

# CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

## 14<sup>th</sup> FEBRUARY 2018

### CONGRATULATIONS

**CONGRATULATIONS** to the **43 Cherrybrook Athletes** who competed at the NSW Junior & Youth Championships at the weekend winning **36 medals (18 Gold, 7 Silver and 11 Bronze)**.

**CONGRATULATIONS** to our **NSW Junior Champions: Julia Charlton (4), Holly Saunders (3), Donovan Bradshaw (3), James Gladman (2), Brianna Worsfold, Emilia Duncan, Annabelle Rodgers, Nick Dang, Emily Britton and Samantha Dale.**

**CONGRATULATIONS** to **Kailyn Joseph** on achieving a **Commonwealth Games “B” qualifier** in the **T37 Long Jump** at the beginning of the month.

### GOOD LUCK

**Good luck** to the 11 Cherrybrook Athletes competing at the Australian Athletics Championships & Nominations Trials on the Gold Coast which commences tomorrow.

**Good luck** to all our dual athletes competing at Region this weekend.

### FRIDAY NIGHT CLUB COMPETITION

Please note that there will be **no** Cherrybrook Little Athletics Friday night competition this week due to LA Region taking place at the weekend.

### UPCOMING EVENTS

#### Australian Junior & Youth Championships (SOPAC March 14<sup>th</sup> – March 18<sup>th</sup>)

The inaugural Australian Junior Athletics Championships for able-bodied and para-athletes will be held at SOPAC from 14 - 18 March, 2018.

Athletes whose nominations have been approved for the NSW team need to complete their online registration and pay the team levy. Approved nominations have been posted on the Athletics NSW webpage under the 'Teams' tab and all athletes should have received a link to complete their registration via email.

The cut off for registrations is **5:00pm, Friday 16th February 2018.**

### NSW 2017/18 SUMMER SEASON CALENDAR

The calendar can be accessed from:

<http://www.nswathletics.org.au/Portals/18/Competition/2017/2017.18%20ATHLETICS%20NSW%20CALENDAR%20V3.pdf>

### ATHLETICS AUSTRALIA 2017/18 SUMMER SEASON CALENDAR

The Athletics Australia calendar for the 2017/18 summer season can be accessed from:

<http://athletics.com.au/Portals/56/Images/Marketing/Summer1718/2017-18%20Calendar%20Updated%2027.11.2017.pdf>

### WORLD U20 SELECTION POLICY

Athletics Australia has released the selection policy for the 2018 **IAAF World U20 Championships** to be held in Tampere, Finland from 10-15 July 2018. Selection is open to athletes born in 1999, 2000 or 2001. The selection policy can be accessed from:

[http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014\\_9\\_17.pdf](http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014_9_17.pdf)

## **YOUTH OLYMPIC GAMES**

The **2018 Youth Olympic Games** will be held in Buenos Aires, Argentina from 6-18 October 2018. The Youth Olympic Games is an under 18 event, athletes born in 2001 & 2002 will be eligible for nomination. The selection policy which was released 15 November is still under review and there may be some modifications. More details, including a list of the events, are available from:

<http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/Youth-Olympic-Games>

## **CHERRYBROOK RECORDS**

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Records at the start of the season are set out in the 2016-2017 Red Book and on the Club website under Centre Records

<http://www.cherrybrookathletics.org.au/20162017%20Stuff/PDFs/SENIOR%20CURRENT%20RECORDS%20update%201.6.17.pdf>

## **AUSTRALIAN STATE AND TERRITORY BODIES**

For a full listing of contact details for any Australian State or territory athletics body visit <http://athletics.com.au/About-Us/Member-Associations>

This could come in handy if looking for competition in other parts of Australia.

## **IPC SANCTIONED MEET CALENDAR**

To view the latest 2017/18 IPC sanctioned meet calendar for para athletes looking to qualify for international competition please visit

<http://www.athletics.com.au/LinkClick.aspx?fileticket=fA65iLe-2EQ%3d&portalid=56>

Para Athletes please note that you are welcome to compete at all NSW Athletics events throughout the summer season and that qualifying for the Australian Nationals can be achieved at any Allcomers or Treloar Shield event.

## RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com) . Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

### NSW Junior & Youth Championships – SOPAC 9<sup>th</sup> Feb – 11<sup>th</sup> Feb 2018

ATHLETE	AGE	EVENT	RESULT	PLACE	DETAIL
Brianna Worsfold	U14	200m	26.09s	<b>Bronze</b>	PB
		400m	64.79s	6th	
		Shot Put	11.64m	<b>Gold</b>	
Viktorija Calvsic	U14	High Jump	1.50m	6th	PB
Lance Haffenden	U14	High Jump	1.50m	5th	PB
		Long jump	4.65m	7th	PB
		Triple Jump	10.06m	<b>Bronze</b>	PB
Daniel Bradford	U14	1500m	4:54.03s	7th	
Zachary Semaganda	U14	Long jump	4.79m	4th	PB
Donovan Bradshaw	U15	100m	11.84s	<b>Gold</b>	
		200m	23.61s	<b>Gold</b>	
		400m	53.57s	<b>Gold</b>	
Kaylan Clark	U15	High Jump	1.55m	6th	PB
Brody Perry	U15	100m	12.19s	4th	SB
Lara Stevens	U15	90m hurdles	14.95s	4th	PB
Emilia Duncan	U15	200m	27.15s	10th	PB
		90m hurdles	13.61s	<b>Gold</b>	PB
Anna Kely	U15	Shot Put	8.83m	5th	
		Discus	25.79m	7th	
		Javelin	27.36m	<b>Bronze</b>	
Annabelle Rodgers (AP)	U16	100m	17.36s	4th	PB
		Long Jump	3.30m	<b>Bronze</b>	
		Shot Put	9.04m	<b>Silver</b>	
		Discus	23.20m	<b>Silver</b>	
		Javelin	20.19m	<b>Gold</b>	
Holly Saunders (AP)	U16	100m	18.43s	<b>Bronze</b>	PB
		200m	37.34s	<b>Bronze</b>	
		Long Jump	2.47m	<b>Gold</b>	
		Shot Put	6.45m	<b>Gold</b>	
		Discus	16.12m	<b>Gold</b>	
James Gladman (AP)	U16	100m	18.11s	<b>Gold</b>	PB
		200m	36.99s	<b>Gold</b>	PB

ATHLETE	AGE	EVENT	RESULT	PLACE	DETAIL
Jonathan Reid	U16	100m Hurdles	15.54s	7th	
		Long jump	5.25m	9th	
		Triple jump	12.45m	<b>Silver</b>	
Devan Senasinghe	U16	Triple jump	12.04m	4th	PB
		Long jump	5.46m	7th	
Amy McFadden	U16	High Jump	1.60m	<b>Bronze</b>	PB
		Triple jump	10.53m	6th	PB
Danielle Osifo	U16	100m	12.94s	4th	
		Long jump	5.45m	<b>Silver</b>	PB
		Triple jump	11.22m	<b>Bronze</b>	PB
Anna Cahill	U16	High Jump	1.45m	9th	PB
Morgan Little	U17	200m	24.12s	9th	
		400m	59.14s	7th	
Max Perry	U17	Discus	36.07m	7th	
		Hammer Throw	30.81m	<b>Bronze</b>	
Georgia Duncan	U17	200m	27.10s	12th	
		100m hurdles	15.19s	4th	
		Shot put	12.06m	4th	
Justine Wallis	U17	800m	2:27.85s	10th	
Francesca Sugiaman	U17	100m	13.33s	17th	PB
		200m	27.92s	17th	
Scott Chapman	U18	Javelin	54.34m	<b>Silver</b>	SB
Lleyton Wong	U18	100m	11.92s	17th	PB
		Long jump	5.73m	5th	PB
		Triple Jump	12.33m	4th	PB
Joshua Coppolelli	U18	Long jump	5.58m	6th	
		Triple Jump	12.28m	5th	PB
Nicholas Dang	U18	110m Hurdles	14.54s	<b>Gold</b>	
Ryan Jones	U18	400m Hurdles	61.85s	6th	
		Javelin	39.97m	8th	PB
Kevin Yang	U18	Shot put	15.28m	<b>Silver</b>	PB
		Discus	40.88m	8th	PB
Tanh Henley	U18	100m	12.57s	18th	
Imogen Breslin	U18	100m	13.52s	23rd	
Emily Britton	U18	100m	12.73s	10th	
		200m	27.83s	15th	
		100m Hurdles	14.00s	<b>Gold</b>	
Samantha Dale	U18	100m	12.75s	11th	PB
		Long jump	5.87m	<b>Gold</b>	PB
Eleanor Lamperts	U18	100m	12.91s	16th	
		200m	26.77s	10th	
Isabella Rudolph	U18	High jump	1.60m	5th	
Charlotte Banks	U18	Long Jump	5.09m	5th	

ATHLETE	AGE	EVENT	RESULT	PLACE	DETAIL
Lauren Clark	U20	Shot put	10.10m	8th	
		Discus	36.47m	6th	
		Hammer Throw	45.30m	<b>Silver</b>	
Joel Davidson	U20	100m	11.66s	26th	SB
		Long jump	6.39m	8th	
Nicholas Thomson	U20	100m	11.00s	7th	PB
		110m Hurdles	14.61s	6th	
Sara Kely (AP)	U20	100m	16.30s	7th	
		200m	34.08s	4th	PB
		Shot put	6.44m	6th	PB
		Long jump	3.70m	4th	
Julie Charlton (WCP)	U20	1500m	6:45.80s	<b>Gold</b>	SB
		Shot put	5.04m	<b>Gold</b>	
		Discus	11.86m	<b>Gold</b>	
		Javelin	9.78m	<b>Gold</b>	
Kailyn Joseph (AP)	U20	100m	16.87	4th	
		Long jump	3.99m	<b>Bronze</b>	
		Discus	19.20m	<b>Bronze</b>	