



Most runners do their sport to keep fit and have a positive outlook on life, and many of them are keen on looking after our environment and in helping those less fortunate than ourselves. It has long been a concern that so many pairs of running shoes are worn thrown away as rubbish, when so many people in the world have to go barefoot and could still make use of those shoes.

Recycled Runners is a group of runners from the non-profit website **Coolrunning Australia** that collects old & discarded running shoes from Australian runners, and passes them on to needy runners and others in the Australia and Pacific region.

You can help by passing on your old sports shoes. We will take any running or cross-training shoes, child, adult, whatever, in any condition. (*NOTE that we don't take ordinary shoes nor clothing*).

This is the process you should follow before giving us the shoes:



1. Put them in a washing machine for a cold wash.
2. Dry them, then tie the laces together so the left and right shoes don't get separated.
3. Bring them along in the first few weeks of the season, and place them in the collection bin in the Greenway Oval Club room

**Contact Jill Taylor on 0409 607 384
for further details or queries
Thanks in advance for your generosity!**