

**LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.**  
**State Track & Field Program - Events by Day**

**Girls Events**

DAY	Under 9 Girls		Under 10 Girls		Under 11 Girls		Under 12 Girls		Under 13 Girls		Under 14 Girls		Under 15 Girls		Under 17 Girls	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
<b>Friday</b>	Walk 400m Ht		Walk 400m Ht		Walk 400m Ht		Walk 400m Ht	H/J	400m Ht DIS	L/J	400m Ht S/P T/J	400m Ht T/J S/P	400m Ht T/J S/P	400m Ht DIS	400m Ht L/J	
<b>Saturday</b>	60h 100m 400m F	H/J S/P	1500m 60h 100m 400m F	DIS L/J	1500m 60h 100m 400m F	S/P H/J T/J	1500m 60h 100m 400m F	L/J DIS	1500m 200h 100m 400m F 3000m	S/P H/J	1500m 200h 100m 400m F 3000m	L/J JAV	1500m 200h 100m 400m F 3000m	H/J DIS	1500m 200h 100m 400m F 3000m	T/J JAV
<b>Sunday</b>	70m 800m 200m	L/J DIS	70m 800m 200m	S/P H/J	200m 800m	DIS L/J	200m 800m	S/P T/J	Walk 80h 200m 800m	T/J JAV	Walk 80h 200m 800m	DIS H/J	Walk 90h 200m 800m	L/J JAV	Walk 100h 200m 800m	H/J S/P

**Boys Events**

DAY	Under 9 Boys		Under 10 Boys		Under 11 Boys		Under 12 Boys		Under 13 Boys		Under 14 Boys		Under 15 Boys		Under 17 Boys	
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field
<b>Friday</b>	Walk 400m Ht		Walk 400m Ht		Walk 400m Ht		Walk 400m Ht	H/J	400m Ht DIS L/J	DIS	400m Ht T/J S/P	400m Ht S/P T/J	400m Ht S/P T/J	400m Ht L/J	400m Ht DIS	
<b>Saturday</b>	60h 100m 400m F	S/P H/J	1500m 60h 100m 400m F	L/J DIS	1500m 60h 100m 400m F	S/P T/J	1500m 60h 100m 400m F	DIS L/J	1500m 200h 100m 400m F 3000m	T/J JAV	1500m 200h 100m 400m F 3000m	DIS H/J	1500m 200h 100m 400m F 3000m	L/J JAV	1500m 200h 100m 400m F 3000m	H/J S/P
<b>Sunday</b>	70m 800m 200m	L/J DIS	70m 800m 200m	H/J S/P	200m 800m	H/J L/J DIS	200m 800m	S/P T/J	Walk 80h 200m 800m	S/P H/J	Walk 90h 200m 800m	L/J JAV	Walk 100h 200m 800m	DIS H/J	Walk 110h 200m 800m	T/J JAV

**Girls AWD Events**

DAY	U9-10 AWD Girls		U11-12 AWD Girls		U13-14 AWD Girls		U15-17 AWD Girls	
	Track	Field	Track	Field	Track	Field	Track	Field
<b>Saturday</b>	100m	L/J S/P	100m	L/J S/P				
<b>Sunday</b>					100m	L/J S/P	100m	L/J S/P

**Boys AWD Events**

DAY	U9-10 AWD Boys		U11-12 AWD Boys		U13-14 AWD Boys		U15-17 AWD Boys	
	Track	Field	Track	Field	Track	Field	Track	Field
<b>Saturday</b>	100m	L/J S/P	100m	L/J S/P				
<b>Sunday</b>					100m	L/J S/P	100m	L/J S/P