



# 2019/2020 SEASON CALENDAR

Dual athletes are athletes who are in the U12 or above age groups and registered with both LAs and Athletics NSW.



Day	Date	Event	Place	For
<b>AUGUST 2019</b>				
Sun	18	Registration Finalisation Day	Greenway Oval #2 Cherrybrook	All
Fri	23	Registration Finalisation Day	Greenway Oval #2 Cherrybrook	All
Sun	25	Working Bee	Greenway Oval #2 Cherrybrook	All
Fri	30	Officials & Volunteers Training Night	Greenway Oval #2 Cherrybrook	All
<b>SEPTEMBER 2019</b>				
Fri	6	Coaching & Orientation Night	Greenway Oval #2 Cherrybrook	All
Fri	13	First Cherrybrook Competition Night (no trialists)	Greenway Oval #2 Cherrybrook	All
Fri	20	Cherrybrook Competition Night & Trialists	Greenway Oval #2 Cherrybrook	All
Fri	27	Cherrybrook Competition Night & Trialists	Greenway Oval #2 Cherrybrook	All
Thurs - Sun	26 - 29	NSW All Schools	SOPAC, Homebush	High School
<b>OCTOBER 2019</b>				
Fri	4 (School holidays)	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	5	All Comers / 10,000m Champs	TBD	Dual + Seniors
Fri	11 (School holidays)	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	12	Treloar Shield 1		Dual + Seniors
Fri	18	Cherrybrook Competition Night & Age Group Photos	Greenway Oval #2 Cherrybrook	All
Sat	19	Treloar Shield 2		Dual + Seniors
Fri	25	Cherrybrook Competition Night & Back up Photo Night	Greenway Oval #2 Cherrybrook	All
Fri	26	Treloar Shield 3		Dual + Seniors
<b>NOVEMBER 2019</b>				
Fri	1	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	2	Treloar Shield 4 + 3,000m Champs	SOPAC, Homebush	Dual + Seniors
Fri	8	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	9	Treloar Shield 5		Dual + Seniors
Fri	15	U6 & U7 Relay Night. No Competition for other age groups	Greenway Oval #2 Cherrybrook	U6 + U7
Sat	16	NSW Little Athletics State Relays Club All-comers	SOPAC, Homebush	U8 – U11
Sun	17	NSW Little Athletics State Relays	SOPAC, Homebush	U12 – U17
Fri	22	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat - Sun	23 & 24	NSW State Relays	Campbelltown Athletics Stadium	Dual + Seniors
Fri	29	U6 Ribbon Night	Greenway Oval #2 Cherrybrook	U6
<b>NOVEMBER 2019</b>				
Sat - Sun	30 - 1	North Met Zone Championships	Barton Park, Parramatta	U7 – U17
Sat	30	Treloar Shield 6		Dual + Seniors

Day	Date	Event	Place	For
<b>DECEMBER 2019</b>				
Fri	6	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	U6
Fri - Sun	6 - 8	Australian All Schools Championships		High School
Fri	13	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	14	Club Championships	SOPAC, Homebush	
Sat	21	All-Comers/Albie Thomas	Bankstown	
<b>CHRISTMAS BREAK</b>				
<b>JANUARY 2020</b>				
Sat	4	Treloar Shield 7		Dual + Seniors
Thu - Mon	9 - 21	Trans Tasman Tour	Auckland	U11/12 B&G
Fri	10	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	11	Illawarra Track Classic/10,000m walk/All-Comers	Illawong	Dual + Seniors
Fri	17	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Fri- Sun	17 - 19	NSW Country Championships		
Fri	24	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	25	NSW Combined & 5,000m Championships		
Fri	31	Cherrybrook Competition & Multi Night	Greenway Oval #2 Cherrybrook	All
<b>FEBRUARY 2020</b>				
Sat	1	Hunter Track Classic & All-Comers	Newcastle	Dual + Seniors
Fri	7	Modified Program - No points awarded	Greenway Oval #2 Cherrybrook	All
Sat - Sun	8 - 9	Region 5 Championships	TBD	U8 – U17 Qualifiers
Sat - Sun	8 - 9	NSW Masters		Masters
Fri	14	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	15	All-Comers		Dual + Seniors
Fri	21	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Fri – Sun	21 - 23	NSW Junior & Para Champs	SOPAC, Homebush	Dual + Seniors
Sat	22	Sydney Track Classic - TBC	SOPAC, Homebush	
Fri	28	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Sat	29	All-Comers		Dual + Seniors
<b>MARCH 2020</b>				
Fri - Sat	29 Feb – 1 March	LANSW State Combined Events Carnival	Tamworth	U7 – U17
Fri	6	Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Fri - Sun	6 - 8	NSW Open & Para Champs	SOPAC, Homebush	Dual + Seniors
Fri	6	Cherrybrook Competition Night & Championships Photos	Greenway Oval #2 Cherrybrook	All
Fri	13	Modified Program - No points awarded	Greenway Oval #2 Cherrybrook	All

Day	Date	Event	Place	For
Sat - Sun	14 - 15	LANSW State Championships	SOPAC, Homebush	U9 – U17 Qualifiers
Sat	14	Bankstown Invitational & All-Comers	Bankstown	Dual + Seniors
Fri	20	Final Cherrybrook Competition Night	Greenway Oval #2 Cherrybrook	All
Fri + Sun	27 + 29	Clean Up/Working Bee	Greenway Oval #2 Cherrybrook	All
<b>APRIL 2020</b>				
Sat - Sun	18 - 19	Australian LA's Championships	Canberra, ACT	U13+U15
<b>MAY 2020</b>				
Sun	May	Cherrybrook Athletics AGM & Presentation	Dural Country Club	All

## LITTLE ATHLETICS CHAMPIONSHIP DATES

Date	Championship	Details
Sat 16 Nov 2019	LANSW State Relay Championships Day 1: U8 – U11	SOPAC Homebush Relay Selection is done by athlete nomination. All interested athletes U8+ are encouraged to nominate
Sun 17 Nov 2019	LANSW State Relay Championships Day 2: U12 – U17	
Sat 30 Nov - Sun 1 Dec 2019	North Metropolitan Zone Championships	Zone Selection is done by athlete nomination U7 – U17
Sat 8 - Sun 9 -Feb 2020	Regional 5 Championships	First six placegetters at Zone in U8 upwards qualify for Regional (plus the next best 4 performances from finals from either of the two qualifying Zones).
Sat 29 Feb - Sun 1 Mar 2020	LANSW State Combined Event Carnival. Tamworth	Entry available for athletes U7-U17. There are no qualifying requirements
Sat 14 - Sun 15 Mar 2020	LANSW State Championships SOPAC Homebush	First two placegetters at Regional in U9 upwards qualify for State (plus the next 8 best performances in the State).
Sat 18 - Sun 19 April 2020	Australian Little Athletics Championships Canberra, ACT	A team of 22 x U13 athletes are selected from State Champs and 4 x U15 athletes from State Multi
June 2020	LANSW Road Walks Championships	Entry available for athletes U9-U17. There are no qualifying requirements
August 2020	LANSW State Cross Country Championships	Entry available for athletes U7-U17. There are no qualifying requirements