m	6 th
U20	Aleisha Scanlon	LJump	5.67m	6 th
		TJump	11.16m	15 th
U20	Alysha Burnett	100mH	14.82s	13 th
U20	Brianna Phillips	LJump	4.51m	10 th
U15	Morgan Little	200m	25.38s	14 th
U16	Nick Dang	100mH	13.39s	4 th
U16	Ryan Jones	2000m Steeple	7:07.37	15 th
U17	Kyle Ekstrom	Discus	45.96m	7 th
U18	Nick Thomson	100m	11.49s	10 th
		200m	22.37s	6 th
U18	Tom Gammie	110mH	15.33s	12 th
U18	Joel Davidson	TJump	12.78m	7 th
U20	Josh Baddock	LJump	6.98m	6 th
		TJump	14.28m	7 th
U20	Declan Pluim	HJump	1.92m	14 th



IPC WORLD PARA ATHLETE CHAMPIONSHIPS

5-7 February 2016, Canberra

Cherrybrook were represented by **Julie Charlton** (Wheelchair), **Kailyn Joseph** (Ambulant) and **Tim Foster** (Ambulant) at the NSW and Australian Para Athlete Championships as well as the IPC World Championships.

At the IPC World Championships **Tim Foster** won **GOLD** in the 200m with a time of 24.04s and was also 4th with a time of 53.35s. **Julie Charlton** was very busy competing in 6 events to win **SILVER** in the Javelin and got 3 Personal Bests in 400m, 800m and 1500m events whilst **Kailyn Joseph** competed in the 100m, Long Jump and Shot Put events.

NSW PARA ATHLETICS CHAMPIONSHIPS

26-28 February 2016, Homebush

At the NSW Para Athlete championships **Julie Charlton** won 4 **GOLDS** in the Open Wheelchair category in the events of: 100m, Shot Put, Discus, Javelin as well as medals in the 200m, 400m and 800m. **Kailyn Joseph** also won two **BRONZE** in the 200m and Discus events whilst **Tim Foster** cleaned up **GOLD** in the 400m.

AUSTRALIAN PARA ATHLETIC CHAMPIONSHIPS

31 March – 3 April 2016, Homebush

A month later at the Australian Open Championships **Julie Charlton** was busy as usual by competing in a total of 7 events at the championships and winning 5 medals in the 200m, 400m, 800m as well as the Discus and Javelin events. **Kailyn Joseph** did well in the Long Jump by amassing a big leap of 3.66m to come away in 8th place as well as placing 16th in the 100m and 200m sprints in PB times whilst **Tim Foster** ran outstanding races in the 400m and 200m to come away with **BRONZE** in a season's best time.

NSW Championships

AGE	ATHLETE	EVENT	RESULT	PLACE
AWD	Julie Charlton	100m	22.32s	GOLD
		200m	41.89s	SILVER
		400m	1.27.77	SILVER
		800m	3.10.08	BRONZE
		Shot Put	4.78m	GOLD
		Discus	12.08m	GOLD
		Javelin	5.36m	GOLD
AWD	Kailyn Joseph	200m	37.36s	BRONZE
		Discus	17.27m	BRONZE
AWD	Tim Foster	400m	53.65s	GOLD



Australian Championships

AGE	ATHLETE	EVENT	RESULT	PLACE
AWD	Julie Charlton	200m	42.97s	SILVER
		400m	1.31.93	BRONZE
		800m	3.10.12	GOLD
		Discus	12.69m	GOLD
		Javelin	7.11m	GOLD
AWD	Tim Foster	200m	24.11s	BRONZE

NATIONAL ATHLETICS SERIES

January – March 2016

The National Athletics Series started with 7 of our athletes being in action at the Hunter Track Classic with 3 girls in the 100m Hurdles event where **Carla Takchi** finished 5th in 14.81s ahead of **Rachel Pace** in 15.21s and **Alysha Burnett** in 16.07s. Carla later combined with Rachel in the unique 2 x 100m relay to finish 5th in a time of 24.75s with Alysha competing in the High Jump to come a respectable 3rd with a leap of 1.75m. In the men's events we had **Harry Andrews** come 3rd in a time of 10.99s in the 100m B-race whilst his brother **Nick Andrews** came 3rd in the A-race of 10.71s – both boys then combined for an all Andrews relay to finish runners up in a time of 20.88s. Earlier on **Nick Andrews** ran 14.28s to finish 1st in the U20's race just ahead of training partner **Jacob McCorry** in 14.47s.



In Canberra in February we had 3 athletes compete for the club including: **Alysha Burnett** who was 5th in the High Jump with an impressive leap of 1.78m. In the men's B-race we saw very quick times to see **Nick Andrews** place 1st in a time of 10.39s which was also a World Junior Qualifier and **Ben Jaworski** close behind in 4th with 10.55s. Ben later competed in the Queensland and Melbourne Track Classics where he placed 7th in both meets with times of 10.56s. Alysha took part in the Sydney Track Classic where she was 7th in the Long Jump with a strong competitive leap of 5.77m.

The National Athletic Series concluded with the Open Australian Nationals, which was held at Sydney Olympic Park in Homebush from 31 March – 3 April. We had 3 athletes compete in the 100m sprint with **Harry Andrews** producing a PB run of 10.80s in the heats to come 30th in the country whilst **Ben Jaworski** progressed to the semi-final stage to place 10th overall in 10.52s. **Nick Andrews** made it all the way to the final after a blistering semi-final run of 10.48s to then finish 7th in a very competitive final in a time of 10.55s. Ben also backed up his run to finish 2nd in the B-final in a competitive time of 21.31s and **Evan Clothier** placed 26th in the 400m with a time of 49.01s. **Karina Takchi** was consistent as always to place 52nd in the 100m sprint with a time of 12.49s with her sister **Carla Takchi** just narrowly ahead with 12.32s. Carla was also in action in the 100m Hurdles where she came 13th in a time of 14.27s just outside her PB whilst training partner **Nat Setiadji** produced her best time to finish 17th in a time of 14.87s.



AUSTRALIAN MULTI EVENT CHAMPIONSHIPS

31 March – 3 April 2015, Homebush

Alysha Burnett was in career best form by breaking her NSW record in the Heptathlon from 2 years ago to record an amazing score of 5547 points to win **GOLD** and show that she is well on track to compete with the best in the World in a few months' time. **Georgia Duncan** was also at her very best producing 6 out of 7 Personal Bests to win a **BRONZE** in the U15 Heptathlon with 4250 points whilst **Kate Collett** was also extremely competitive to place 4th in the U16 Heptathlon to produce a total of 4070 points. In the male events we had **Morgan Little** producing very consistent results across the board in his Heptathlon to secure a **SILVER** with 3159 points whilst **Lachlan Antoinette** was superb as always and tireless in his efforts in the Decathlon to amass a total of 3710 points and come away with 4th in the U17's division.

AGE	NAME	EVENT	POINTS	RESULTS
U15	Georgia Duncan	Heptathlon	4250pts	BRONZE
U15	Morgan Little	Heptathlon	3159pts	SILVER
U20	Alysha Burnett	Heptathlon	5547pts	GOLD



AUSTRALIAN MASTERS

16-19 April 2016, Adelaide

Three of our athletes participated in the Australian Masters Championships. **Jenny Bishop** ended the season in style by securing two **GOLDS** in the Shot Put and Discus events as well as **SILVER** in the Long Jump and **BRONZE** in the 80m Hurdles showing her all round athletic ability. **Robert Clark** had a massive championships competing in the Throws Pentathlon and Outdoor Pentathlon where he finished 4th and 5th respectively as well as winning **SILVER** in the Weight Throw and **BRONZE** in the Hammer Throw and Long Jump. **Jill Taylor** as always was also a shining star by securing 2 **GOLDS**, 4 **SILVERs** and a **BRONZE** from her 7 events.

AGE	ATHLETE	EVENT	RESULT	PLACE
40-44	Jenny Bishop	80m Hurdles	14.1s	BRONZE
		Long Jump	4.57m	SILVER
		Triple Jump	9.35m	SILVER
		Shot Put (4kg)	8.90m	GOLD
		Discus (1kg)	28.34m	GOLD
55-59	Jill Taylor	Triple Jump	7.36m	GOLD
		Shot Put (3kg)	8.25m	SILVER
		Discus (1kg)	23.32m	GOLD
		Javelin (500g)	18.74m	BRONZE
		Hammer Throw (3kg)	30.62m	SILVER
		Weight Throw (7.26kg)	12.90m	SILVER
		Throws Pentathlon	3581pts	SILVER
50-54	Robert Clark	Hammer Throw (6kg)	34.45m	BRONZE
		Weight Throw (11.34kg)	12.58m	SILVER
		Long Jump	4.16m	BRONZE



SENIOR CLUB RECORDS BROKEN OR ESTABLISHED

NAME	EVENT	RESULT
Under 14		
Bayden Little	Hammer Throw 3kg	22.67m
Morgan Little	Javelin 700g	35.85m
Mia Hemsworth	100m	12.64s
Mia Hemsworth	90m Hurdles	12.89s
Mia Hemsworth	100mHurdles76.2cm	14.18s
Under 16		
Nick Dang	100mHurdles84cm	13.02s
Ryan Jones	2000mSteeple76cm	6.59.50
Kevin Yang	Shot Put 4kg	15.21m
Lachlan Antoinette	Shot Put 5kg	11.58m
Kyle Ekstrom	Discus 1kg	58.04m
Kyle Ekstrom	Discus 1.5kg	41.88m
Lachlan Antoinette	HammerThrow4kg	48.15m
Lachlan Antoinette	HammerThrow5kg	37.09m
Konrad Cuevas	Pole Vault	3.40m
Morgan Little	Heptathlon	3159pts
Lauren Clark	HammerThrow3kg	45.55m
Under 18		
Joshua Baddock	Long Jump	6.89m
Joshua Baddock	Triple Jump	14.22m
Konrad Cuevas	Pole Vault	3.50m
Lachlan Antoinette	HammerThrow5kg	38.23m
Lachlan Antoinette	Decathlon	3710pts
Rachel Pace	100m Hurdles	13.46s
Kristina Moore	Shot Put 3kg	14.91m
Kristina Moore	Discus 1kg	48.31m
Lauren Clark	HammerThrow3kg	49.63m
Lauren Clark	HammerThrow4kg	38.66m

Under 20		
Nick Andrews	60m	6.88s
Nick Andrews	100m	10.39s
Josh Baddock	Long Jump	7.17m
Josh Baddock	Triple Jump	14.28m
Alysha Burnett	Long Jump	6.00m
Alysha Burnett	Shot Put 4kg	12.93m
Alysha Burnett	Javelin 600g	48.71m
Alysha Burnett	Heptathlon	5547pts
Open		
Evan Clothier	400m	48.39s
Matthew Joyce	3000mSteeple91.4cm	10.59.35
Masters		
Martin Bradshaw	Triple Jump	8.94m
Robert Clark	Shot Put 6kg	9.96m
Robert Clark	Discus 1.5kg	30.09m
Robert Clark	HammerThrow6kg	34.45m
Robert Clark	WeightThrow11.34kg	13.47m
Robert Clark	Throws Pentathlon	2575pts
Robert Clark	Pentathlon	1851pts
Jen Bishop	200m Hurdles	34.01s
Sally Stagles	300m Hurdles	51.81s
Jen Bishop	Long Jump	4.57m
Jen Bishop	Triple Jump	9.35m
Jenny Bishop	Shot Put 4kg	9.85m
Jenny Bishop	Discus 1kg	29.47m
Jenny Bishop	Javelin 600g	19.57m
Jill Taylor	WeightThrow7.26kg	13.41m
Jill Taylor	Throws Pentathlon	3634pts



REPRESENTATIONS AND OTHER HONOURS

NATIONAL INDIVIDUAL RANKINGS 2015

ATHLETE	EVENT	RESULT	RANKING		
			Open	U/20	U/18
Kristina Moore	Shot Put (3kg)	14.91m	-	-	7th
	Discus (1kg)	46.95m	11th	4th	3rd
Katie Devitt	100m	12.17s	61st	23rd	16th
	200m	24.82s	56th	20th	15th
Carla Takchi	100m Hurdles (84cm)	14.25s	18th	6th	-
Mia Hemsworth	100m Hurdles (76.2cm)	14.18s	-	-	10th
Rachel Pace	100m Hurdles (76.2cm)	13.46s	-	-	2nd
Alysha Burnett	High Jump	1.75m	19th	11th	-
	Long Jump	5.95m	13th	5th	-
	Shot Put (4kg)	12.53m	19th	7th	-
	Javelin (600g)	42.32m	22nd	7th	-
	Heptathlon	5163pts	3rd	-	-
Jordan Shelley	100m	10.61s	21st	6th	3rd
	200m	21.59s	34th	10th	4th
Ben Jaworski	100m	10.34s	7th	-	-
	200m	20.85s	4th	-	-
	400m	48.53s	51st	-	-
Harry Andrews	110m Hurdles (106.7cm)	14.69s	10th	-	-
Nick Andrews	100m	10.65s	29th	8th	-
	110m Hurdles (99.1cm)	14.06s	-	1st	-
Evan Clothier	400m Hurdles	55.06s	28th	-	-
Declan Pluim	High Jump	2.04m	25th	16th	10th
Joshua Baddock	High Jump	2.07m	16th	10th	7th



NATIONAL INDIVIDUAL RANKINGS 2016 (as at 5 April 2016)

ATHLETE	EVENT	RESULT	RANKING		
			Open	U/20	U/18
Kristina Moore	Shot Put (3kg)	14.02m	-	-	6th
	Discus (1kg)	48.31m	9th	3rd	2nd
Katie Devitt	200m	24.91s	47th	20th	-
Lauren Clark	Hammer (3kg)	49.63m			10th
Carla Takchi	100m Hurdles (84cm)	14.12s	16th	6th	-
Rachel Pace	100m Hurdles (76.2cm)	14.16s	17th	5th	-
Alysha Burnett	100m Hurdles (84cm)	14.82s	34th	14th	-
	High Jump	1.83m	4th	1st	-
	Long Jump	6.00m	8th	3rd	-
	Shot Put (4kg)	12.93m	14th	7th	-
	Javelin (600g)	42.79m	14th	5th	-
	Heptathlon	5547pts	1st	1st	-
Jordan Shelley	100m	10.68s	30th	8th	-
	200m	21.47s	15th	3rd	-
Ben Jaworski	100m	10.55s	15th	-	-
	200m	21.18s	8th	-	-
Nick Andrews	100m	10.39s	7th	3rd	-
	110m Hurdles (99.1cm)	13.79s	-	1st	-
Jacob McCorry	110m Hurdles (99.1cm)	13.79s	-	1st	-
Evan Clothier	400m	48.39s	37th	-	-
Declan Pluim	High Jump	2.00m	-	20th	



NSW AND AUSTRALIAN DEVELOPMENT PROGRAM

This season Cherrybrook had 2 athletes selected to participate in the Development Programs; Kristina Moore in the U17 2015 team, and Alysha Burnett in the U19 2015 team.

SENIORS AWARDS

DUAL ATHLETE PARTICIPATION AWARD

Awarded to the male and female Dual Athlete who has represented the Club in the greatest number of Seniors meets throughout the season



Eleanor Lamperts

and

Morgan Little



CLUB ATHLETE OF THE SEASON

This is the Senior Club's highest award and is presented to the athlete who has performed the highest achievement for their division and gender (U18, U20, Open, Master and AWD)

MOST CONSISTENT ATHLETE AWARD

Awarded to an athlete in each Age Group and gender (U18, U20, Open, Masters). The award is calculated using a point score system based on the times an athlete has competed for the club, either at club level or representatively (only athletes who have competed on at least five occasions will be eligible for this award).

2015/2016 Award Winners

DIVISION	CLUB ATHLETE	MOST CONSISTENT
AWD Male	Tim Foster	
AWD Female	Julie Charlton	
Under 18 Male	Nick Thomson	Joel Davidson & Beau Ingram
Under 18 Female	Kristina Moore	Lauren Clark
Under 20 Male	Nick Andrews	Jacob McCorry
Under 20 Female	Alysha Burnett	Emily Jones
Open Male	Ben Jaworski	Evan Clothier
Open Female	Karina Takchi	
Masters Male	Robert Clark	Caerl Murray
Masters Female	Jill Taylor	Jenny Bishop





DANIEL BERRY SENIORS AWARD

Daniel Berry was a Cherrybrook Seniors athlete from 2009 – 2013. Throughout this period Daniel broke many NSW and Australian records in the U20 and Open Male AWD divisions in running events ranging from 100m - 1500m as well as Long Jump and Discus. He also participated for Cherrybrook Athletics on a regular basis at interclub competitions, State Relays and All Comers events with great enthusiasm and determination every time he competed. In July 2013 Daniel tragically lost his life to cancer at the young age of 22. He will be long remembered by our club for his loving nature, generous spirit, tenacious excellent sportsmanship, competitive drive, humble attitude and the inspirational way he lived his life on and off the athletics track. In memory of Daniel Berry, the 2013/14 Cherrybrook Athletics Committee introduced the Daniel Berry Award for senior athletes. The criteria to win this award are as follows:



Age: 16+.

Attitude and Sportsmanship: A positive attitude and a willingness to embrace good sportsmanship.

Attendance: The athlete must have competed a minimum of **8 times** in a season which can include representation for Cherrybrook Senior Athletics, NSW Athletics and/or Athletics Australia. Must have been a member of the Club for at least 2 years.

Jenny Bishop



Jen has competed for the Cherrybrook Seniors Club 12 times this season - the highest of any Cherrybrook athlete. She is not only a committed and amazing athlete but she's also heavily involved in our Little Athletics Club as Championships Officer providing hours and hours of support for our club. Jenny has won many points for our club in the Treloar Shield and Club Championships by competing in a wide variety of events from sprints to the hurdles to Long Jump and also many throwing events.

She was part of the State Relays Shot Put team that won Bronze and a member of the 4 x 100m team – she was even prepared to go in our Masters 4 x 100m team as well! At the NSW Club champs Jenny competed in 5 events securing many valuable points, which enabled our Masters Women team to finish in 4th place!

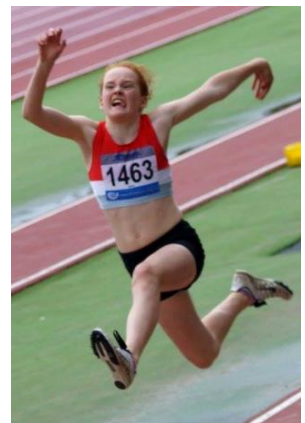
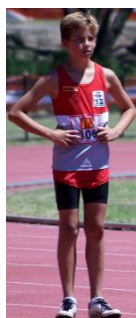
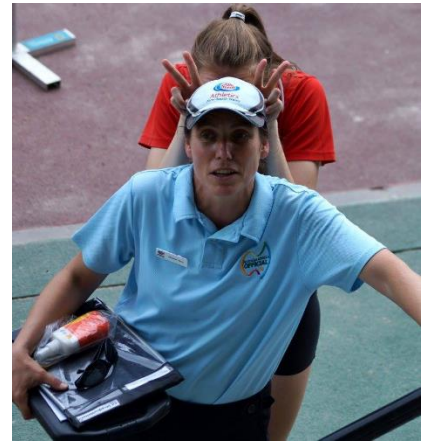
Her times and results have dramatically improved from the 100m where she dropped a second from 15.33 to 14.33 in a season to the Hurdles event where she went from 16.64 down to 13.73 to improving her Shot Put distance from 8.57m to 9.85m and finally the Discus where she improved by over 3m from 26.36m to 29.47m. She broke 4 Club records this season and she is getting better with age and experience! She is not only a committed and amazing athlete, she is a great mother to 3 young boys, she's an inspiring physio and she has done so much work to develop and support our club as Little Athletics Championships Officer. Jenny is always happy, enthusiastic, encouraging of all athletes and is an absolute asset to the club and portrays many similar assets to what Daniel Berry was all about.

Past Daniel Berry Trophy Recipients

2013/2014
2014/2015

Matthew Joyce
Emily Jones

CANDID CAMERA



SENIOR CURRENT RECORDS

Whilst every effort is made to ensure that all records are correct, we rely heavily on Athletes to inform the Club if they have broken a record. Records may be broken at Club level, at major LA's Championship event and at any verifiable NSW, Australian or International meet, consideration will be given to records achieved at major school events such as CCC, CHS and CIS. If a record has been missed please notify the club.

Records for the U14 and U16 Age Groups are only awarded for events, which have the same senior competition specifications, this means that some LA's State results may not be used as records eg 200m hurdles and some throw events. Records for these two Age Groups cannot be achieved at club level

UNDER 14 MALE

Records for the Under 14 Age Group were introduced in the 2010 – 2011 season

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	7.87s	Oliver Jacquot	2012-2013
100m Run	11.43s	Jordan Shelley	2011-2012
200m Run	23.32s	Jordan Shelley	2011-2012
400m Run	53.65s	Stephen Eaton	2010-2011
800m Run	2.11.15	Ben Bishop	2013-2014
1500m Run	4.32.36	Ben Bishop	2013-2014
3000m Run	10.01.76	Ben Bishop	2013-2014
90m Hurdles (76cm)	12.64s	Lewis Clabburn	2013-2014
100m Hurdles (76cm)	18.85s	Matthew Nelson	2011-2012
100m Hurdles (84cm)	14.94s	Nicholas Dang	2014-2015
10 x 200m Hurdles	34.17s	Jack McFadden	2013-2014
2000m Stple (76cm)	8.07.95	Ryan Jones	2012-2013
High Jump	1.60m	DeclanPluim&VishadPrasad	2011-2012
Long Jump	5.79m	Jordan Shelly	2011-2012
Triple Jump	11.34m	Alex Nguyen Ha	2011-2012
Pole Vault	2.70m	Konrad Cuevas	2013-2014
3kg Hammer Throw	22.67m	Bayden Little	2015-2016
3kg Shot Put	16.28m	Kevin Yang	2014-2015
1kg Discus	47.47m	Clayton Anstee	2011-2012
600g Javelin	39.85m	Clayton Anstee	2011-2012
700g Javelin	35.85m	Morgan Little	2015-2016

UNDER 14 FEMALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	8.28s	Courtney Cattell	2012-2013
100m Run	12.64s	Mia Hemsworth	2015-2016
200m Run	26.18s	Courtney Cattell	2012-2013

400m Run	1.02.51	Courtney Cattell	2012-2013
800m Run	2.27.02	Beth Croft	2010-2011
1500m Run	5.18.29	Beth Croft	2010-2011
3000m Run	11.24.30	Georgia Winkcup	2010-2011
80m Hurdles	12.13s	Imogen Breslin	2014-2015
90m Hurdles	12.89s	Mia Hemsworth	2015-2016
100m Hurdles (76.2cm)	14.18s	Mia Hemsworth	2015-2016
10 x 200m Hurdles	31.17s	Mia Hemsworth	2013-2014
2000m Stple	8.45.92	Courtney Cattell	2011-2012
High Jump	1.65m	Alysha Burnett	2010-2011
Long Jump	5.29m	Sarah Paek	2010-2011
Triple Jump	10.41m	Sarah Paek & Courtney Cattell	2010-2011 & 2012-2013
3kg Shot Put	11.57m	Kate Collett	2014-2015
1kg Discus	34.85m	Kate Collett	2014-2015
400g Javelin	39.53m	Alysha Burnett	2010-2011
500g Javelin	24.75m	Kristina Moore	2012-2013
3kg Hammer Throw	41.97m	Lauren Clark	2013-2014
4kg Hammer Throw	31.70m	Lauren Clark	2013-2014

UNDER 16 MALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	7.87s	Alex Nguyen Ha	2012-2013
100m Run	10.67s	Jordan Shelley	2013-2014
200m Run	21.44s	Jordan Shelley	2013-2014
400m Run	50.44s	Stephen Eaton	2011-2012
800m Run	2.02.81	Sam Coburn	2013-2014
1500m Run	4.19.40	Maine Vidler	2010-2011
3000m Run	9.15.83	Maine Vidler	2010-2011
100m Hurdles (84cm)	13.02s	Nick Dang	2015-2016

110m Hurdles(91.4cm)	15.15s	Tom Gammie	2014-2015
10 x 200m Hurdles	28.51s	Matthew Nelson	2012-2013
2000m Stple (76cm)	7.25.46	Ryan Jones	2014-2015
High Jump	2.07m	Declan Pluim	2013-2014
Long Jump	6.38m	Alex Nguyen-Ha	2013-2014
Triple Jump	12.99m	Alex Nguyen Ha	2013-2014
Pole Vault	3.40m	Konrad Cuevas	2015-2016
4kg Shot Put	15.21m	Kevin Yang	2015-2016
5kg Shot Put	11.58m	Lachlan Antoinette	2015-2016
1kg Discus	58.04m	Kyle Ekstrom	2015-2016
1.5kg Discus	41.88m	Kyle Ekstrom	2015-2016
700g Javelin	48.07m	Clayton Anstee	2012-2013
4kg Hammer Throw	23.90m	Clayton Anstee	2012-2013
Heptathlon	2340pts	Lachlan Antoinette	2014-2015

UNDER 16 FEMALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	8.14s	Chloe Antal	2013-2014
100m Run	12.17s	Katie Devitt	2014-2015
200m Run	24.82s	Katie Devitt	2014-2015
400m Run	58.33s	Courtney Chamberlain	2009-2010
800m Run	2.14.25	Courtney Chamberlain	2009-2010
1500m Run	4.52.90	Courtney Chamberlain	2009-2010
3000m Run	10.43.09	Georgia Winkcup	2011-2012
90m Hurdles	12.35s	Rachel Pace	2013-2014
100m Hurdles (76cm)	14.68s	Natalie Setiadji	2012-2013
10 x 200m Hurdles	27.83s	Rachel Pace	2012-2013
400m Hurdles	1.15.42	Emily Jones	2013-2014
2000m Stple (76cm)	7.17.42	Georgia Winkcup	2011-2012
High Jump	1.75m	Alysha Burnett	2011-2012
Long Jump	5.63m	Alysha Burnett	2012-2013
Triple Jump	11.66m	Becky Clark	2011-2012
3kg Shot Put	13.82m	Kristina Moore	2014-2015
4kg Shot Put	10.72m	Gabrielle Ralphs	2009-2010
1kg Discus	43.93m	Kristina Moore	2014-2015
500g Javelin	46.16m	Alysha Burnett	2012-2013
600g Javelin	36.62m	Alysha Burnett	2010-2011

3kg Hammer Throw	45.55m	Lauren Clark	2015-2016
4kg Hammer Throw	34.94m	Lauren Clark	2014-2015
Heptathlon	5207pts	Alysha Burnett	2011-2012

UNDER 18 MALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	6.90s	Ben Jaworski	2009-2010
70m Run	8.50s	Jo'van Taylor	2001-2002
100m Run	10.44s	Jordan Shelley	2014-2015
200m Run	21.29s	Jordan Shelley	2014-2015
400m Run	48.65s	Alex Moore	2013-2014
800m Run	1.57.78	Adam Nixon	2010-2011
1500m Run	4.04.39	Toby Menday	2011-2012
3000m Run	8.53.46	Toby Menday	2011-2012
5000m Run	18.20.16	Tom Vanderlaan	2012-2013
110mHurdles (91.4cm)	13.45s	Nick Andrews	2014-2015
5 x 200m Hurdles	25.91s	Eugene Kruger	2008-2009
10 x 200m Hurdles	28.94s	Sam Matthews	2003-2004
400m Hurdles	55.94s	Eugene Kruger	2008-2009
2000m Stple (91.4cm)	6.51.31	Adam Nixon	2009-2010
3000mStplec (91.4cm)	10.33.02	Adam Nixon	2011-2012
1500m Walk	7.51.00	Fraser Nixon	2008-2009
3000m Walk	15.19.00	Fraser Nixon	2007-2008
5000m Walk	26.51.92	Fraser Nixon	2008-2009
High Jump	2.08m	Declan Pluim	2013-2014
Long Jump	6.89m	Alex Nguyen-Ha	2015-2016
Triple Jump	14.22m	Joshua Baddock	2015-2016
Pole Vault	3.50m	Konrad Cuevas	2015-2016
5kg Shot Put	13.50m	Christopher Bassett	2006-2007
7.26kg Shot Put	8.85m	Jonathan Scotney	2010-2011
1.5kg Discus	51.60m	Christopher Bassett	2004-2005
1.75kg Discus	44.94m	Ian Hutchinson	2011-2012
2kg Discus	34.23m	Ian Hutchinson	2011-2012
700g Javelin	57.15m	Zac Sfiligoi	2011-2012
5kg Hammer Throw	38.23m	Lachlan Antoinette	2015-2016
Decathlon	3710pts	Lachlan Antoinette	2015-2016

UNDER 18 FEMALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	7.69s	Michelle Jenneke	2009-2010
70m Run	8.81s	Julia New-Tolley	2004-2005
100m Run	12.01s	Karina Takchi	2013-2014
200m Run	24.73s	Hannah Jones	2012-2013
400m Run	57.78s	Jenny Blundell	2008-2009
800m Run	2.06.57	Jenny Blundell	2009-2010
1500m Run	4.18.27	Jenny Blundell	2011-2012
3000m Run	10.06.83	Hannah Munday	2008-2009
100m Hurdles (76cm)	13.46s	Michelle Jenneke & Rachel Pace	2010-2011 & 2015-2016
100m Hurdles (84cm)	13.89s	Michelle Jenneke	2008-2009
5 x 200m Hurdles	28.20s	Michelle Jenneke	2008-2009
10 x 200m Hurdles	28.44s	Michelle Jenneke	2008-2009
400m Hurdles	1.06.26	Genevieve Cowie	2011-2012
2000m Stple (76cm)	7.35.00	Hannah Munday	2008-2009
High Jump	1.86m	Amy Pejko	2009-2010
Long Jump	6.34m	Alysha Burnett	2013-2014
Triple Jump	12.26m	Amy Pejko	2009-2010
3kg Shot Put	14.91m	Kristina Moore	2015-2016
4kg Shot Put	48.31m	Kristina Moore	2015-2016
3kg Hammer Throw	49.63m	Lauren Clark	2015-2016
4kg Hammer Throw	38.66m	Lauren Clark	2015-2016
1kg Discus	45.70m	Kristina Moore	2014-2015
500g Javelin	46.98m	Alysha Burnett	2013-2014
600g Javelin	41.48m	Alysha Burnett	2013-2014
Heptathlon	5505pts	Alysha Burnett	2013-2014

UNDER 20 MALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	6.88s	Nick Andrews	2015-2016
100m Run	10.39s	Nick Andrews	2015-2016
200m Run	21.17s	Ben Jaworski	2011-2012
400m Run	48.95s	Ben Jaworski	2011-2012
800m Run	1.57.58	Adam Nixon	2011-2012
1500m Run	3.57.88	Toby Munday	2012-2013

3000m Run	8.40.66	Toby Munday	2012-2013
5000m Run	15.56.98	Toby Munday	2012-2013
3000m Walk	17.19.99	Fraser Nixon	2010-2011
100m Hurdles (76cm)	15.40s	Glyn Bickford	2003-2004
110mHurdles (99.1cm)	13.77s	Harry Andrews	2013-2014
5 x 200m Hurdles	28.10s	Gary Mead	2003-2004
10x200mHurdles(76cm)	26.77s	Eugene Kruger	2009-2010
400m Hurdles	54.33s	Eugene Kruger	2009-2010
3000m Stple (91.4cm)	10.16.18	Adam Nixon	2011-2012
High Jump	2.00m	Ryan Webster	2007-2008
Long Jump	7.17m	Josh Baddock	2015-2016
Triple Jump	14.28m	Josh Baddock	2015-2016
7.26kg Shot Put	8.39m	Jonathan Scotney	2012-2013
1.75kg Discus	45.23m	Ian Hutchinson	2012-2013
2kg Discus	23.67m	Jonathan Scotney	2011-2012
800g Javelin	52.20m	Ryan Webster	2007-2008

UNDER 20 FEMALE

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	7.50s	Michelle Jenneke	2010-2011
100m Run	12.24s	Michelle Jenneke	2010-2011
200m Run	24.68s	Emily Duve	2012-2013
400m Run	57.08s	Emma Hunt	2009-2010
800m Run	2.07.89	Jenny Blundell	2012-2013
1500m Run	4.17.96	Jenny Blundell	2012-2013
3000m Run	10.18.51	Courtney Chamberlain	2014-2015
3000m Walk	21.25.44	Genevieve Cowie	2012-2013
100m Hurdles (84cm)	13.47s	Michelle Jenneke	2012-2013
5 x 200m Hurdles	32.69s	Elaine Taylor	2001-2002
10 x 200m Hurdles	28.41s	Michelle Jenneke	2011-2012
400m Hurdles	1.03.27	Genevieve Cowie	2013-2014
High Jump	1.84m	Amy Pejko	2010-2011
Long Jump	6.00m	Alysha Burnett	2015-2016
Triple Jump	12.92m	Amy Pejko	2011-2012
4kg Shot Put	12.93m	Alysha Burnett	2015-2016
1kg Discus	30.21m	Lisa Sanders	2004-2005
600g Javelin	48.71m	Alysha Burnett	2015-2016
Heptathlon	5547pts	Alysha Burnett	2015-2016

OPEN MALE (20-34)

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	6.92s	Ben Jaworksi	2013-2014
100m Run	10.34s	Ben Jaworksi	2014-2015
200m Run	20.85s	Ben Jaworski	2014-2015
400m Run	48.39s	Evan Clothier	2014-2015
800m Run	1.59.64	Matthew Joyce	2010-2011
1500m Run	4.17.56	Matthew Joyce	2010-2011
3000m Run	10.03.83	Matthew Joyce	2009-2010
5000m Run	18.08.19	Matthew Joyce	2010-2011
100m Hurdles (76cm)	16.29s	Henry Whittle	2008-2009
110mHurdles(106.7cm)	14.69s	Harry Andrews	2014-2015
10x200mHurdles(76cm)	30.64s	Fraser Nixon	2011-2012
400m Hurdles	55.06s	Evan Clothier	2014-2015
3000m Stple (91.4cm)	10.59.35	Matthew Joyce	2015-2016
High Jump	1.90m	Chris Beattie	2008-2009
Long Jump	6.84m	Evan Clothier	2014-2015
Triple Jump	11.87m	Henry Whittle	2008-2009
7.26 kg Shot Put	8.41m	Jack Whittle	2008-2009
2kg Discus	30.71m	Julian Fulton-Boote	2004-2005
800g Javelin	33.66m	Fraser Nixon	2012-2013

OPEN FEMALE (20-34)

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	8.34s	Catherine Pearce	2014-2015
70m Run	9.31s	Michelle Jenneke	2012-2013
100m Run	12.19s	Michelle Jenneke	2013-2014
200m Run	27.50s	Catherine Pearce	2014-2015
400m Run	1.02.24	Rachel Attenborough	2013-2014
800m Run	2.20.51	Rachel Attenborough	2013-2014
1500m Run	5.18.00	Rebecca Gibbs	2005-2006
3000m Run	10.03.99	Hannah Menday	2012-2013
5000m Run	17.05.21	Hannah Menday	2012-2013
100m Hurdles (76cm)	19.44s	Melanie Best-Clarke	2008-2009
100m Hurdles (84cm)	14.75s	Michelle Jenneke	2012-2013
5 x 200m Hurdles	29.95s	Michelle Jenneke	2012-2013
High Jump	1.55m	Amy Pejovic	2012-2013

Long Jump	5.11m	Michelle Jenneke	2012-2013
Triple Jump	10.65m	Michelle Jenneke	2012-2013
4kg Shot Put	8.69m	Michelle Jenneke	2012-2013
1kg Discus	27.61m	Michelle Jenneke	2012-2013
600g Javelin	16.90m	Natalie Mihalic	2009-2010

MASTERS MALE 35+

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	7.91s	Caerl Murray	2014-2015
100m Run	12.66s	Caerl Murray	2012-2013
200m Run	25.45s	Evan Walsh	2012-2013
400m Run	57.88s	Michael Barrett	2010-2011
800m Run	2.35.12	Caerl Murray	2013-2014
1500m Run	4.28.72	Ray Wareham	2002-2003
3000m Run	9.56.19	Ray Wareham	2001-2002
5000m Run	23.06.44	Robert Clark	2014-2015
5 x 200m Hurdles	30.90s	Ray Wareham	2001-2002
Long Jump	5.34m	Steven Dalton	2011-2012
Triple Jump	8.94m	Martin Bradshaw	2015-2016
6kg Shot Put	9.96m	Robert Clark	2015-2016
7.26kg Shot Put	8.95m	Evan Walsh	2012-2013
1.5kg Discus	30.09m	Robert Clark	2015-2016
2kg Discus	28.33m	Steven Dalton	2011-2012
500g Javelin	22.59m	Don McArthur	2012-2013
700g Javelin	32.55m	Robert Clark	2014-2015
6kg Hammer Throw	34.45m	Robert Clark	2015-2016
11.34kg Weight Throw	13.47m	Robert Clark	2015-2016
Throws Pentathlon	2475pts	Robert Clark	2015-2016
Outdoor Pentathlon	1851pts	Robert Clak	2015-2016

MASTERS FEMALE 35+

EVENT	RECORD	RECORD HOLDER	SEASON
60m Run	8.65s	Kirsty Curnow	2008-2009
100m Run	13.50s	Jen Bishop	2014-2015
200m Run	28.26s	Kirsty Curnow	2008-2009
400m Run	1.08.08	Kirsty Curnow	2008-2009
800m	2.55.62	Elizabeth Jones	2011-2012
1500m	6.06.21	Elizabeth Jones	2012-2013
3000m	13.03.22	Elizabeth Jones	2014-2015
60m Hurdles (indoor)	9.66s	Sally Stagles	2013-2014
80m Hurdles	12.86s	Sally Stagles	2010-2011
80m Hurdles (8.5m)	14.47s	Elizabeth Jones	2010-2011
200m Hurdles	34.01s	Jenny Bishop	2015-2016
300m Hurdles	51.81s	Sally Stagles	2015-2016
400m Hurdles	1.21.94	Elizabeth Jones	2010-2011
2000m Stple (76cm)	12.04.70	Margaret Walker	2009-2010
High Jump	1.40m	Elizabeth Jones	2010-2011
Long Jump	4.57m	Jen Bishop	2015-2016
Triple Jump	9.45m	Jen Bishop	2015-2016
3kg Shot Put	10.22m	Sally Stagles	2012-2013
4kg Shot Put	9.85m	Jen Bishop	2015-2016
1kg Discus	29.47m	Jen Bishop	2015-2016
400g Javelin	31.55m	Glynis Marks	2009-2010
500g Javelin	20.17m	Jill Taylor	2014-2015
600g Javelin	19.57m	Jenny Bishop	2015-2016
3kg Hammer Throw	39.40m	Jill Taylor	2013-2014
7.26kg Weight Throw	13.41m	Jill Taylor	2015-2016
Weight Throw – 8.8lb	15.15m	Jill Taylor	2010-2011
Weight Throw – 12lb	14.22m	Jill Taylor	2010-2011
Weight Throw – 16lb	12.04m	Jill Taylor	2010-2011
Weight Throw – 20lb	9.45m	Jill Taylor	2010-2011
Weight Throw – 25lb	7.71m	Jill Taylor	2010-2011
Weight Throw – 56lb	2.98m	Jill Taylor	2012-2013
Weight Throw – 100lb	1.62m	Jill Taylor	2011-2012
Throws Pentathlon	3634pts	Jill Taylor	2015-2016



NSW RECORD HOLDERS

State Records achieved by athletes past and present, achieved whilst members of the club

AGE	NAME	EVENT	RECORD	YEAR
U14W	Dearne Eros Amy Pejkoivic Hannah Burgess Emma Hunt	Long Jump Relay	18.73m	2005
U16W	Rachel Pace	90m Hurdles	12.35s	2013
U16W	Amy Pejkoivic	Triple Jump	11.85m	2008
U18W	Michelle Jenneke	100m Hurdles	13.46s	2010
U18W	Jenny Blundell	1000m	2.45.68s	2010
U20W	Jenny Blundell	1000m	2.45.68s	2010
U20W	Alysha Burnett	Heptathlon	5476 pts	2014
U16M	Jordan Shelley	100m	10.67s	2013
U16M	Jordan Shelley	200m	21.44s	2013
W50+	Jill Taylor	100lb Wgt Throw	1.50m	2008
W50+	Margaret Walker	300m Hurdles	57.55s	2011
W50+	Sally Stagles	80m Hurdles	12.86s	2011
W50+	Sally Stagles	High Jump	1.36m	2011
W55+	Jill Taylor	56lb Wgt Throw	3.25m	2010
W55+	Jill Taylor	100lb Wgt Throw	1.62m	2011
W60+	Jill Taylor	Triple Jump	7.36m	2016
W60+	Jill Taylor	100lb Wgt Throw	1.69m	2016
W60+	Jill Taylor	Throws Pentathlon	3644pts	2015
W60+	Jill Taylor	Heavy Wgt Pent	3998pts	2016



AUSTRALIAN RECORD HOLDERS

National Records achieved by athletes past and present, achieved whilst members of the Club

AGE	NAME	EVENT	RECORD	YEAR
U16M	Jordan Shelley	100m	10.67s	2013
U16M	Jordan Shelley	200m	21.44s	2013
U16W	Rachel Pace	90H	12.35s	2013
U16W	Julie Charlton	Discus	13.65m	2014

ALL TIME NATIONAL AND WORLD RANKINGS

It is an outstanding achievement to make the all-time National and World ranking lists. Congratulations to our elite athletes, both past and present who have made these exclusive lists.

Open

NAME	EVENT	RESULT	DATE	RANKING
Jenny Blundell	1000m	2.45.68s	12/03/2010	16 th
Michelle Jenneke	100H	13.38s	23/06/2012	13 th
Amy Pejkoivic	HJump TJump	1.86m 12.92m	07/11/2011 09/09/2011	33 rd 20 th
Alysha Burnett	HJump LJump Heptathlon	1.82m 6.34m 5476pts	7/12/2013 28/02/2014 5/01/2014	64 th 32 nd 20 th
Hannah Jones	100H	13.87s	13/03/2014	44 th

Masters

NAME	EVENT	RESULT	DATE	RANKING
Sally Stagles	80H (45-49)	12.79s	24/07/08	29 th
Sally Stagles	80H(50-54)	12.86s	21/04/11	12 th



CLUB REPORTS

SECRETARY'S REPORT

For the last season, our athletics club maintained two separate elected executives, representing the Senior and Junior divisions; with a Board, elected by both committees at a meeting shortly after the 2015 AGM, overseeing the operation of the club as a whole.

A new Constitution was drafted, displayed on our website for membership consideration, opinion was invited then it was voted upon and accepted at a Special General Meeting. It was then lodged with the Dept. of Fair Trading. The club has now adopted a single executive of 6 members; a President, Vice President, Treasurer, Secretary, and Registrars for both Seniors and Juniors; along with the necessary other committee positions to successfully manage the club, and this corporate structure will operate from when these positions are voted upon at the next AGM in May, 2016.

Our Senior and Junior Executives together with General Committee held 10 meetings throughout the season, with both groups being represented at each meeting. Agendas were set and minutes recorded and sent to all executive and committee members to ensure effective communication and decision making.

Other key documents drafted and implemented this season apart from our Constitution include our member protection policy and working with children policy – which necessitated the appointment of 2 officers to oversee its function.

A number of significant motions were passed by Committee over the season that saw action on improving facilities and amenities at the oval as well as equipment purchases.



Phillip Lamperts

Much correspondence was entered into to attend to operational and administrative matters with Little Athletics NSW and ANSW that aided in the smooth running of our club and interclub competitions at a Junior and Senior level respectively, as well as the Dept. of Fair Trading – to whom we submit an Annual Financial summary.

This was also the case with Council to whom we submit our Summer and Winter sportsground licence applications. I would like to thank Council Officer Andrew Wright whose co-operation and assistance in operational matters has resulted in improved lighting being installed under the awning at the clubhouse, and also fluorescent lighting in the storage container – at a much discounted rate.

The LANSW AGM, ANSW AGM as well as the bi-annual general meetings for LANSW were attended, as well as representing our club at Northern Met Zone meetings.

EQUIPMENT REPORT

Thanks to all parents and athletes who assist with the set up and pack up of equipment. Special mention must be made to the regular parent helper starters without whom the competition nights would not run so smoothly.

The newish floodlights are still appreciated and setup times have been reduced due to the green carts and general familiarity. This year we obtained some new hurdles and a top notch hurdles trolley from South Australia. Other purchases worthy of mention were new starting guns, training Javelins, High Jump cross bars and Discuses.

The maintenance schedule included the repair of older style hurdles, ear muffs, wheelbarrow tube replacement and a brand new tyre for the high jump mat trolley.

Amazingly, the equipment assistant role is still vacant and all are encouraged to apply with abundant kudos to be given to the successful applicant.

I look forward to seeing you all again next season for what I believe is an excellent pastime for our children which I still maintain is far better for them than television and electronic devices.



Philip Smillie

OFFICIALS REPORT

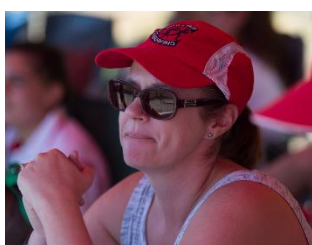
Whilst for most of us athletics is largely an individual sport, there are many people that work behind the scenes to make it possible for our athletes to compete. During all our carnivals, officials are required to run the events to a strict set of rules to make competition fair and safe for everyone. Officials undertake training to ensure consistency and



fairness in judging and running events. Cherrybrook has long been blessed with many parents and friends of the club who have willingly given up their time to officiate at our various carnivals, as well as a number of others who have worked hard behind the scenes to ensure the smooth running of our carnivals. We would like to take this opportunity to say a big thank you to you all!

Special thanks to those who have officiated at both Little Athletics and Seniors Athletics Carnivals this year: Moose Moore, Colleen Reid, Craig Little, Phillip Lamperts, Elizabeth Jones, Fiona Liu, Trish Hirst, Claire Eaton, Sean O'Connor, Craig Little, Nicola Craig, Jill Ingram, Titania Oberg and Cheryl Burnett. Cathy Eaton has once again put in many hours in her third year as our LA's Zone Co-ordinator, running both our Zone and Region carnivals, as well as assisting with the State Championships. Thanks also to Jen Bishop, Daven Timms and Trish Hirst who have been our Little Athletics Championships Officers this year, and Matt Joyce who has again done a terrific job co-ordinating all the Seniors Championships, assisted by the ever enthusiastic Nicky Jenneke, as well as keeping the seniors superbly informed with his terrific weekly emails.

Being an official is very rewarding, so please consider joining them next season! Should you choose to continue officiating and have achieved a basic qualification then you can officiate at both Little Athletics and Athletics New South Wales events & even at events like the Sydney Track Classic! There will be new opportunities next year to do some half days at various Little Athletics championships to work towards assisting officiating at Little Athletics Championships. Being an official really helps you to better understand and enjoy the sport of athletics, so come and give it a go.



COACHING REPORT

Track and Field coaches assist athletes in developing to their full potential. They are responsible for training athletes in a sport by analysing their performances, instructing in relevant skills and by providing encouragement.

All track and field coaches at Cherrybrook Athletics club are expected to be qualified and accredited. The younger up and coming coaches undergo continuous on-going training under the guidance of an accredited and higher level coach or mentor. It is furthermore required from our coaches to refresh their knowledge by staying actively involved which will extend their experience of coaching and keep up to date with new ideas by attending on-going coaching courses conducted by the Australian Track and Field Coaches Association.

All athletes are equally important to us and that is why we have multiple training sessions to cater for the different standards and age of each athlete. Our senior ranks are also growing in numbers and the strength indicating that the depth in our Club is growing.

Friday night coaching focus moved to more specific and consistent training in preparation for the Zone, Regional and State LA's Competitions. Many of our younger coaches, Sam Coburn, Erin Blundell and Stephen Eaton played a big role to the club's successes at the LA's coaching sessions on Friday night's competitions. Our thanks go out to all our coaches for the exceptional dedication and hard work that they have put in during the season of 2015/2016 with outstanding results.

Mick Zisti was awarded Community Coach of the year for 2014/2015 at the NSW Athletics Awards night dinner 2015.



Senior Coaches profiles and availability for coaching at Cherrybrook Athletics Club:

Valmé Kruger: 25 Years active coaching experience
Level 4 Accredited Coach (ACA) & Level 5 Accredited Coach (South Africa Coaches Association)
Mobile: 0402 126 060

Specific Middle Distance Coaching/Cross Country
Monday and Wednesday: **2xsessions every day:**
4:15pm – 5:30pm (Juniors)
5:15pm onwards (Seniors)

John Sharpe: 21 years active coaching experience
Level 4 Accredited Coach (ACA)
Mobile: 0407 070 758

Sprints/Hurdles/High Jump/Jumps disciplines/Throws disciplines
Most days: **4:00pm and onwards**

Mick Zisti: 19 years active coaching experience
Level 2 Accredited coach (ACA)
Mobile: 0434 110 872

Sprints/Hurdles
Monday and Wednesday: **4:30pm onwards**

Up and coming young Qualified Coaches

Matt Joyce (Mentor Valmé Kruger):
Level 2 active Accredited Coach (ACA)
Middle Dist/Cross Country
(8 yrs active coaching experience)

Courtney Cross (Mentor Mick Zisti):
Level 1 active Accredited Coach (ACA)
Middle Dist/Cross Country and Relay Specialist

Erin Blundell (Mentor Valmé Kruger):
Level 1 active Accredited Coach (ACA)
Middle Dist/Cross Country and Relay Specialist

Sam Coburn (Mentor Valmé Kruger)
Level 1 Accredited Coach (General Level 1 Track/Field course 2014) Sprinting/relay/middle distance

Stephen Eaton (Mentor Valmé Kruger)
Level 1 Accredited Coach (General Level 1 Track/Field course 2015) Sprinting/relay/middle distance



Valmé Kruger
Coaching Co-ordinator

ACA = Australian Coaches Association

STATEMENT OF FINANCIAL PERFORMANCE

For the financial period

1st April 2015 – 31st March 2016

	2016 \$	2015 \$
SALES		
Canteen sales	16,745.66	20,746.28
Uniform sales (net of commission)	14,046.40	14,728.50
	30,792.06	35,474.78
LESS COST OF SALES		
Opening Inventories	10,514.25	11,420.35
Purchases:		
Uniform purchases	13,201.75	9,610.63
Canteen purchases	6,315.88	7,948.39
	19,517.63	17,559.02
Closing inventories	(13,093.19)	(10,514.25)
	16,938.69	18,465.12
Gross Surplus/(Deficit) from trading	13,853.37	17,009.66
INCOME		
Registration fees (net of commission)	44,507.95	41,880.53
Bank interest	248.88	444.10
Equipment hire and sales	1,550.00	1,950.00
Fundraising income (net)	565.00	1,196.25
Sponsorship	2,000.00	1,500.00
Coaching	274.00	0.00
Profit on disposal of plant and equipment	0.00	1,629.73
Grant received	0.00	1,000.00
Total Income	49,145.83	49,600.61
EXPENDITURE		
AGM and presentation night	3,729.90	3,250.00
Audit	185.99	0.00
Athletic funding	5,650.00	5,545.00
Annual Return and new Constitution	275.30	52.00
Bank charges	5.00	20.00
Coaching	520.00	1,600.00
Competition entry fees and expenses	5,622.22	4,455.68
Coloured Patches	2,610.30	0.00
Depreciation	13,160.88	9,660.28
Donations (net of collections)	87.10	55.50
Equipment and consumables	3,492.22	6,206.53
Ground and amenities hire	8,397.00	12,418.50
Printing postage and stationery	269.83	375.09
Registration and affiliation fees paid	5,692.45	4,141.09
Repairs and maintenance	292.15	891.55
Timing gates annual fee	2,431.00	0.00
Trophies and awards	9,349.00	6,934.92
Website and Internet	544.00	419.95
Total Expenditure	62,314.34	56,026.09
SURPLUS FROM ORDINARY ACTIVITIES	684.86	10,584.18
Retained Surplus at the beginning of the Financial Year	110,920.56	100,336.38
TOTAL AVAILABLE FOR APPROPRIATION	\$111,605.42	\$110,920.56
Represented by:		
Cash	66,695.56	56,428.76
Stock on hand	13,093.19	10,514.25
Plant & Equipment and Leasehold Improvements		
- at written down value	31,816.67	43,977.55
NET ASSETS	\$111,605.42	\$110,920.56

TREASURER'S REPORT

Cherrybrook Athletics Centre's ("The Centre") financial position as at 31 March 2016 remains strong. The Centre has Accumulated Funds of \$111,605, having increased from the previous year of \$110,921 as a result of the current year's Operating Surplus of \$685 (just below budget of \$1,740). The Accumulated Funds are represented by Assets of \$111,605 (Cash \$66,696, Plant & Equipment at wdv \$31,817 and Uniform Stock \$13,093) with no Liabilities.

The net written down value of Plant & Equipment has decreased in total from \$43,978 to \$31,817 as a result of depreciation of \$13,161 – net of one addition for the year, being our contribution of \$1,000 for installation of lighting inside the container acquired last year. Depreciation expense this year is relatively high due to the large amount of additions in the 2015 year totalling \$50,772.

Total Canteen Sales for the year decreased by \$4,000 (19%) to \$16,746. After Purchases the Net Profit from Canteen has decreased by \$2,368 (18.5%) to \$10,430. Whilst we have continued to enjoy the support of our members on a Friday night, the loss of 6 nights during the season due to weather has had a significant impact.

Total Uniform Sales for the year of \$14,046 decreased slightly from last year by \$682. Profit for the year of \$844 has also decreased from last year of \$5,117. This is due to an increase in stock levels of \$2,579 (24%) to \$13,093 and holding selling prices steady despite cost increases therefore affecting profit margin.

Total Income decreased slightly by \$455 (1%) to \$49,146, which is mainly attributable to last year including one off items of Profit on Sale of the old 2 sets of timing gates of \$1,630 and an Athletics Grant of \$1,000.

The Centre has only undertaken minimal fundraising activities this season. Net Fundraising income of \$565 was achieved via Friday night raffles and sales of second hand shoes and spikes. Thank you to every member of our Centre who contributed to our fundraising activities this year. As we all know significant fundraising has been undertaken in the last few years in order to finance new equipment for our athletes.

Total Expenses increased by some \$6,288 (11%) to \$62,314. The major increases were Depreciation increase of \$3,501 to \$13,161; the commencement of the annual usage payment to Timing Solutions of \$2,431 for the online results system; the purchase of Coloured Patches for \$2,610 which have not been acquired for several years and which will last several years; and increase in the cost of Awards & Trophies for Presentation Night by \$2,414.

The Expense increases were offset by several minor decreases and a reduction in Hornsby Council ground hire fees of \$4,021 and Equipment expense of \$2,714.

I would like to thank the Committee members for their continued help and support during the year. I would also like to thank the many volunteers who have assisted in running the Centres operations, in particular the Uniform ladies and Canteen helpers. It is only through everyone's efforts that we can make our children's athletic experience an enjoyable, fulfilling and successful one.

Sandra Moore



HISTORY

LITTLE ATHLETICS

Little Athletics commenced in Geelong, Victoria in October 1964. New South Wales' first Little Athletics centre, Randwick Botany, started in 1968 and the NSW Little Athletics Association was formed in 1970. The LANSW now has approximately 200 centres and around 40,000 registered athletes each season.

Competition at Cherrybrook commenced in 1994 to offer the sport to children within the Cherrybrook area and surrounds. The main purpose of our Friday club night is to encourage all our athletes to compete and improve in every event. The ideals of the Little Athletics movement will be attained if concern for a child's placing in an event is secondary to praise for individual improvement.

During the 2014-2015 Little Athletics season the club had 427 registered little athletes and a high percentage of these competed for the club at a representative level e.g. zone and State relays.

Cherrybrook Athletics is a 100% volunteer run athletics centre, with our parents providing most of the help, from Age Managers and helpers to officials and helpers at track and field events. The assistance by all our parents is invaluable to the successful running of the club and the club would like to thank all our parent members for their contribution this season.

SENIOR ATHLETICS

The Cherrybrook Seniors Club commenced in the 2001/2002 season and has now completed its 14th season. The club provides a great environment for athletes to undertake athletics whatever their individual goals are - catering for athletes who wished to compete for fun or as a club athlete to those with international aspirations.

The 2014/15 Membership was made up of 96 athletes from 11 years of age up, plus 3 Officials. 89 athletes registered as Seniors U12 – U35 (including 3 AWD Athletes), 7 Athletes registered as Masters 35+, 36 Athletes were dual athletes holding registration with both our seniors club and our Cherrybrook LA's Club and 19 Athletes were Dual Athletes holding registration with our Seniors Club and a Little Athletics Club other than Cherrybrook.

Our athletes compete regularly in the National Tour Events, and medal consistently and in depth across various events at State and National Championships including in the Masters and AWD Categories.

Our athletes also now feature prominently in the various State based and National Development Squads and in both National and International Rankings as well as competing internationally, at a Youth and Junior Level and in AWD and Masters Categories.

Most athletes now compete in Athletics NSW meets on the weekend and few senior athletes competing at Club competition on Friday nights.

At the same time we still provide a regular Friday competition night for those who wish to compete at a club level in conjunction with the Little A's competition. This connection with the Little Athletics division is the cornerstone of our Club.

