

CHERRYBROOK LITTLE ATHLETICS SEASON 2017/18
NEWSLETTER NO 24
Program 1
FRIDAY 3rd March 2018

- Program 1 this week
- 2 weeks of LA's remaining: March 9, March 16 (note the calendar on the website is incorrect)
- Reminders re coloured patch system
- State Championships 23rd- 25th March
- State Multi results
- Watermelon fundraiser again this week
- Parent roster
- Link for uploading good photos for the red book
- Committee positions available for next year
- Senior/Dual Athlete information

We have only 2 weeks to go!! How time flies when you are having fun! Our last night of competition will be Friday March 16th. There will be no competition the following week (March 23) due to the State Championships at Homebush. We are running program 1 this week.

We have quite a bit of lost property – please check the boxes for anything that might belong to you. Anything not collected after next week will either be donated to Charity or disposed of.

COLOURED PATCH SYSTEM:

A reminder that this will be the last week to submit coloured patch forms if you want to collect your patches before the end of the season. You will still be able to submit coloured patches on March 16, however you will not then receive the patches until presentation night in May.

Link to coloured patch form below:

<http://www.cherrybrookathletics.org.au/Coloured%20Patches/CHERRYBROOK%20COLOURED%20PATCH%20STANDARDS%20UPDATED%202015-2016.pdf>

When filling out coloured patch forms please ensure that you do the following:

1. Find the correct agegroup and gender, and print off the form
2. Look at how many events you need for each patch – for some agegroups it is 2 track and 2 field, for others it's 3 and 2, or 2 and 3 etc
3. Record your results carefully and ensure that they are better than the listed standard for each event. Make sure you attach a date so that they can be verified
4. Once completed, please give to either your age manager, or put in the coloured patch box in the clubroom.

If you are not sure how to complete the form, print one off and ask your age manager or a committee member

Congratulations to 2 athletes who have achieved the elusive **GOLD PATCH** for this year – **Will Austin 12B** and **Joel Moresi 9B** – well done boys

STATE CHAMPIONSHIPS:

A couple of links now that might be useful:

List of State qualifiers by Club:

<http://www.lansw.com.au/Portals/44/Competition/State%20qualifiers%202018%20-%20centre%20order.pdf>

LANSW information re State including Timetable **

<http://www.lansw.com.au/Competition/Championships/State-Track-Field-Championships>

**** Note that some events like the 400m finals are on at a different time this year, so please look carefully at the timetable**

STATE MULTI RESULTS:

Well done to the small but committed bunch of Cherrybrook athletes who travelled down to Wagga for the State Multi Championships. Congratulations to **Tayla Moore (9G)** and **Will Austin (12B)** who both finished with **Bronze medals**, and Nisini Rajapaksha who PB'd in 5 out of her 6 events to finish in 12th place – well done to all.

CANTEEN

Many of you will know our regular 200m/400m starter Graham Hobbs, who has been involved at Cherrybrook for many years as a coach, on the committee and as a parent. He is currently in Russia seeking stem Cell treatment for his wife Dianne who has Multiple Sclerosis.

This week we will have watermelon available again near the BBQ for a suggested donation of 50c per slice to raise a few dollars in support.

We will also have Bananas this week again courtesy of our Sponsor Coles, so you could also consider popping something in the tin as you collect a Banana this week.

If anyone would like more information, have a look at their fundraising page:

<https://www.gofundme.com/g3agt5-hope-for-dianne>

The usual sausage sandwiches etc will be available this week as well as a range of drinks, coffee and other snacks available as well as the ever popular spiders, so come and join us for some yummy treats.

PARENT ROSTERS AND FIELD EVENT RESULTS:

Thank you to those parents who enter field event results each week – we really appreciate your assistance. Just a reminder that there is no need to upload the results if using the computer over near high jump. But if you are entering results on a phone, you need to upload them after entering them. Please also take care that results are entered against the correct athlete name – we have had some issues and needed to re-enter a few results lately. Any questions please speak to Christian Budden or Jill Ingram

Please find the link below for the duty roster for this Friday 9th:

<http://www.signupgenius.com/go/60b054caaa929a13-cherrybrook15>

Please sign up to a duty before 5pm on Friday to avoid doubling up of duties and long queues upon arrival.

PHOTOS FOR RED BOOK

Many of you will have some good photos of your children or others. If you have any good photos that might be suitable for the redbook, below is a link where you can upload them. **PLEASE ONLY UPLOAD CLEAR, CLOSE UP PHOTOS, AND A MAXIMUM OF 3 PER FAMILY UNLESS YOU HAVE GOOD GROUP PHOTOS OF OTHERS IN ADDITION.**

We would love photos from region, zone or Friday nights

Either click on this link OR copy and paste into the browser, then select the files to upload from their computer or device.

Region Link:

<https://www.dropbox.com/request/qsdeJzUrvuYLVvbDt9m9>

Zone Link:

<https://www.dropbox.com/request/vglXkHvRswMjMOPZoPz0>

Alternatively, if you only have 1 or 2 then - just email them to CherrybrookRedBook@gmail.com

COMMITTEE POSITIONS AVAILABLE:

Becoming involved in the committee is a great way to support your children's enjoyment of athletics! We have a number of parents moving to different roles on the committee next year as their children finish their time at Little Athletics.

Please consider whether you can help at all on the committee next year. If a number of people step up together the roles will be very manageable and need not be a huge time commitment.

We particularly need assistance with the roles of President, Secretary, Championships, Canteen and Uniforms. A number of these roles can be shared between multiple people. Current committee members will be happy to assist new people to take on tasks.

Please email either myself jenbishop@optusnet.com.au or Craig Little little.craig@optusnet.com.au if you could consider helping

SENIORS/ DUAL ATHLETES –

See Athletics NSW website for details: <http://nswathletics.org.au/>

Jenny Bishop
Cherrybrook Little Athletics