

2107 State Cross Country and Short Course Walks Report

Well what a stunning day to be out running! Sydney turned on a perfect winter's day for the second combined LA's/ANSW State Cross Country event on Sunday at Rydalmere. The course was a mix of flat and hills with some twists and turns. Cherrybrook had 29 athletes and 1 parent all together competing across events ranging from the U7's up to the masters age groups, with athletes attending from right across the State. Competition was particularly tough in the Senior age groups where this event was a qualifying event for the National Cross Country Championships in August

The little athletics groups are able to put in teams of 3 athletes, and it was great to see a number of our agegroups putting in teams for the day. We had some excellent individual performances as well as some team medals.

Amongst our younger athletes, we had 6 top 10 finishers, which at a State level is an amazing result. 4th seemed to be the place of the day, with 3 athletes Jessie Bradford (U8G), Idris Burkhardt (U9B) and Kaylah Bennet just missing individual medals finishing 4th, as well as Aliyah Bennet (U7G) and Ben Stringer (U10B) finishing 7th, and Bronsen Brown (U9B) finishing 9th.

Of our teams, three finished in the medals – The U7 girls team of Aliyah Bennet, Kayla Wiberg and Ruby Penn won a SILVER, U9 Boys team of Idris Burkhardt, Bronsen Brown and Tom Bishop also came home with the SILVER teams medal, and our U10 boys team of Ben Stringer, Charlie Bradford and Marco Boccaletti won the BRONZE in the U10 boys age group.

Our older athletes competed in the combined Athletics NSW event, where age groups are in 2 year blocks, which means that a number of athletes were running against substantially older competitors. Two of our Dual Athletes – Logan Kaye (U16B) and Ben Bishop (U18B) who compete with Seniors for Trinity Athletics Club have hopefully qualified for Nationals with their performances, though await official confirmation.

Congratulations to all of our athletes for their efforts.

Full results below:

Age group	Name	Place	Team placing
U7 Girls	Aliyah Bennet	7th	
800m	Kayla Wiberg	16th	
	Ruby Penn	20th	SILVER
U8Girls	Jessie Bradford	4th	
800m	Ruby Semaganda	17th	
U9 Boys	Idris Burkhardt	4th	SILVER
1500m	Bronsen Brown	9th	
	Tom Bishop	19th	
	Kobe Moore	21st	
	Jethro Penn	35th	
U9 Girls	Kaylah Bennet	4th	
1500m	Verity Beech	19th	
	Ava Moore	38th	
	Serena Vanderklauw	40th	
	Amy Timms	44th	
10 Boys	Ben Stringer	7th	BRONZE
1500m	Charlie Bradford	14th	
	Marco Boccaletti	19th	
U10 Girls	Ava Barroccu	32nd	
1500m	Sarah-Ann Koot	31st	
	Tahlia Geelan	48th	

Age group	Name	Place	Team placing
U14 Boys	Daniel Bradford	34th	
3Km	Alex Mills	38th	
	Zach Semaganda	39th	
U16 Boys	Logan Kaye	13th	
4Km	William Mills	45th	
	Jack Hayes	46th	
U 18 Boys	Ben Bishop	17th	
5Km	Ryan Hogan	28th	

Cherrybrook also had 5 athletes compete at the NSW Short Walks Championships at the beautiful Penrith Lakes course back on June 18. Results are listed below, with Kaiya Grebert achieving a great top 10 finish in the U11 girls 1500m walks event, and all out other athletes finishing in the top 16. The U9 girls team of Aaliyah Grebert, Kaylah Bennet and Kollah-Jade Cannon also secured a BRONZE medal in the teams events.

Age group	Name	Place	Team placing
U9 Girls 1200m	Aaliyah Grebert	12th	
	Kaylah Bennet	15th	BRONZE
	Kollah-Jade Cannon	16th	
U11 Girls 1500m	Kaiya Grebert	8th	
U14G 2000m	Arienna Grebert	13th	

A reminder that Online registrations for the 2017/18 season will open on August 1, so keep an eye out for emails from the Little Athletics Office.

Jenny Bishop
Cherrybrook Little Athletics