

# CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

## 8<sup>th</sup> MARCH 2018

### CONGRATULATIONS

**CONGRATULATIONS** to our four Masters Athletes who won 21 Medals (11 Gold, 7 Silver, 3 Bronze) at the **NSW Masters Championships** last weekend. Particular **CONGRATULATIONS** to **Jen Bishop (5 Gold, 2 Silver and a Bronze)** on impressive performances across all disciplines as she dominated her age group.

**CONGRATULATIONS** to our Masters State Champions **Jen (Long Jump, Triple Jump, Shot, Discus and 80m Hurdles)**, **Sally Stagles (60m and 80m Hurdles)**, **Jill Taylor (Discus and Weight)** and **Robert Clark (Hammer and Weight)**.

### FRIDAY NIGHT CLUB COMPETITION

Cherrybrook Little Athletics Friday night competition is on every Friday.

### GOOD LUCK

**Good luck** to Cherrybrook Athletes competing at the **Sopac All-Comers** this weekend and the **Australian Junior & Youth Championships** next week.

### UPCOMING EVENTS

#### SOPAC All-Comers March 10<sup>th</sup>

There will be an All-Comers meet at Sopac on Saturday March 10<sup>th</sup>. The events on offer are 100m, 200m, 800m, 3000m, 200m/400m Hurdles, Pole Vault, Triple Jump, Shot Put, Hammer Throw.

On-the-day entries will be available for \$20 cash (ANSW/Dual Members) and \$25 cash (non-members). If you intend to register on the day of the event, please make sure you arrive at athlete check-in at least one hour prior to your first event/s.

<http://www.nswathletics.org.au/Events/Calendar/ANSW-Club-Events/sopac-all-comers-2>

#### Australian Junior & Youth Championships (SOPAC March 14<sup>th</sup> – March 18<sup>th</sup>)

The inaugural Australian Junior Athletics Championships for able-bodied and para-athletes will be held at SOPAC from 14 - 18 March, 2018. Nominations have now closed for this event. A revised timetable (7/3/18) is available from:

<http://www.athletics.com.au/Portals/56/2018%20Australian%20Junior%20Athletics%20Championships%20-%20Timetable%2007.03.18%2010pm.pdf>

### DANIEL BERRY AWARD – NOMINATIONS NOW OPEN

Daniel Berry was a Cherrybrook Seniors athlete from 2009 – 2013. Throughout this period of time Daniel broke many NSW and Australian records in the U/20 and Open Male AWD divisions in running events ranging from 100m-1500m as well as Long Jump and Discus. He also participated for Cherrybrook Athletics on a regular basis at interclub competitions, State Relays and All-comers events with great enthusiasm and determination every time he competed. In July 2013 Daniel passed away at the very young age of 22. He will be long remembered by our club for his loving nature, generous spirit, tenacious excellent sportsmanship, competitive drive, humble attitude and the inspirational way he lived his life on and off the Athletics track.

In memory of Daniel Berry the **Daniel Berry Award** was established for Seniors athletes. The criteria to win this award are as follows:

1. **Age:** Must be at least in the Under 18's age group with the minimum age being 16
2. **Attitude and Sportmanship:** A positive attitude and a willingness to embrace good sportsmanship
3. **Attendance:** The athlete must have competed a minimum of **8 times** in a season for which can include representation for Cherrybrook Senior Athletics, NSW Athletics and/or Athletics Australia

\* **The athlete must also have competed for the club for a minimum of 2 Athletics season(s)**

To nominate an athlete who you believe is worthy of this award for the 2017/18 season please complete the following survey: <https://www.surveymonkey.com/r/BQM8X83>

**Nominations can be made by Cherrybrook registered Senior Athletes, Seniors Athletics Committee members or parents submitting on behalf of senior athletes.**

**Nominations Close by Friday 30<sup>th</sup> March, 5pm.**

### **NSW 2017/18 SUMMER SEASON CALENDAR**

The calendar can be accessed from:

<http://www.nswathletics.org.au/Portals/18/Competition/2017/2017.18%20ATHLETICS%20NSW%20CALENDAR%20V3.pdf>

### **ATHLETICS AUSTRALIA 2017/18 SUMMER SEASON CALENDAR**

The Athletics Australia calendar for the 2017/18 summer season can be accessed from:

<http://athletics.com.au/Portals/56/Images/Marketing/Summer1718/2017-18%20Calendar%20Updated%2027.11.2017.pdf>

### **WORLD U20 SELECTION POLICY**

Athletics Australia has released the selection policy for the 2018 *IAAF World U20 Championships* to be held in Tampere, Finland from 10-15 July 2018. Selection is open to athletes born in 1999, 2000 or 2001. The selection policy can be accessed from:

[http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014\\_9\\_17.pdf](http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014_9_17.pdf)

### **YOUTH OLYMPIC GAMES**

The **2018 Youth Olympic Games** will be held in Buenos Aires, Argentina from 6-18 October 2018. The Youth Olympic Games is an under 18 event, athletes born in 2001 & 2002 will be eligible for nomination.

**The nomination and selection process now includes an additional step which we wish to draw your attention to.**

As the Area Association of the IAAF, Oceania Athletics determines the location of the qualifying event for YOG. Oceania Athletics have determined that the Melanesian Championships, to be held in Port Villa, Vanuatu from 9-11 May 2018, will be the relevant qualifying event.

This means that **athletes seeking selection in the YOG team will be required to compete at both the Australian Junior Championships (Sydney, 14-19 March) and the Melanesian Championships. In addition, athletes are required to win the Melanesian Championships to be eligible for YOG nomination.** Further details can be found from the following link:

<http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/Youth-Olympic-Games>

## **2018 MELANESIAN REGIONAL CHAMPIONSHIPS**

Athletics Australia has released selection details for the **2018 Oceania Melanesian Regional Championships** which will be held in Port Vila, Vanuatu from the 9th - 11th of May, 2018.

### **PLACE**

1. A maximum of 2 athletes per event will be selected from the nominations for Under 18 and a maximum of 1 for Open. Para selections are at the discretion of selection panel.
2. Selection for the Open Australian Team will be the athlete, from the nominations, who placed highest in their respective Open event at the 2018 Athletics Australia Open Championships.
3. Selection for the U18 Australian Team will be a maximum of two athletes, from the nominations, who placed highest in the respective U18 event at the 2018 Athletics Australia Junior Championships.
4. To be eligible for selection in the U18 Team, athletes must be born in 2001 or 2002. To be eligible for selection in the Open Team, athletes must be born in 2000 or earlier.
5. Athletes must also have met a qualification standard set by Oceania and outlined in the selection policy.

More information, including the Selection Policy, Qualification Standard & a link to the Online Nomination portal can be found under the following link:

<http://qldathletics.org.au/2018melanesianchamps>

### **CHERRYBROOK RECORDS**

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Records at the start of the season are set out in the 2016-2017 Red Book and on the Club website under Centre Records

<http://www.cherrybrookathletics.org.au/20162017%20Stuff/PDFs/SENIOR%20CURRENT%20RECORDS%20update%201.6.17.pdf>

### **AUSTRALIAN STATE AND TERRITORY BODIES**

For a full listing of contact details for any Australian State or territory athletics body visit <http://athletics.com.au/About-Us/Member-Associations>

This could come in handy if looking for competition in other parts of Australia.

### **IPC SANCTIONED MEET CALENDAR**

To view the latest 2017/18 IPC sanctioned meet calendar for para athletes looking to qualify for international competition please visit

<http://www.athletics.com.au/LinkClick.aspx?fileticket=fA65iLe-2EQ%3d&portalid=56>

Para Athletes please note that you are welcome to compete at all NSW Athletics events throughout the summer season and that qualifying for the Australian Nationals can be achieved at any Allcomers or Treloar Shield event.

## RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com) . Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

### NSW Masters Championships 3th - 4th March 2018

ATHLETE	AGE	EVENT	RESULT	PLACE	DETAIL
Jennifer Bishop	45-49	60m	9.09s	Silver	
		100m	14.25s	Bronze	
		Discus	28.07m	Gold	
		Shot	9.24m	Gold	
		Long Jump	4.22m	Gold	
		80m Hurdles	14.11s	Gold	
		Javelin	18.86m	4th	
		Triple Jump	8.81m	Gold	
		Hammer	21.05m	Silver	
Robert Clark	55-59	Hammer	35.05m	Gold	
		Weight	13.55m	Gold	
		Discus	32.13m	Silver	
		Shot	8.90m	Bronze	
		Long Jump	3.61m	4th	
		Javelin	27.91m	4th	
Sally Stagles	55-59	60m	9.27s	Gold	SB
		80m Hurdles	13.48s	Gold	
Jill Taylor	60-64	Hammer	32.35m	Silver	
		Discus	25.03m	Gold	SB
		Shot	8.27m	Silver	
		Weight	14.17m	Gold	SB
		Javelin	15.12m	Bronze	
		Long Jump	3.06m	Silver	SB
		High Jump	1.05m	Silver	SB