

## SENIOR STATE RELAY – CHERRYBROOK ATHLETE INFORMATION

Congratulation to those athletes who nominated for and successfully gained selection in the 2011 Cherrybrook State Relay Team. Team List by event and by Athletes are available on the Club Website. All Enquiries regarding the day should be directed to Nicky Jenneke at [www.cherrybrookseniorathletics@bigpond.com](mailto:www.cherrybrookseniorathletics@bigpond.com) or mobile 0448407716. We look forward to our selected athletes representing the club at this Championship event.

**WHERE AND WHEN** The State Relays will be held on Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup> of November at Sydney Olympic Park.

**PROGRAM AND INFORMATION** - Full details including competition rules and Program are available on the NSW athletics website [www.nswathletics.org.au](http://www.nswathletics.org.au) Please note that the current Program is a draft only and all Athletes should check the above website the day before to confirm any changes in the program.

**ARRIVAL** Please arrive at least an hour before your first event. As times given are based on the draft program, please visit [www.nswathletics.org.au](http://www.nswathletics.org.au) the night before the event, to check for any program changes. If you are in a 4 x 100m relay, there is a good chance there will be both heats and finals (even if not currently programmed). The final program will indicate this so please check.

This year there will be a gate entry for athletes and spectators of \$5 for adults and \$3 for Under 18's. Cherrybrook is likely to be seated around bay 5 towards the scoreboard end of the stadium. Look for the club banner.

On arrival please check in with me and please contact me on 0448 407 716 if you are unable to make it on the day. During the course of the day we may also call upon you to fill in as a reserve if needed. As this is a team event We would like to encourage all athletes to sit in the Cherrybrook area with their supporters.

**UNIFORM** - Full Cherrybrook Uniform must be worn on the day, including Cherrybrook top (t-shirt, singlet or crop top) and Black Shorts or Black compression tights. Uniform may be purchased through the uniform shop at Cherrybrook Athletics, this week on Wednesday and Friday nights from 5.45pm – 8.00pm

Please check that you have received your Senior Registration number and if not please contact Bruce Chamberlain on 0411284320 immediately. For all track events your senior registration number must be worn on both the front and back of your uniform. Athletes in High Jump relays, are only required to wear their front registration number.

**CONFIRMING YOUR SELECTION** – All Athletes are required to contact Nicky Jenneke via email to confirm your availability in the team for each event, before 9pm on Wednesday the 16th of November.