

WEEKLY EVENT RESULTS DETAILS **Cherrybrook LA**

29 January 2009

Run Date: 23/01/2009

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AgeGroup: G8 - U/8 Girls

Event: 3 - 100M Run

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	18.50	109	Kate Collett	-		-	
2	19.49	157	Eve Timms	-		-	
3	19.52	215	Rachel Ingram	-		-	
4	19.66	605	Emily McKnight	-		-	
5	19.83	399	Sofia Metaxoulis	-		-	
6	20.84	606	Lauren McKnight	-		-	

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	19.34	510	Sara Kely	-		-	
2	20.97	640	Emma Seamons	-		-	
3	23.55	620	Nikkita Clark	-		-	
4	24.99	220	Michelle Williams	-		-	
5	26.75	221	Natasha Williams	-		-	

Event: 12 - 60M Hurdles

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	13.38	399	Sofia Metaxoulis	-		-	
2	13.60	109	Kate Collett	-		-	
3	14.10	215	Rachel Ingram	-		-	
4	15.54	605	Emily McKnight	-		-	

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	14.41	640	Emma Seamons	-		-	
2	14.53	510	Sara Kely	-		-	
3	14.98	606	Lauren McKnight	-		-	
4	15.18	157	Eve Timms	-		-	

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	15.78	620	Nikkita Clark	-		-	
2	24.78	221	Natasha Williams	-		-	
3	26.48	220	Michelle Williams	-		-	

Event: 20 - Shot Put

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	4.89	399	Sofia Metaxoulis	-		-	
2	4.30	109	Kate Collett	-		-	
3	3.59	605	Emily McKnight	-		-	
4	3.58	157	Eve Timms	-		-	
5	3.26	510	Sara Kely	-		-	
6	3.18	620	Nikkita Clark	-		-	
7	2.99	640	Emma Seamons	-		-	
8	2.57	606	Lauren McKnight	-		-	
9	2.40	215	Rachel Ingram	-		-	
10	2.08	221	Natasha Williams	-		-	
11	2.00	220	Michelle Williams	-		-	

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AgeGroup: G8 - U/8 Girls**Event:** 26 - 700M PACK

Place	Result	Number	Athlete	Flag	Centre Place	Record	Personal Best
1	3-05.29	157	Eve Timms	-		-	
2	3-21.25	399	Sofia Metaxoulis	-		-	
3	3-22.45	109	Kate Collett	-		-	
4	3-35.27	510	Sara Kely	-		-	
5	3-40.33	215	Rachel Ingram	-		-	
6	3-55.76	640	Emma Seamons	-		-	
7	4-07.15	606	Lauren McKnight	-		-	
8	4-11.49	605	Emily McKnight	-		-	
9	5-00.84	220	Michelle Williams	-		-	
10	5-18.03	620	Nikkita Clark	-		-	
11	5-26.35	221	Natasha Williams	-		-	