

2009 Australian Masters Track & Field Championships – Adelaide SA, April 10-13

Jill Taylor, Allison Deskovic and **Glynis Marks** followed their recent successes at NSW State Championships with a trip to Adelaide for the Australian Masters National Championships.

For Allison and Glynis, it was their first time at Nationals, and both reported they thoroughly enjoyed the level of competition, forging new friendships and the magnificent weather experienced over the Easter break in SA. For Jill, her 6th National foray saw some more world ranking distances in Hammer, and she was well pleased with the current consistency with her throwing events.

It was great to have a larger-than-usual Cherrybrook contingent making inroads into National competition, bringing home 10 medals - 3 gold, 3 silver and 4 bronze - between them, and they all look forward to the 2010 Nationals in Perth next year. *The Masters girls are on the move!*

Athlete	Age Group	Event	Result	Placing
Allison Deskovic	W40-44	Hammer	19.47m	4th
	W40-44	Weight Throw	7.18m	4th
	W40-44	Weight Pentathlon	1711 pts	4th
	W40-44	Javelin	15.89m	4th
	W40-44	Shot Put	7.27m	3rd
	W40-44	Discus	18.01m	5th
Glynis Marks	W45-49	Hammer	22.10m	3rd
	W45-49	Javelin	21.66m	4th
	W45-49	Shot Put	8.28m	2nd
	W45-49	Discus	24.61m	2nd
Jill Taylor	W50-54	Hammer	32.84m	1 st
	W50-54	Weight Throw	10.53m	1 st
	W50-54	Weight Pentathlon	2811 pts	1 st
	W50-54	Javelin	17.54m	2nd
	W50-54	Shot Put	8.72m	3rd
	W50-54	Discus	21.59m	3rd



Allison's bronze in Shot Put

Jill's medal haul